

# **The Norfolk Children and Young People's Health and Wellbeing survey 2017**

**A report for  
Young carers**

**The Schools Health Education Unit**

**[www.sheu.org.uk](http://www.sheu.org.uk)**

**SHEU**



# **School Survey Report 2017**

Young carer compared with Norfolk

Produced by the  
Schools Health Education Unit

The contents of this book are © SHEU 2017. Users of the Health Related Behaviour Questionnaire survey service are permitted to reproduce or adapt these materials for use within the classroom only.

The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

Contact:

Angela Balding, Survey Manager  
Schools Health Education Unit  
3 Manaton Court  
Manaton Close  
Matford  
Exeter EX2 8PF

Tel: 01392 667272 Fax: 01392 667269

e-mail [angela.balding@sheu.org.uk](mailto:angela.balding@sheu.org.uk)

## CONTENTS

	Page No.
<b>FOREWORD</b> .....	<b>2</b>
<b>INTRODUCTION</b> .....	<b>3</b>
<b>YOUNG CARER HEADLINES</b> .....	<b>5</b>
<b>SIGNIFICANT DIFFERENCES</b> .....	<b>10</b>
<b>BACKGROUND</b> .....	<b>15</b>
<b>SCHOOL</b> .....	<b>18</b>
<b>BULLYING AND HARASSMENT</b> .....	<b>26</b>
<b>ALCOHOL, SMOKING &amp; DRUGS</b> .....	<b>30</b>
<b>HEALTHY WEIGHT</b> .....	<b>37</b>
<b>PHYSICAL ACTIVITY</b> .....	<b>48</b>
<b>EMOTIONAL HEALTH &amp; WELLBEING</b> .....	<b>51</b>
<b>RELATIONSHIPS &amp; SEXUAL HEALTH</b> .....	<b>62</b>
<b>PUBLIC SERVICES</b> .....	<b>64</b>
<b>POLICE &amp; CRIME</b> .....	<b>67</b>
<b>HEALTH &amp; HYGIENE</b> .....	<b>69</b>
<b>TRANSPORT &amp; ACCESS</b> .....	<b>72</b>
<b>LEISURE</b> .....	<b>76</b>
<b>LIST OF TABLES</b> .....	<b>78</b>

N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

## Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding  
Survey Manager  
Schools Health Education Unit



Dr. David Regis  
Research Manager  
Schools Health Education Unit

## Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

### Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at [www.sheu.org.uk/publications](http://www.sheu.org.uk/publications)) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

<b>15%</b> (20%) of the sample...
-----------------------------------

**Your survey** (Reference sample)

	Your survey		Reference Sample	
	Year 8	Year 10	Year 8	Year 10
Boys	<b>10</b>	<b>20</b>	30	40
Girls	<b>80</b>	<b>70</b>	60	50

Favourite fruits			
1	Apples	<b>70</b>	(60)
2	Oranges	<b>60</b>	(50)
3	Bananas	<b>50</b>	(40)

**Your survey** (Reference sample)

## Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

## The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Young carer						Norfolk					
	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11	Yr 12	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11	Yr 12
Boys	60	73	50	45	17	12	1023	1117	1092	787	381	469
Girls	45	61	59	53	21	46	943	1108	1022	775	431	841

Please note that 28 (326) pupil(s) didn't specify whether they are a boy or a girl or were unsure/ preferred not to say/described themselves in some other way and 0 (0) didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

## Young carer Headlines

	Young carer						Norfolk					
	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11	Yr 12	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11	Yr 12
Boys	60	73	50	45	17	12	1023	1117	1092	787	381	469
Girls	45	61	59	53	21	46	943	1108	1022	775	431	841

Norfolk data in brackets; see notes on interpreting differences.

### Background

#### ETHNICITY

- 81% (84%) of pupils described themselves as White British.

#### FAMILY

- 49% (61%) of pupils responded that they live with their Mum and Dad together.
- 22% (15%) of pupils responded that they live 'mainly or only' with their Mum, while 3% (2%) said they live 'mainly or only' with their Dad.

#### HOME

- 81% (86%) of pupils responded that they have their own bedroom, while 2% (1%) said they are 'not sure' if they do and 1% (1%) didn't want to say.
- 95% (97%) of pupils responded that they have their own bed, while 0% (1%) said they are 'not sure' if they do and 1% (1%) didn't want to say.

#### SPECIAL NEEDS

- 4% (2%) of pupils responded that someone helped them fill in the questionnaire, while 2% (2%) said they were 'not sure' if they did and 1% (1%) didn't want to say.
- 21% (12%) of pupils responded that they have disability, a special educational need or a learning difficulty, while 16% (10%) said they are 'not sure' if they do and 3% (3%) didn't want to say.
- 24% (14%) of pupils responded that they have a long-standing illness (e.g. asthma, epilepsy, diabetes, ME), while 12% (9%) said they are 'not sure' if they do and 2% (2%) didn't want to say.
- 16% (10%) of pupils responded that their school/college gives them enough extra help, while 6% (5%) said they are 'not sure'.
- Of the 173 (1887) who indicated that they have additional needs, 51% (53%) said their school gives them enough extra help.

#### YOUNG CARERS

- 100% (6%) of pupils responded that they are a 'young carer' or a young adult carer, while 0% (8%) said they are 'not sure' if they are and 0% (3%) did not want to say.
- 34% (2%) of pupils responded that being a 'young carer'/young adult carer takes up at least 1-2 hours of their time each day.

#### FREE SCHOOL MEALS

- 27% (10%) of pupils responded that they currently have free school meals at school, while 17% (12%) said they have had them in the last 6 years and 3% (2%) said they could have had them.

### School

#### IDEAS & OPINIONS

- 75% (73%) of pupils responded that they are asked for their ideas and opinions about what they learn in school/college.
- 59% (55%) of pupils responded that the opinions of young people make a difference to decisions about what they learn in school/college.

#### EVERY CHILD MATTERS

- 52% (59%) of pupils agreed that the school/college cares whether they are happy or not; 60% (67%) said that in their school/college, people with different backgrounds are valued.

#### SCHOOL LESSONS

- 41% (51%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school/college.
- 19% (12%) of pupils responded that they enjoy 'hardly any' of their lessons at school/college.
- 58% (67%) of pupils responded that they spent time doing homework after school/college on the day before the survey; 35% (39%) used a computer for school/college work.
- 35% (36%) of pupils responded that they have found school/college lessons about citizenship 'quite' or 'very' useful.
- 14% (12%) of pupils responded that they have found school/college lessons about citizenship 'not at all useful'.

#### ATTENDANCE

- 82% (87%) of pupils responded that they think it is important to go to school/college regularly, while 10% (8%) said they 'don't know'.
- 8% (5%) of pupils responded that they don't think it is important to go to school/college regularly.
- 62% (59%) of pupils responded that illness or injury has stopped them from going to school/college in the last 12 months, while 18% (5%) said caring for family members has stopped them.

#### FUTURE PLANS

- 37% (39%) of pupils responded that they want to continue in full-time education at the end of school/college.
- 62% (51%) of pupils responded that they want to find a job as soon as they can at the end of school/college.
- 48% (44%) of pupils responded that they want to get an apprenticeship or other training for a skilled job at the end of school/college.

## SAFETY

- ❑ 43% (60%) of pupils responded that they 'usually' feel safe at school/college, while 45% (33%) said they 'sometimes' do.
- ❑ 75% (88%) of pupils responded that they 'usually' feel safe at home, while 20% (10%) said they 'sometimes' do.

## MOBILE PHONE

- ❑ 35% (41%) of boys and 58% (52%) of girls responded that they check their mobile phone all the time for messages and alerts, while 13% (12%) of boys and 31% (23%) of girls said they feel anxious if they don't check it for a while.

## Bullying and Harassment

- ❑ 47% (55%) of pupils responded that their school/college deals with bullying 'quite' or 'very' well, while 9% (10%) of pupils responded that bullying is not a problem in their school/college.
- ❑ 31% (22%) of pupils responded that their school/college deals with bullying 'not very well' or 'very badly'.
- ❑ 56% (36%) of pupils responded that they have been bullied in the last 12 months; 17% (9%) said that they have been bullied 'a lot'.
- ❑ 52% (56%) of pupils responded that they have found school/college lessons on bullying to be 'quite' or 'very' useful; 18% (14%) said they were 'not at all useful' and 9% (8%) couldn't remember any.
- ❑ 24% (14%) of pupils responded that they have been bullied in the last 12 months and have been pushed/hit in the last month; 36% (23%) said they were teased/made fun of.
- ❑ 4% (2%) of pupils responded that they think they have been picked on or bullied because of their colour or race, while 33% (19%) said that it was because of the way they look.
- ❑ 26% (18%) of pupils responded that the bullying they experienced in the last 12 months usually happened in a playground or on the school/college field, while 10% (3%) experienced bullying at or near home.
- ❑ 18% (14%) of pupils responded that they have done some of the things listed in Q31 to someone else in the month before the survey, while 22% (19%) said they 'don't know'.
- ❑ 8% (7%) of pupils described the things they have done to someone else as banter; 3% (1%) described it as bullying.
- ❑ 19% (17%) of pupils responded that they have given their view on the school/college anti-bullying policy.

## Alcohol, Smoking & Drugs

### ALCOHOL

- ❑ 47% (45%) of pupils responded that they have ever had an alcoholic drink (more than just a sip).
- ❑ 11% (11%) of pupils responded that they drink alcohol at least once a month; 2% (1%) said they do so 'most days'.
- ❑ 14% (12%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.

- ❑ 5% (3%) of pupils responded that they have been drunk in the 7 days before the survey.
- ❑ 45% (47%) of pupils responded that they do not drink alcohol.
- ❑ Of the 282 (5085) pupils who drink alcohol, 65% (68%) said their parents 'always' know.
- ❑ 11% (7%) of pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.
- ❑ Of the 282 (5085) pupils who drink alcohol, 21% (14%) said their parents 'never' or only 'sometimes' know.

