



Life Expectancy in Norfolk and Waveney

Key Definitions

 **Life Expectancy** - a person's **estimated length of life** based on age, gender, and where they live

Healthy Life Expectancy - average years somebody is expected to live in **good health** 

Healthy Life Expectancy

Proportion of life spent in poor health:

 **21%**
or over
17 years

 **24%**
or over
20 years

Healthy life expectancy is **in line** with **national average**




Although they live longer, the proportion of life spent in **poor health** is **higher for females**

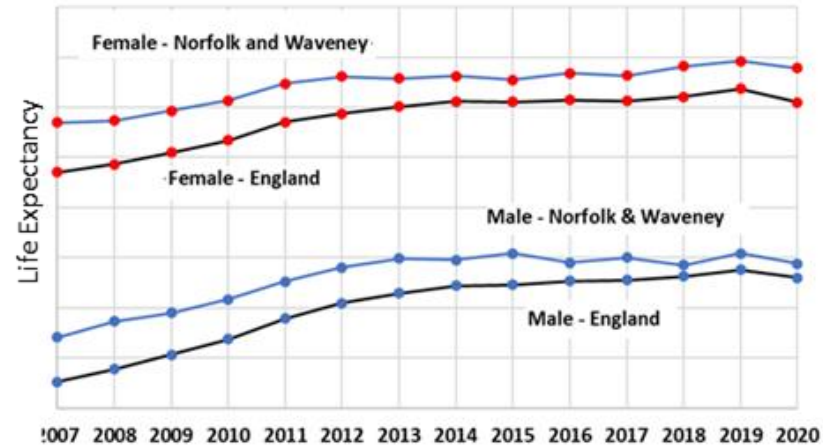
What is the Situation?

A person born in Norfolk and Waveney can expect to live...

 **83.8**
years

 **79.9**
years

This is **higher than national average** life expectancy.



Life expectancy is **lower for males** with females expected to live longer by an average **3 years and 11 months**

Improvements in life expectancy have **stalled in last 10 years**

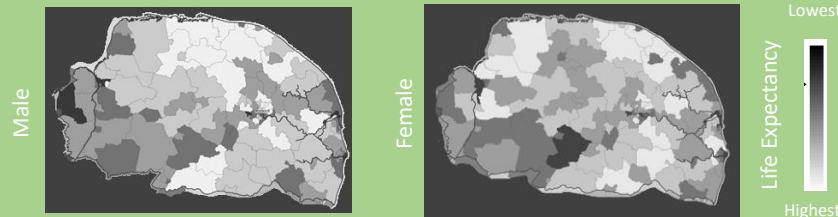
Most recent data (2018-20) shows a **local and national decline**

Future data will help understand impacts of **Covid 19**



How does this vary across Norfolk and Waveney?

There is geographical variation across Norfolk and Waveney; **deprived areas** have lower life expectancy



On average, males in most deprived areas live over **9 years** less than those in most affluent areas. This is over **7 years** for females

Biggest contributors to gaps between most and least deprived:

Circulatory Disease*



around **25%**
for males and females

Cancer*



around **20%**
for males and females

Respiratory Conditions



around **17%** **20%**
for males for females

Other factors include **mental health, digestive health and smoking**

*Generally higher rates for males

Infographic produced by Insight & Analytics - March 2022. Data taken from 'Life Expectancy JSNA Briefing Paper'. Data is for Norfolk and Waveney unless otherwise stated.