### SMOKING

- ❑ 14% (12%) of boys and 26% (17%) of girls responded that they have tried/used tobacco cigarettes in the past or use them now.
- ❑ 5% (3%) of boys and 9% (5%) of girls responded that they use tobacco cigarettes now.
- ❑ 8% (5%) of pupils responded that they smoked tobacco cigarettes in the 7 days before the survey.
- ❑ 22% (19%) of boys and 31% (19%) of girls responded that they have tried/used e-cigarettes or shisha pens in the past or use them now.
- ❑ 5% (2%) of boys and 5% (1%) of girls responded that they use e-cigarettes or shisha pens now.
- ❑ 8% (6%) of boys and 8% (7%) of girls responded that they have tried/used a shisha waterpipe in the past or use one now.
- ❑ 3% (1%) of boys and 2% (0%) of girls responded that they smoke a shisha waterpipe now.

### PASSIVE SMOKING

- ❑ 47% (31%) of pupils responded that their parents/carers smoke cigarettes.
- ❑ 16% (8%) of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 14% (9%) of pupils responded that someone smokes in a car when they are in it too.

### DRUGS

- ❑ 7% (6%) of pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).
- ❑ 7% (5%) of pupils responded that they have ever taken cannabis.
- ❑ 3% (3%) of pupils responded that they have taken at least one of the drugs listed during the last month.
- ❑ 6% (5%) of pupils responded that they have taken at least one of the drugs listed during the last year.
- ❑ 51% (53%) of pupils responded that they have found school/college lessons on drugs, including alcohol and tobacco, to be 'quite' or 'very' useful; 15% (13%) said they were 'not at all useful' and 17% (14%) couldn't remember any.

## Healthy Weight

### WEIGHT APPEARANCE

- ❑ 9% (7%) of pupils responded that they would like to put on weight.
- ❑ 55% (44%) of pupils responded that they would like to lose weight.

- ❑ 36% (49%) of pupils responded that they are happy with their weight as it is.
- ❑ 48% (47%) of pupils responded that they are the main thing that affects the way they feel about their appearance, while 23% (24%) said that other people at school/college affect them.

#### HEALTHY CHOICES

- ❑ 55% (54%) of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- ❑ 25% (22%) of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.
- ❑ 52% (54%) of pupils responded that they have found school/college lessons on healthy eating to be 'quite' or 'very' useful; 15% (11%) said they were 'not at all useful' and 11% (9%) couldn't remember any.
- ❑ 26% (24%) of pupils responded that when they are choosing food and drink they try to avoid sugar.

#### LUNCH

- ❑ 9% (8%) of boys and 24% (14%) of girls responded that they did not have any lunch on the day before the survey.
- ❑ 37% (32%) of pupils responded that they had school/college food for lunch on the day before the survey while 5% (4%) bought lunch from a takeaway or shop.

#### BREAKFAST

- ❑ 23% (16%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 11% (7%) only had a drink and 9% (8%) had a cooked breakfast.
- ❑ 20% (23%) of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 15% (15%) had fruit.

#### FOOD & DRINK

- ❑ 50% (55%) of pupils responded that they eat fresh fruit 'on most days', while 26% (25%) said the same of sweets, chocolate, choc bars.
- ❑ 12% (6%) of pupils responded that they 'rarely or never' eat vegetables, while 53% (50%) said the same of fish/fish fingers.

#### 5-A-DAY

- ❑ 16% (10%) of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.
- ❑ 22% (25%) of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

#### WATER

- ❑ 36% (39%) of pupils responded that they drank milk on the day before the survey; while 50% (53%) said that they drank squash.
- ❑ 73% (80%) of pupils responded that they drank plain water on the day before the survey; while 30% (29%) said they drank tea/coffee.
- ❑ 73% (67%) of pupils responded that they have had between 1 and 10 units of sugary drinks in the 7 days before the survey.

- ❑ 26% (29%) of pupils responded that they drank 21 or more units of water in the 7 days before the survey.

#### BREASTFEEDING

- ❑ 49% (47%) of pupils agreed that breastfeeding is best for mother and baby.
- ❑ 8% (5%) of pupils disagreed that breastfeeding is best for mother and baby.
- ❑ 43% (48%) of pupils were 'not sure' that breastfeeding is best for mother and baby.

#### Physical Activity

- ❑ 13% (10%) of pupils responded that they don't enjoy PE and Games in school/college at all.
- ❑ 67% (69%) of pupils responded that they enjoy PE and Games in school 'quite a lot' or 'a lot'.
- ❑ 62% (66%) of pupils responded that they have found school/college lessons on physical activity to be 'quite' or 'very' useful; 9% (7%) said they were 'not at all useful' and 9% (7%) couldn't remember any.
- ❑ 16% (9%) of pupils responded that they don't enjoy other physical activity (not PE/Games in school/college) at all.
- ❑ 60% (68%) of pupils responded that they enjoy other physical activity (not PE/Games in school/college) 'quite a lot' or 'a lot'.
- ❑ 36% (40%) of pupils responded that they spent time doing physical activity after school/college on the day before the survey.
- ❑ 29% (27%) of pupils responded that they don't have enough time to do activities as much as they would like, while 13% (11%) said it costs too much to take part.
- ❑ 44% (47%) of pupils responded that nothing stops them doing activities as much as they would like, while 13% (11%) said they don't know what to do.

#### Emotional Health & Wellbeing

##### THE WARWICK-EDINBURGH MENTAL WELLBEING COMPOSITE SCORE (WEMWBS)

- ❑ 9% (5%) of pupils had a low score (14 – 27) on the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS).
- ❑ 19% (20%) of pupils had a high score (56 – 70) on the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS).
- ❑ 54% (64%) of pupils responded that they have been feeling loved 'often' or 'all of the time' over the last two weeks, while 39% (31%) said they have been feeling optimistic about the future 'rarely' or 'none of the time'.

##### POSITIVE RELATIONSHIPS

- ❑ 80% (88%) of pupils responded that they 'usually' or 'always' get along well with their parents/carers, while 62% (67%) said they can 'usually' or 'always' really rely on their friends.
- ❑ 18% (12%) of pupils responded that they 'never' find it easy to make friends, while 10% (5%) said they 'never' feel that their parents/carers are interested in what they say.

## DOMESTIC VIOLENCE

- ❑ 48% (32%) of pupils responded that there has been shouting and arguing between adults at home at least 'once or twice' in the last month that has upset them; 9% (4%) said this has happened 'every day/almost every day'.
- ❑ 11% (4%) of pupils responded that there has been violence between adults at home at least 'once or twice' in the last month; 2% (0%) said this has happened 'every day/almost every day'.

## NEGATIVE RELATIONSHIPS

- ❑ 38% (31%) of boys and 47% (30%) of girls responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.
- ❑ 35% (30%) of pupils responded that if any of the things in Q70 happened to them, they would look after themselves without help; 28% (30%) said they would not look after themselves without help.
- ❑ 56% (62%) of pupils responded that if any of the things in Q70 happened to them, they know where they could get help; 16% (10%) said they would not know where they could get help.
- ❑ 48% (51%) of pupils responded that if any of the things in Q70 happened to them, they would get some help; 22% (15%) said they would not get some help.

## RESILIENCE

- ❑ 43% (33%) of pupils had a low measure of resilience (0 – 19).
- ❑ 19% (24%) of pupils had a high measure of resilience (26+).
- ❑ 49% (55%) of pupils responded that if something goes wrong, they 'usually' or 'always' learn from the experience for next time.
- ❑ 53% (60%) of pupils responded that if they don't succeed at something, they 'usually' or 'always' keep on trying until they do, while 45% (48%) said they ask for help.

## WORRYING

- ❑ 83% (77%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 44% (41%) of pupils responded that they worry about school/college-work problems, exams and tests 'quite a lot' or 'a lot', while 33% (26%) said they worry about their physical health and 41% (35%) worry about the way they look.
- ❑ 30% (27%) of pupils responded that feelings (like being worried, sad or upset) sometimes stop them doing or enjoying things.
- ❑ 20% (13%) of pupils responded that feelings (like being worried, sad or upset) often make it hard to do or enjoy anything.
- ❑ 50% (63%) of pupils responded that if they were worried about something, they do know an adult they trust who they can talk to about it. 34% (26%) said 'maybe'.
- ❑ 51% (52%) of pupils responded that they have found school/college lessons on emotional health and well-being to be 'quite' or 'very' useful; 14% (12%) said

they were 'not at all useful' and 14% (12%) couldn't remember any.

## PROBLEM SOLVING

- ❑ 65% (60%) of pupils responded that they 'usually' or 'always' watch TV or listen to music when they have a problem that worries them or when they are feeling stressed, while 37% (42%) said they talk to someone about it.

## Relationships & Sexual Health

### SEXUAL ORIENTATION

- ❑ 77% (81%) of pupils responded that they are straight/heterosexual, while 2% (1%) said they are gay/lesbian.

### SEXUAL RELATIONSHIPS

- ❑ 13% (8%) of pupils reported that they think most young people start having sex at age 14 or younger, while 69% (71%) said that they think most young people start having sex at age 16 or older.
- ❑ 3% (2%) of pupils responded that they are currently in a relationship and thinking about having sex, while 14% (11%) said they are either in a sexual relationship or have had one in the past.
- ❑ 0% (1%) of boys and 7% (2%) of girls reported that they first had sex aged 14.
- ❑ 34% (31%) of boys and 34% (28%) of girls responded that they know where they can get condoms free of charge.

## Public Services

- ❑ We asked for a variety of problems, who or what would be the first source of help or information that the young people would turn to. 12% (12%) of pupils responded that their lecturers, teachers or lessons would be the first source of help or information about careers.
- ❑ 38% (38%) of pupils responded that they know how to contact their School/College nurse, while 23% (28%) said that they are 'not sure'.
- ❑ 36% (32%) of pupils responded that they know who their Safer Schools/Colleges Officer is, while 24% (31%) said that they are 'not sure'.

### SEXUAL HEALTH SERVICES

- ❑ 14% (16%) of pupils responded that they know what the Condom Card is and how to get access but haven't used it, while 7% (5%) said they have used the service.

### INTERNET SAFETY

- ❑ 15% (14%) of pupils responded that they have seen sexually explicit images, videos or games (including 'pornography'), while 10% (8%) said they have sent personal information to someone, then wished they hadn't done or had thought more about it.

## Police & Crime

### ANTI-SOCIAL BEHAVIOUR

- ❑ 56% (51%) of boys and 59% (42%) of girls responded that they have participated in at least one of the anti-social behaviours listed at some point; 16% (12%) of boys and 14% (7%) of girls said they have done so this term.

- ❑ 18% (19%) of boys and 22% (19%) of girls responded that they have ever taken part in 1 or 2 of the anti-social behaviours listed.
- ❑ 17% (13%) of boys and 19% (8%) of girls responded that they have ever taken part in 3 or more of the anti-social behaviours listed.
- ❑ 51% (39%) of pupils responded that they saw or spoke to someone from the police in at least one of the situations listed in the last year. 16% (9%) said that they saw or spoke to someone from the police at a visit in a school lesson this term.

## Health & Hygiene

### TEETH

- ❑ 5% (2%) of pupils responded that they usually clean their teeth 'less than once a day'.
- ❑ 77% (83%) of pupils responded that they usually clean their teeth at least 'twice a day'.
- ❑ 76% (84%) of pupils responded that they last visited the dentist in the 6 months before the survey.
- ❑ 8% (5%) of pupils responded that they last visited the dentist 'more than a year ago', while 6% (2%) said that they have never been.
- ❑ 70% (79%) of pupils responded that they last went to the dentist for a check-up.

### ACCIDENTS

- ❑ 43% (32%) of pupils responded that they had an accident or injury in the last 12 months that needed attention from a doctor or nurse.
- ❑ 15% (14%) of pupils responded that their most recent accident in the last 12 months was a sports injury, while 8% (6%) said it was a fall, trip or slip.
- ❑ 10% (8%) of pupils responded that their most recent accident in the last 12 months happened at school/college during school hours, while 11% (7%) said it happened at home.

## Transport & Access

- ❑ 36% (30%) of pupils responded that they usually get around daily by walking (more than a mile), while 32% (35%) get around by car.

- ❑ 20% (13%) of pupils responded that it is 'difficult' or 'very difficult' for them to get to clubs and other group activities, while 24% (19%) said the same of helping/volunteering opportunities.
- ❑ 70% (78%) of pupils responded that it is 'easy' or 'very easy' for them to get to school, while 54% (63%) said the same of somewhere to play sport or do exercise.
- ❑ 49% (61%) of pupils responded that they don't have problems getting around.
- ❑ 13% (9%) of pupils responded that they have problems getting around because it costs too much.
- ❑ 16% (11%) of pupils responded that they have problems getting around because no-one will take them.

### ROAD SAFETY

- ❑ 25% (22%) of pupils responded that they think their roads are too busy.
- ❑ 18% (13%) of pupils think there's not enough good lighting on their local roads.
- ❑ 19% (16%) of pupils think there's not enough safe crossing places on their local roads.

## Leisure

- ❑ 21% (19%) of pupils responded that they help other people by fundraising, while 61% (46%) said they help a family member.
- ❑ 63% (67%) of pupils responded that they watched TV after school on the day before the survey, while 48% (46%) spent time talking/messaging online and 36% (40%) did sport/physical activity.
- ❑ 21% (24%) of pupils responded that they spent time reading a book for pleasure after school on the day before the survey.
- ❑ 36% (42%) of pupils responded that they spent time playing video games after school on the day before the survey.

## Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

- When the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%).
- Even if your sample is small, you may have a very high proportion of your available population – if, say, you sample every single pupil of your Year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

### Standard errors of proportion:

	Percentage seen in sample					
	10%	20%	30%	40%	50%	
20	6.7	8.9	10.2	11.0	11.2	
30	5.5	7.3	8.4	8.9	9.1	
40	4.7	6.3	7.2	7.7	7.9	
50	4.2	5.7	6.5	6.9	7.1	
60	3.9	5.2	5.9	6.3	6.5	
80	3.4	4.5	5.1	5.5	5.6	
100	3.0	4.0	4.6	4.9	5.0	
150	2.4	3.3	3.7	4.0	4.1	
200	2.1	2.8	3.2	3.5	3.5	
300	1.7	2.3	2.6	2.8	2.9	
500	1.3	1.8	2.0	2.2	2.2	

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about  $\pm 6.5\%$ .

## List of significant differences

Below we have listed some statistically significant differences between Young carer and Norfolk.

Sig	Young carer	Norfolk	Question
***	100%	6%	of pupils responded that they are a 'young carer' or a young adult carer.
***	34%	2%	of pupils responded that being a 'young carer'/young adult carer takes up at least 1-2 hours of their time each day.
***	27%	10%	of pupils responded that they currently have free school meals at school.
***	18%	5%	of pupils responded that caring for family members has stopped them from going to school in the last 12 months.
***	56%	36%	of pupils responded that they have been bullied in the last 12 months.
***	75%	88%	of pupils responded that they 'usually' feel safe at home.
***	33%	19%	of pupils responded that they think they have been picked on or bullied because of the way they look.
***	10%	3%	of pupils responded that the bullying they experienced in the last 12 months usually happened at or near home.
***	43%	60%	of pupils responded that they 'usually' feel safe at school/college.
***	47%	31%	of pupils responded that their parents/carers smoke cigarettes.
***	48%	32%	of pupils responded that there has been shouting and arguing between adults at home at least 'once or twice' in the last month that has upset them.
***	20%	10%	of pupils responded that they 'sometimes' feel safe at home.
***	36%	23%	of pupils responded that they have been bullied in the last 12 months and have been teased/made fun of in the month before the survey.
***	11%	4%	of pupils responded that there has been violence between adults at home at least 'once or twice' in the last month.
***	24%	14%	of pupils responded that they have a long-standing illness (e.g. asthma, epilepsy, diabetes, ME).
***	24%	14%	of pupils responded that they have been bullied in the last 12 months and have been pushed/hit in the last month.
***	16%	8%	of pupils responded that someone smokes indoors at home in rooms that they use.
***	21%	12%	of pupils responded that they have disability, a special educational need or a learning difficulty.
***	17%	9%	of pupils responded that they have been bullied 'a lot' in the last 12 months.
***	61%	46%	of pupils responded that they help a family member.
***	6%	2%	of pupils responded that they have never been to the dentist.
***	45%	33%	of pupils responded that they 'sometimes' feel safe at school/college.
***	49%	61%	of pupils responded that they live with their Mum and Dad together.
***	50%	63%	of pupils responded that if they were worried about something, they do know an adult they trust who they can talk to about it.
***	36%	49%	of pupils responded that they are happy with their weight as it is.
***	43%	30%	of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.
***	5%	2%	of pupils responded that they use e-cigarettes or shisha pens now.
***	19%	12%	of pupils responded that they enjoy 'hardly any' of their lessons at school/college.
***	31%	22%	of pupils responded that their school/college deals with bullying 'not very well' or 'very badly'.
***	12%	6%	of pupils responded that they 'rarely or never' eat vegetables.
***	62%	51%	of pupils responded that they want to find a job as soon as they can at the end of school/college.
***	49%	61%	of pupils responded that they don't have problems getting around.
***	18%	11%	responded that they have ever taken part in 3 or more of the anti-social behaviours listed.
***	55%	44%	of pupils responded that they would like to lose weight.
***	16%	9%	of pupils responded that they saw or spoke to someone from the police at a visit in a school lesson this term.
***	51%	39%	of pupils responded that they saw or spoke to someone from the police in at least one of the situations listed in the last year.
***	16%	9%	of pupils responded that they don't enjoy other physical activity (not PE/Games in school/college) at all.

***	9%	4%	of pupils responded that there has been shouting and arguing between adults at home 'every day/almost every day' in the last month that has upset them.
***	80%	88%	of pupils responded that they 'usually' or 'always' get along well with their parents/carers.
***	41%	51%	of pupils responded that they enjoy 'most' or 'all' of their lessons at school/college.
***	16%	10%	of pupils responded that their school/college gives them enough extra help
***	22%	15%	of pupils responded that they live 'mainly or only' with their Mum.
***	26%	18%	of pupils responded that the bullying they experienced in the last 12 months usually happened in a playground or on the school/college field.
***	70%	79%	of pupils responded that they last went to the dentist for a check-up.
***	76%	84%	of pupils responded that they last visited the dentist in the 6 months before the survey.
***	58%	47%	of pupils responded that they have participated in at least one of the anti-social behaviours listed at some point.
***	43%	33%	of pupils had a low measure of resilience (0 – 19).
***	43%	32%	of pupils responded that they had an accident or injury in the last 12 months that needed attention from a doctor or nurse.
***	18%	11%	responded that they did not have any lunch on the day before the survey.
***	27%	19%	of pupils responded that they have tried/used e-cigarettes or shisha pens in the past or use them now.
***	10%	5%	of pupils responded that they 'never' feel that their parents/carers are interested in what they say.
***	2%	0%	of pupils responded that there has been violence between adults at home 'every day/almost every day' in the last month.
***	16%	10%	of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.
***	54%	64%	of pupils responded that they have been feeling loved 'often' or 'all of the time' over the last two weeks.
***	4%	2%	of pupils responded that someone helped them fill in the questionnaire.
***	23%	16%	of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.
***	95%	97%	of pupils responded that they have their own bed.
***	20%	13%	of pupils responded that feelings (like worried, sad or upset) often find it hard to do or enjoy anything.
***	22%	15%	of pupils responded that if any of the things in Q70 happened to them, they would not get some help.
***	14%	9%	of pupils responded that someone smokes in a car when they are in it too.
***	78%	84%	of pupils described themselves as White British.
***	18%	12%	of pupils responded that they 'never' find it easy to make friends.
***	15%	9%	of pupils responded that they have participated in at least one of the anti-social behaviours listed this term.
***	16%	10%	of pupils responded that if any of the things in Q70 happened to them, they would not know where they could get help.
***	60%	68%	of pupils responded that they enjoy other physical activity (not PE/Games in school/college) 'quite a lot' or 'a lot'.
***	21%	15%	responded that they have tried/used tobacco cigarettes in the past or use them now.
***	17%	12%	of pupils responded that they have had free school meals at school in the last 6 years.
***	3%	1%	of pupils described the things they have done to someone else as bullying.
***	58%	67%	of pupils spent time doing homework after school/college on the day before the survey.
***	70%	78%	of pupils responded that it is 'easy' or 'very easy' for them to get to school.
***	20%	13%	of pupils responded that it is 'difficult' or 'very difficult' for them to get to clubs and other group activities.
***	11%	7%	of pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.
***	47%	55%	of pupils responded that their school/college deals with bullying 'quite' or 'very' well.
***	5%	2%	of pupils responded that they usually clean their teeth 'less than once a day'.
***	60%	67%	of pupils agreed that in their school/college, people with different backgrounds are valued.
***	13%	8%	of pupils reported that they think most young people start having sex at age 14 or younger.

***	2%	1%	of pupils responded that they smoke a shisha waterpipe now.
***	39%	31%	of pupils responded that they have been feeling optimistic about the future 'rarely' or 'none of the time' over the last two weeks.
***	7%	4%	responded that they use tobacco cigarettes now.
***	8%	5%	of pupils responded that they don't think it is important to go to school/college regularly.
***	73%	80%	of pupils responded that they drank plain water on the day before the survey.
***	54%	63%	of pupils responded that it is 'easy' or 'very easy' for them to play sport or do exercise.
***	82%	87%	of pupils responded that they think it is important to go to school/college regularly.
***	8%	5%	of pupils disagreed that breastfeeding is best for mother and baby
***	53%	60%	of pupils responded that if they don't succeed at something, they 'usually' or 'always' keep on trying until they do.
***	33%	26%	of pupils responded that they worry about their physical health 'quite a lot' or 'a lot'.
***	11%	7%	of pupils responded that they only had a drink before lessons on the day of the survey.
***	8%	5%	of pupils responded that they smoked tobacco cigarettes in the 7 days before the survey.
***	52%	59%	of pupils agreed that the school/college cares whether they are happy or not.
***	11%	7%	of pupils responded that their most recent accident in the last 12 months happened at home.
***	16%	11%	of pupils responded that they have problems getting around because no-one will take them.
***	77%	83%	of pupils responded that they usually clean their teeth at least 'twice a day'.
***	4%	2%	of pupils responded that they think they have been picked on or bullied because of their colour or race.
***	2%	1%	of pupils responded that they drink alcohol 'most days'.
***	83%	77%	of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
***	81%	86%	of pupils responded that they have their own bedroom.
***	23%	18%	of pupils responded that they feel anxious if they don't check their mobile phone for a while.
***	5%	3%	of pupils responded that they have been drunk in the 7 days before the survey.
***	73%	67%	of pupils responded that they have had between 1 and 10 units of sugary drinks in the 7 days before the survey.
***	9%	5%	of pupils had a low score (14 – 27) on the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS).
***	18%	13%	of pupils think there's not enough good lighting on their local roads.
**	36%	42%	of pupils responded that they spent time playing video games after school on the day before the survey.
**	37%	32%	of pupils responded that they had school/college food for lunch on the day before the survey.
**	56%	62%	of pupils responded that if any of the things in Q70 happened to them, they know where they could get help.
**	49%	55%	of pupils responded that if something goes wrong, they 'usually' or 'always' learn from the experience for next time.
**	50%	55%	of pupils responded that they eat fresh fruit 'on most days'.
**	41%	35%	of pupils responded that they worry about the way they look 'quite a lot' or 'a lot'.
**	62%	67%	of pupils responded that they can 'usually' or 'always' really rely on their friends.
**	18%	14%	of pupils responded that they have found school/college lessons on bullying to be 'not at all useful'.
*	13%	9%	of pupils responded that they have problems getting around because it costs too much.
*	19%	24%	of pupils had a high measure of resilience (26+).
*	35%	30%	of pupils responded that if any of the things in Q70 happened to them, they would look after themselves without help.
*	52%	56%	of pupils responded that they have found school/college lessons on bullying to be 'quite' or 'very' useful.
*	18%	14%	of pupils responded that they have done some of the things listed in Q31 to someone else in the month before the survey.
*	36%	30%	of pupils responded that they usually get around daily by walking (more than a mile).
*	24%	19%	of pupils responded that it is 'difficult' or 'very difficult' for them to get to helping/volunteering opportunities.
*	15%	11%	of pupils responded that they have found school/college lessons on healthy eating to be 'not at all useful'.

*	37%	42%	of pupils responded that they talk to someone about a problem that worries them or they are feeling stressed.
*	65%	60%	of pupils responded that they 'usually' or 'always' watch TV or listen to music when they have a problem that worries them or they are feeling stressed.
*	77%	81%	of pupils responded that they are straight/heterosexual.

Tests: Chi-squared ( $\chi^2$ ).      KEY:      \* =  $p < 0.05$  (5%)      \*\* =  $p < 0.01$  (1%)      \*\*\* =  $p < 0.001$  (0.1%).

## Background

### Ethnicity

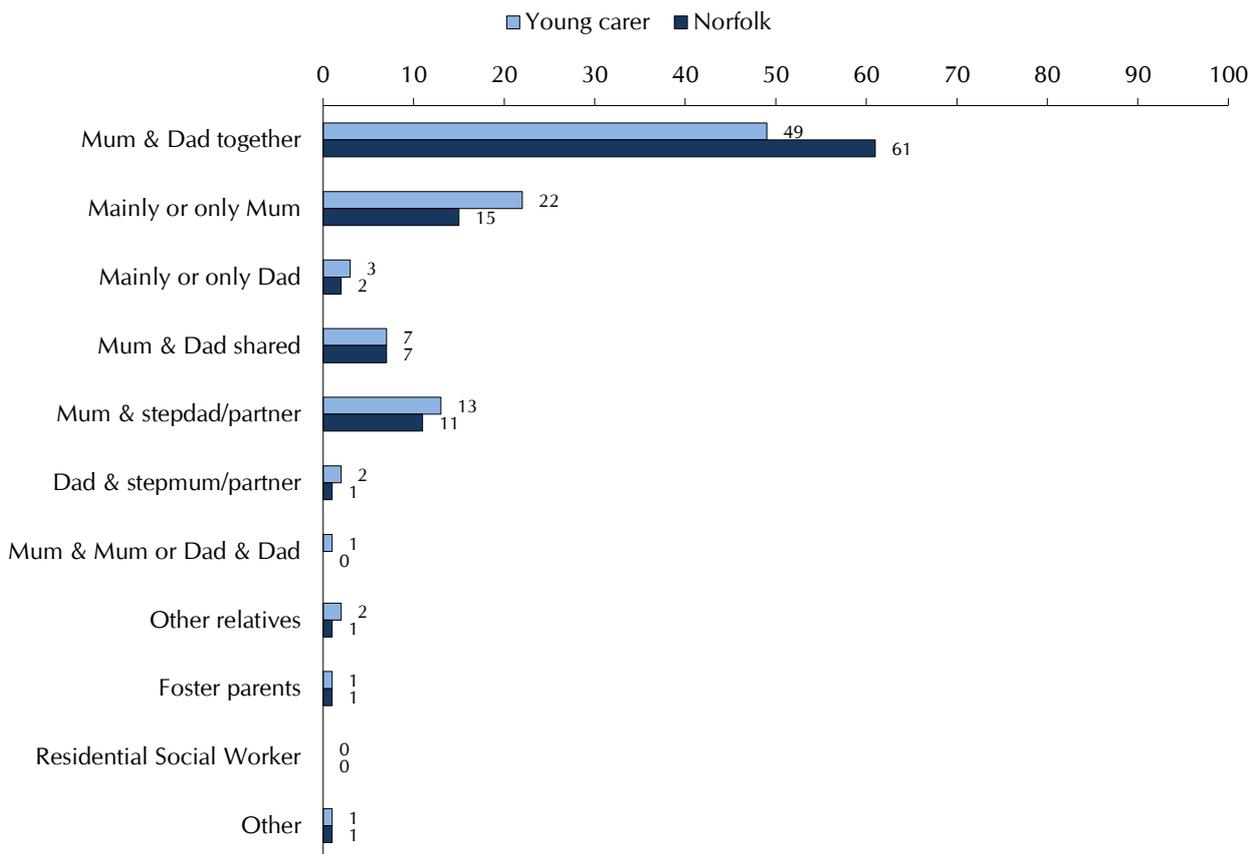
78% (84%) of pupils described themselves as White British.

**Q2.** Percentage describing themselves as White British.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	76	66	84	83
Girls	81	86	85	88

### Family

**Q3.** Which adults do you live with?



49% (61%) of pupils responded that they live with their Mum and Dad together.

**Q3.** Percentage answering that they live with their Mum and Dad together.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	58	47	64	62
Girls	47	39	62	55

22% (15%) of pupils responded that they live 'mainly or only' with their Mum, while 3% (2%) said they live 'mainly or only' with their Dad.

**Q3.** Percentage answering that they live 'mainly or only' with their Mum.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	18	18	13	15
Girls	20	34	13	20

## Home

81% (86%) of pupils responded that they have their own bedroom, while 2% (1%) said they are 'not sure' if they do and 1% (1%) didn't want to say.

95% (97%) of pupils responded that they have their own bed, while 0% (1%) said they are 'not sure' if they do and 1% (1%) didn't want to say.

## Special needs

4% (2%) of pupils responded that someone helped them fill in the questionnaire, while 2% (2%) said they were 'not sure' if they did and 1% (1%) didn't want to say.

21% (12%) of pupils responded that they have disability, a special educational need or a learning difficulty, while 16% (10%) said they are 'not sure' if they do and 3% (3%) didn't want to say.

24% (14%) of pupils responded that they have a long-standing illness (e.g. asthma, epilepsy, diabetes, ME), while 12% (9%) said they are 'not sure' if they do and 2% (2%) didn't want to say.

16% (10%) of pupils responded that their school/college gives them enough extra help, while 6% (5%) said they are 'not sure'.

Of the 173 (1887) who indicated that they have additional needs, 51% (53%) said their school gives them enough extra help.

**Q4.** Percentage answering that they have their own bedroom.

	Young carer		Norfolk	
	KS3	KS4 +	KS3	KS4 +
Boys	78	93	84	91
Girls	79	84	83	89

**Q5.** Percentage answering that they have their own bed.

	Young carer		Norfolk	
	KS3	KS4 +	KS3	KS4 +
Boys	94	95	97	98
Girls	94	99	98	99

**Q6.** Percentage answering that someone helped them fill in the questionnaire.

	Young carer		Norfolk	
	KS3	KS4 +	KS3	KS4 +
Boys	7	8	2	2
Girls	2	0	1	1

**Q7.** Percentage answering that they have disability, a special educational need or a learning difficulty.

	Young carer		Norfolk	
	KS3	KS4 +	KS3	KS4 +
Boys	27	26	14	14
Girls	15	14	9	11

**Q8.** Percentage answering that they have a long-standing illness.

	Young carer		Norfolk	
	KS3	KS4 +	KS3	KS4 +
Boys	20	30	14	13
Girls	20	29	14	16

**Q9.** Percentage answering that their school gives them enough extra help.

	Young carer		Norfolk	
	KS3	KS4 +	KS3	KS4 +
Boys	17	19	11	11
Girls	12	16	8	9

## Young carers

100% (6%) of pupils responded that they are a 'young carer' or a young adult carer, while 0% (8%) said they are 'not sure' if they are and 0% (3%) did not want to say.

**Q10a.** Percentage answering that they are a 'young carer' or a young adult carer.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	100	100	6	5
Girls	100	100	5	6

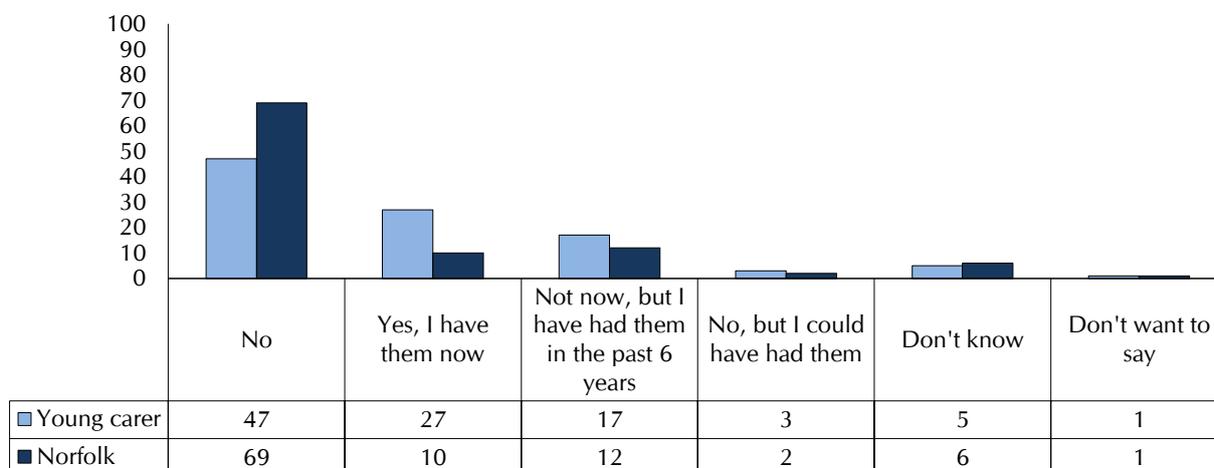
34% (2%) of pupils responded that being a 'young carer'/young adult carer takes up at least 1-2 hours of their time each day.

**Q10c.** Percentage of pupils responding that they are a 'young carer' or a young adult carer and it takes up the following amount of time each day (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
Less than 1 hour	20 ( 1)	16 ( 1)	20 ( 1)	10 ( 1)	17 ( 1)
1 – 2 hours	15 ( 1)	15 ( 1)	14 ( 1)	22 ( 1)	16 ( 1)
More than 2 hours	12 ( 1)	19 ( 1)	19 ( 1)	22 ( 1)	18 ( 1)
Some time, but I don't do this every day	46 ( 3)	44 ( 2)	39 ( 2)	41 ( 2)	43 ( 2)

## Free school meals

**Q11.** In the last 6 years, have you ever had free school meals at school?



27% (10%) of pupils responded that they currently have free school meals at school, while 17% (12%) said they have had them in the last 6 years and 3% (2%) said they could have had them.

**Q11.** Percentage answering that they currently have free school meals at school.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	24	25	10	8
Girls	27	34	10	10

## School

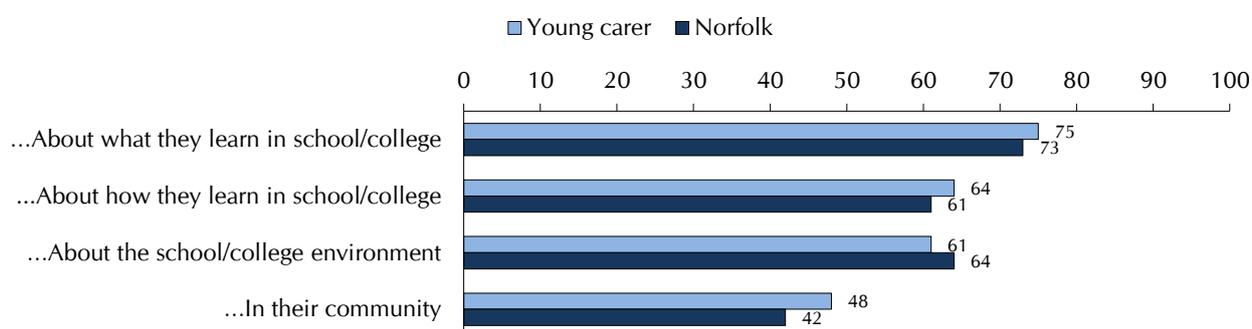
### Ideas & opinions

75% (73%) of pupils responded that they are asked for their ideas and opinions about what they learn in school/college.

**Q13a.** Percentage of pupils agreeing that they are asked for their ideas and opinions... (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
...About what they learn in school/college	79 (76)	81 (76)	68 (69)	67 (68)	75 (73)
...About how they learn in school/college	66 (63)	70 (63)	58 (59)	58 (57)	64 (61)
...About the school/college environment	59 (62)	63 (66)	64 (64)	59 (64)	61 (64)
...In their community	58 (46)	54 (43)	41 (39)	32 (35)	48 (42)

**Q13a.** Percentage of pupils agreeing that they are asked for their ideas and opinions...:

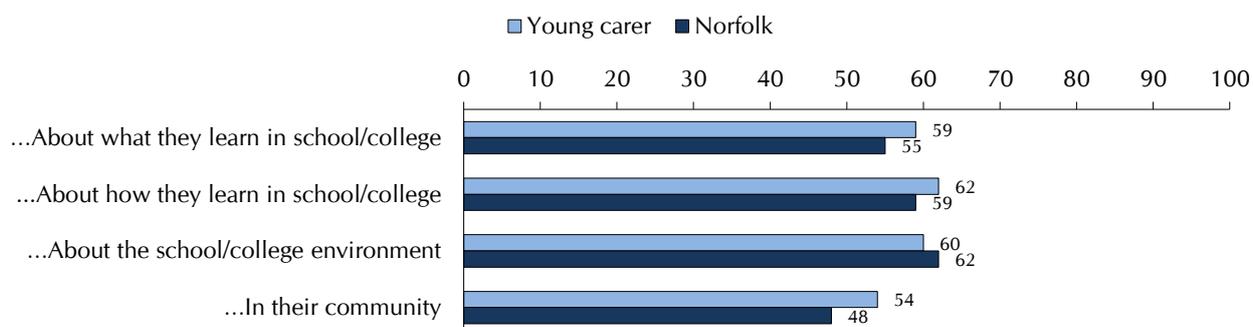


59% (55%) of pupils responded that the opinions of young people make a difference to decisions about what they learn in school/college.

**Q13b.** Percentage of pupils agreeing that the opinions of young people make a difference to decisions ... (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
...About what they learn in school/college	66 (59)	67 (59)	48 (49)	46 (49)	59 (55)
...About how they learn in school/college	63 (60)	68 (63)	55 (55)	58 (58)	62 (59)
...About the school/college environment	63 (61)	62 (66)	54 (59)	56 (62)	60 (62)
...In their community	59 (49)	59 (50)	43 (46)	46 (45)	54 (48)

**Q13b.** Percentage of pupils agreeing that the opinions of young people make a difference to decisions...:



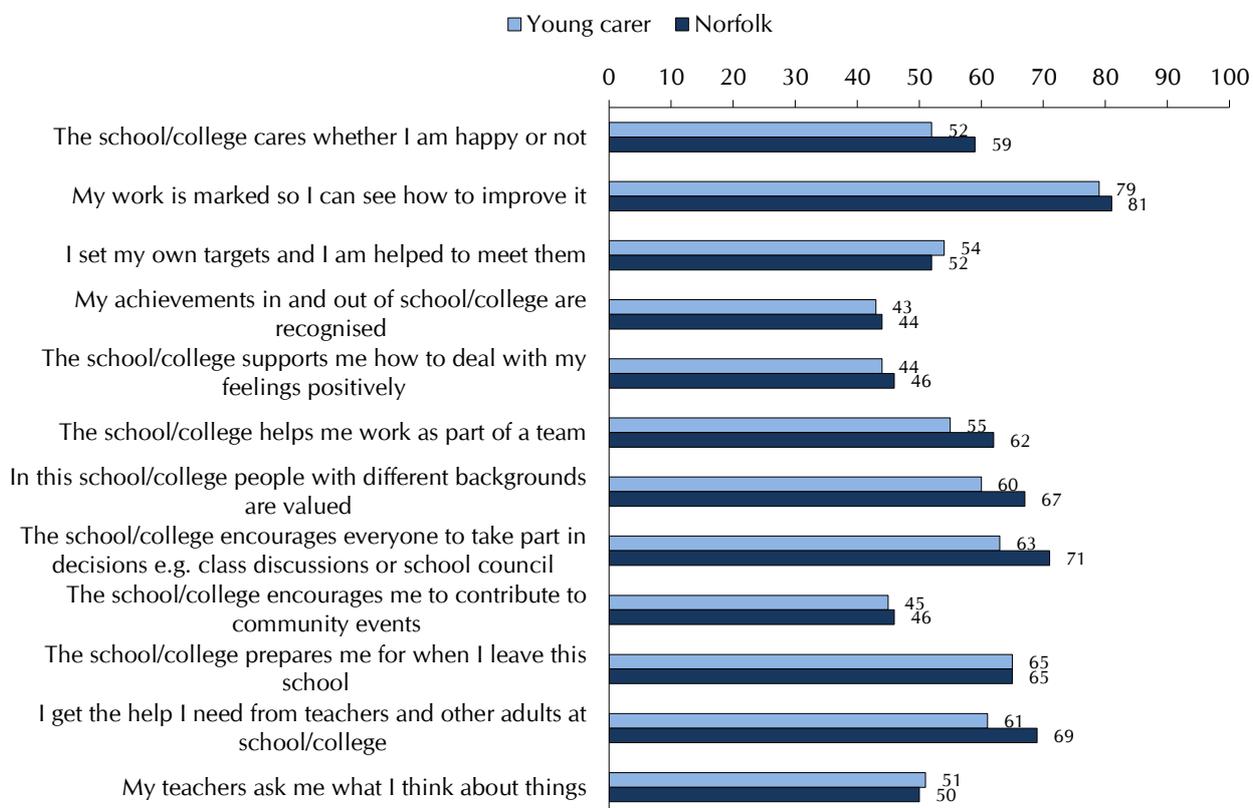
## Every Child Matters

52% (59%) of pupils agreed that the school/college cares whether they are happy or not; 60% (67%) said that in their school/college, people with different backgrounds are valued.

**Q15.** Percentage of pupils responding 'yes' to the following statements (Norfolk data in brackets):

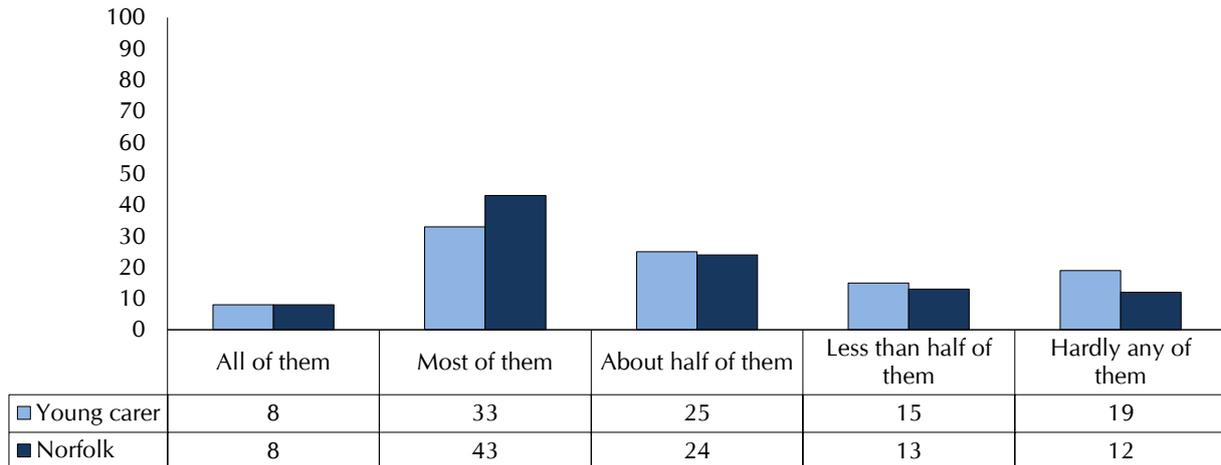
	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
The school/college cares whether I am happy or not	54 (64)	59 (62)	49 (51)	47 (53)	52 (59)
My work is marked so I can see how to improve it	81 (85)	81 (83)	75 (79)	80 (77)	79 (81)
I set my own targets and I am helped to meet them	52 (54)	51 (53)	58 (52)	58 (50)	54 (52)
My achievements in and out of school/college are recognised	44 (49)	51 (47)	39 (40)	39 (39)	43 (44)
The school/college supports me how to deal with my feelings positively	48 (54)	48 (49)	38 (38)	41 (38)	44 (46)
The school/college helps me work as part of a team	57 (66)	58 (65)	45 (54)	61 (60)	55 (62)
In this school/college people with different backgrounds are valued	58 (65)	63 (68)	65 (65)	58 (71)	60 (67)
The school/college encourages everyone to take part in decisions e.g. class discussions or school/college council	63 (72)	68 (75)	58 (65)	65 (68)	63 (71)
The school/college encourages me to contribute to community events	51 (51)	48 (46)	41 (43)	34 (43)	45 (46)
The school/college prepares me for when I leave this school/college	63 (69)	72 (68)	62 (62)	61 (61)	65 (65)
I get the help I need from teachers and other adults at school/college	61 (73)	64 (70)	68 (67)	58 (68)	61 (69)
My teachers ask me what I think about things	50 (50)	53 (51)	52 (49)	50 (53)	51 (50)

**Q15.** Percentage of pupils responding 'yes' to the following statements:



## School lessons

**Q16.** How many lessons do you enjoy at school/college?



41% (51%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school/college.

**Q16.** Percentage answering that they enjoy 'most' or 'all' of their lessons at school/college.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	39	51	48	50
Girls	40	44	52	56

19% (12%) of pupils responded that they enjoy 'hardly any' of their lessons at school/college.

**Q16.** Percentage answering that they enjoy 'hardly any' of their lessons at school/college.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	21	19	12	14
Girls	18	15	10	10

58% (67%) of pupils responded that they spent time doing homework after school/college on the day before the survey; 35% (39%) used a computer for school/college work.

**Q95.** Percentage answering that they spent time doing homework after school/college on the day before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	50	57	60	62
Girls	62	66	72	75

35% (36%) of pupils responded that they have found school/college information about citizenship 'quite' or 'very' useful.

**Q19.** Percentage of pupils responding that they have found school/college information about the following 'quite' or 'very' useful (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
Managing money	40 (38)	39 (33)	20 (23)	19 (14)	32 (29)
Citizenship	43 (45)	39 (41)	23 (25)	25 (24)	35 (36)
Safety	72 (78)	80 (81)	51 (51)	57 (55)	66 (69)
Bullying	53 (60)	62 (67)	41 (45)	47 (48)	52 (56)
Healthy eating	60 (65)	70 (64)	38 (40)	33 (36)	52 (54)
Physical activity	68 (77)	70 (72)	61 (59)	50 (49)	62 (66)
Emotional health and wellbeing	53 (58)	63 (59)	35 (41)	50 (43)	51 (52)
Drugs, including alcohol and tobacco	51 (55)	59 (58)	41 (48)	49 (48)	51 (53)
Sex and Relationships Education	47 (53)	53 (50)	39 (47)	46 (46)	47 (49)
Bereavement, loss or separation	37 (35)	37 (35)	25 (21)	22 (20)	31 (29)

14% (12%) of pupils responded that they have found school/college information about citizenship 'not at all useful'.

**Q19.** Percentage of pupils responding that they have found school/college information about the following 'not at all useful' (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
Managing money	13 (13)	11 (14)	19 (24)	34 (27)	18 (18)
Citizenship	11 (10)	10 (8)	19 (19)	21 (16)	14 (12)
Safety	6 (4)	4 (3)	10 (9)	6 (6)	6 (5)
Bullying	18 (14)	16 (11)	20 (18)	17 (15)	18 (14)
Healthy eating	11 (8)	11 (7)	12 (17)	23 (18)	15 (11)
Physical activity	7 (5)	6 (4)	13 (10)	12 (11)	9 (7)
Emotional health and wellbeing	12 (10)	11 (9)	14 (16)	16 (15)	14 (12)
Drugs, including alcohol and tobacco	14 (15)	13 (11)	23 (15)	12 (12)	15 (13)
Sex and Relationships Education	14 (11)	16 (12)	16 (15)	13 (13)	15 (13)
Bereavement, loss or separation	19 (15)	16 (15)	22 (22)	31 (22)	21 (18)

## Attendance

82% (87%) of pupils responded that they think it is important to go to school/college regularly, while 10% (8%) said they 'don't know'.

8% (5%) of pupils responded that they don't think it is important to go to school/college regularly.

62% (59%) of pupils responded that illness or injury has stopped them from going to school/college in the last 12 months, while 18% (5%) said caring for family members has stopped them.

**Q17.** Percentage answering that they think it is important to go to school/college regularly.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	77	84	85	85
Girls	82	93	89	91

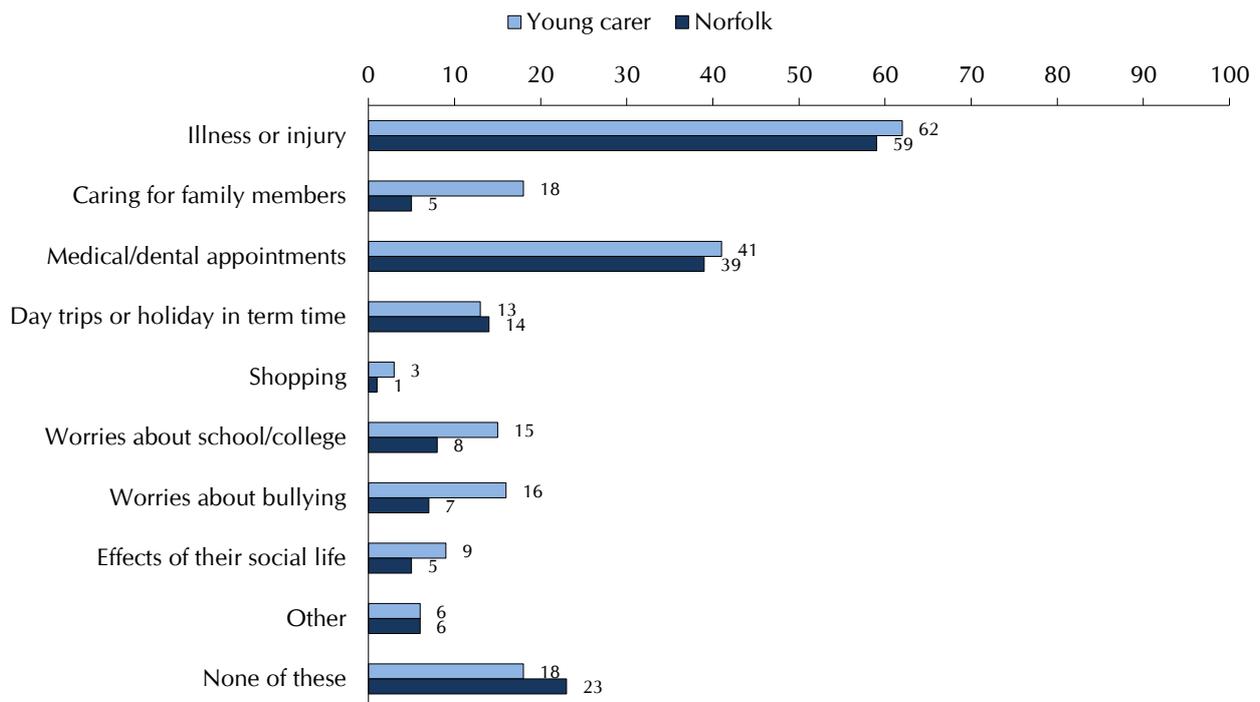
**Q17.** Percentage answering that they don't think it is important to go to school/college regularly.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	11	10	6	7
Girls	6	3	3	3

**Q18.** Percentage of pupils responding that the following stopped them from going to school/college in the last 12 months (top 5 – Norfolk data in brackets):

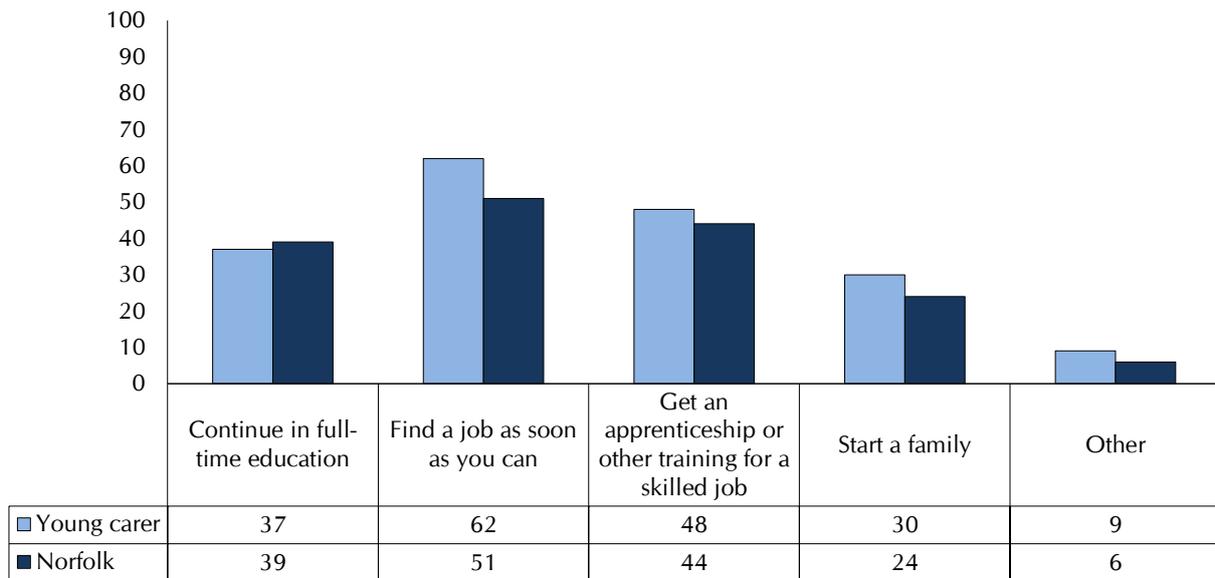
Boys				Girls			
1	Illness or injury	59	(60)	1	Illness or injury	65	(59)
2	Medical/dental appointments	34	(34)	2	Medical/dental appointments	49	(45)
3	Caring for family members	13	(6)	3	Caring for family members	22	(5)
4	Worries about bullying	13	(4)	4	Worries about school/college	20	(12)
5	Day trips or holiday in term time	12	(14)	5	Worries about bullying	20	(9)

**Q18.** Percentage of pupils responding that the following stopped them from going to school/college in the last 12 months:



## Future plans

**Q20.** At the end of school/college, do you want to...?



37% (39%) of pupils responded that they want to continue in full-time education at the end of school/college.

**Q20.** Percentage answering that they want to continue in full-time education at the end of school/college.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	27	43	29	43
Girls	37	47	37	55

62% (51%) of pupils responded that they want to find a job as soon as they can at the end of school/college.

**Q20.** Percentage answering that they want to find a job as soon as they can at the end of school/college.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	61	57	55	46
Girls	72	52	52	47

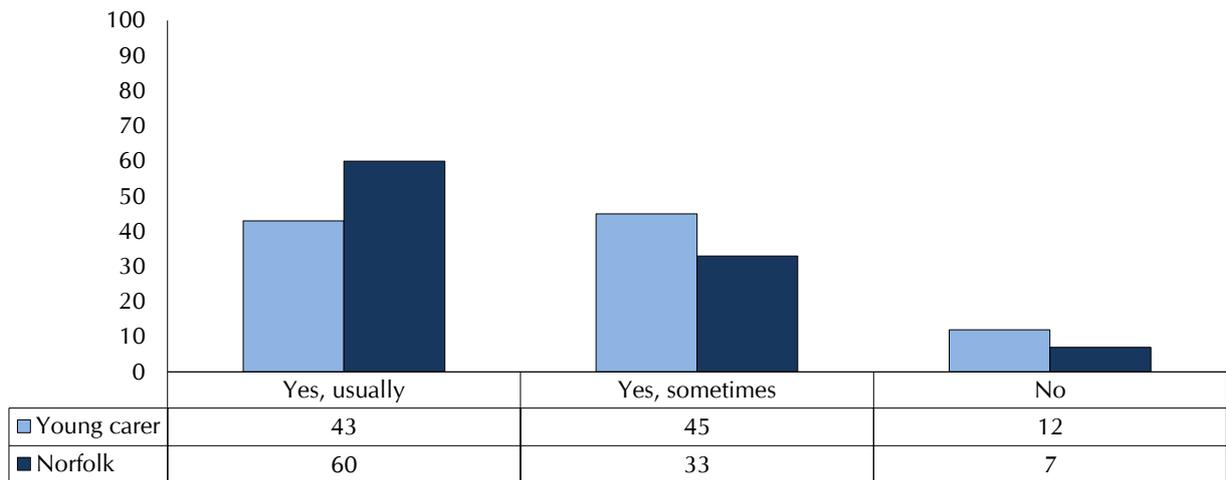
48% (44%) of pupils responded that they want to get an apprenticeship or other training for a skilled job at the end of school/college.

**Q20.** Percentage answering that they want to get an apprenticeship or other training for a skilled job at the end of school/college.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	53	40	53	40
Girls	52	41	47	28

## Safety

### Q24. Do you feel safe at school/college?

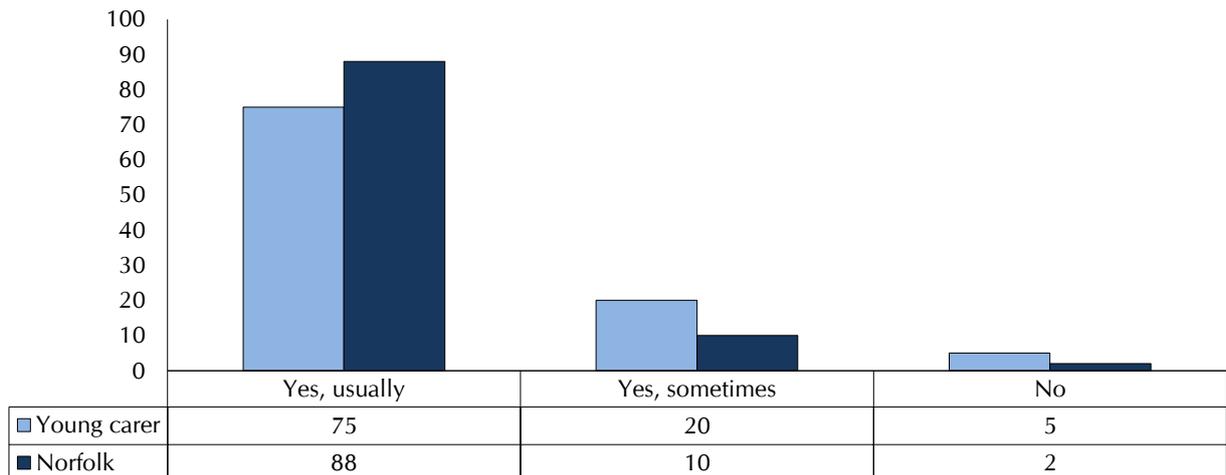


43% (60%) of pupils responded that they 'usually' feel safe at school/college, while 45% (33%) said they 'sometimes' do.

**Q24.** Percentage answering that they 'usually' feel safe at school/college.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	44	47	60	63
Girls	46	42	60	62

### Q25. Do you feel safe at home?



75% (88%) of pupils responded that they 'usually' feel safe at home, while 20% (10%) said they 'sometimes' do.

**Q25.** Percentage answering that they 'usually' feel safe at home.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	81	79	89	91
Girls	72	72	88	86

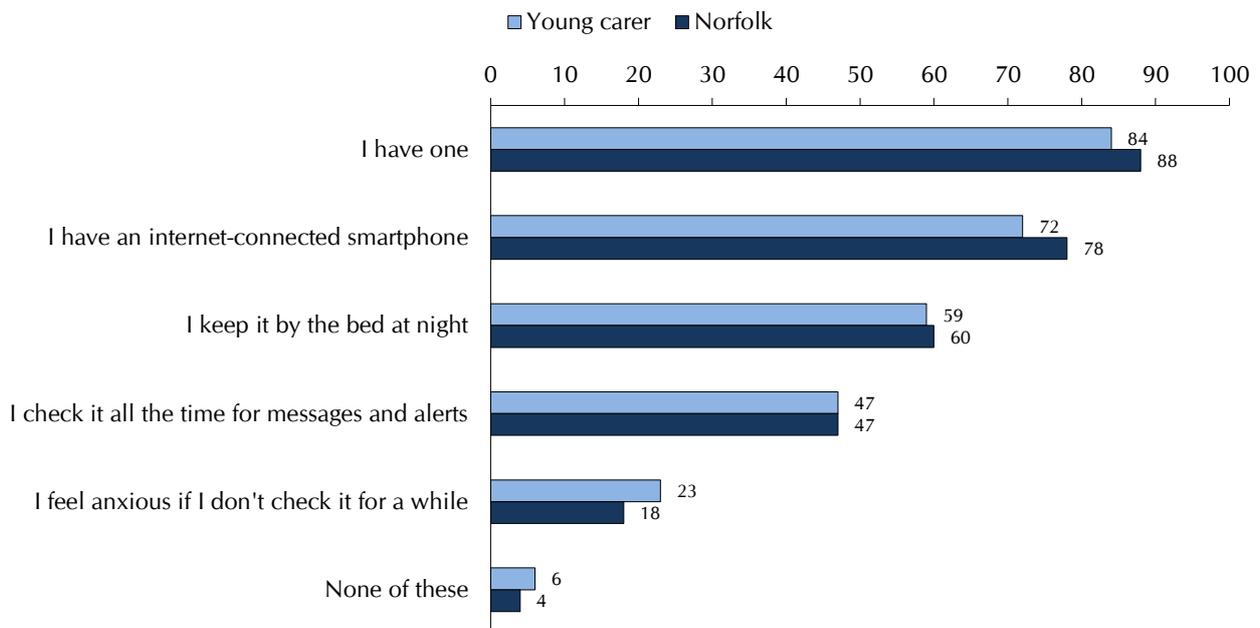
## Mobile phone

35% (41%) of boys and 58% (52%) of girls responded that they check their mobile phone all the time for messages and alerts, while 13% (12%) of boys and 31% (23%) of girls said they feel anxious if they don't check it for a while.

**Q26.** Percentage of pupils responding 'true' to the following statements about mobile phones (Norfolk data in brackets):

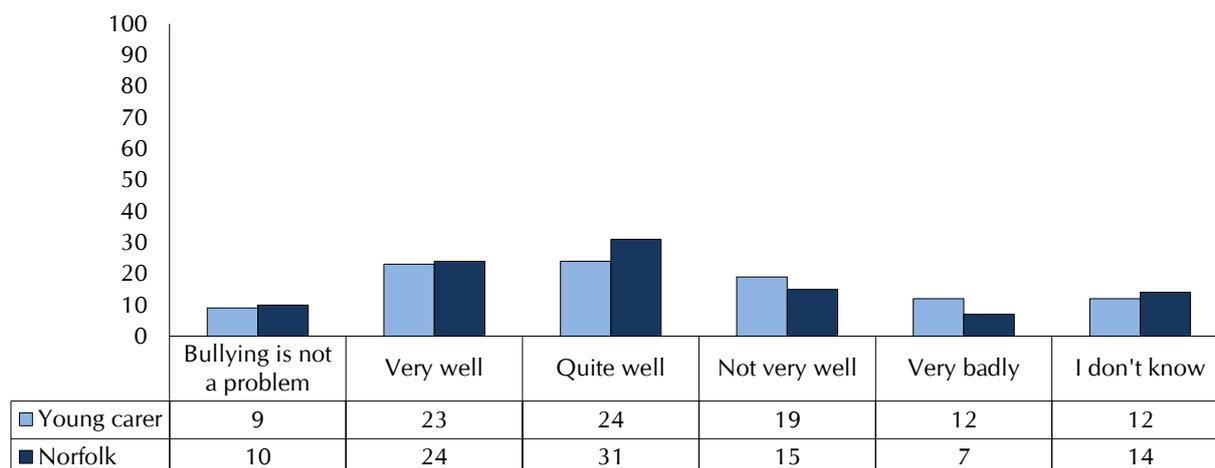
	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
I have one	83 (85)	86 (89)	81 (89)	89 (91)	84 (88)
I have an internet-connected smartphone	60 (71)	75 (76)	77 (86)	84 (89)	72 (78)
I keep it by the bed at night	43 (48)	69 (58)	58 (69)	74 (78)	59 (60)
I check it all the time for messages and alerts	31 (38)	58 (48)	45 (47)	59 (59)	47 (47)
I feel anxious if I don't check it for a while	13 (12)	34 (21)	14 (13)	28 (26)	23 (18)
None of these	9 (7)	7 (4)	3 (3)	1 (1)	6 (4)

**Q26.** Percentage of pupils responding 'true' to the following statements about mobile phones:



## Bullying and Harassment

**Q27.** How well does your school/college deal with bullying?



47% (55%) of pupils responded that their school/college deals with bullying 'quite' or 'very' well, while 9% (10%) of pupils responded that bullying is not a problem in their school/college.

**Q27.** Percentage answering that their school/college deals with bullying 'quite' or 'very' well.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	55	38	59	46
Girls	50	41	63	45

31% (22%) of pupils responded that their school/college deals with bullying 'not very well' or 'very badly'.

**Q27.** Percentage answering that their school/college deals with bullying 'not very well' or 'very badly'.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	21	35	17	25
Girls	32	39	20	27

56% (36%) of pupils responded that they have been bullied in the last 12 months; 17% (9%) said that they have been bullied 'a lot'.

**Q28.** Percentage answering that they have been bullied in the last 12 months.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	47	38	37	26
Girls	70	56	41	33

52% (56%) of pupils responded that they have found school/college lessons on bullying to be 'quite' or 'very' useful; 18% (14%) said they were 'not at all useful' and 9% (8%) couldn't remember any.

**Q19.** Percentage answering that they have found school/college lessons on bullying to be 'quite' or 'very' useful.

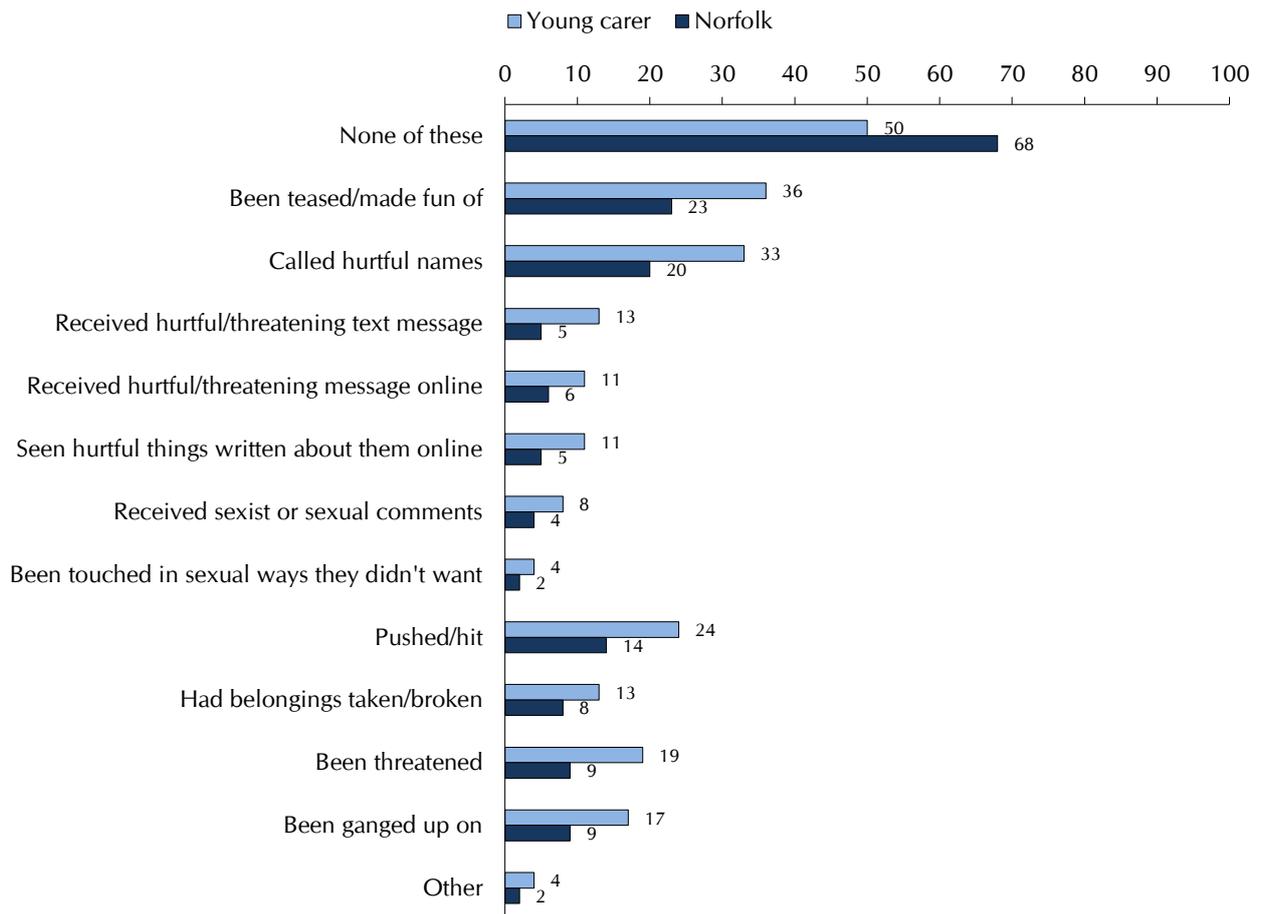
	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	53	41	60	45
Girls	62	47	67	48

24% (14%) of pupils responded that they have been bullied in the last 12 months and have been pushed/hit in the last month; 36% (23%) said they were teased/made fun of.

**Q29.** Percentage of pupils responding that they have been bullied in the last 12 months and experienced the following negative behaviours in the last month (top 5 – Norfolk data in brackets):

Boys				Girls			
1	Pushed/hit	26	(17)	1	Been teased/made fun of	45	(24)
2	Been teased/made fun of	25	(22)	2	Called hurtful names	43	(22)
3	Called hurtful names	20	(17)	3	Pushed/hit	22	(11)
4	Been threatened	16	(9)	4	Been threatened	20	(8)
5	Been ganged up on	15	(8)	5	Been ganged up on	18	(9)

**Q29** Percentage of pupils responding that they have been bullied in the last 12 months and experienced the following negative behaviours in the last month:

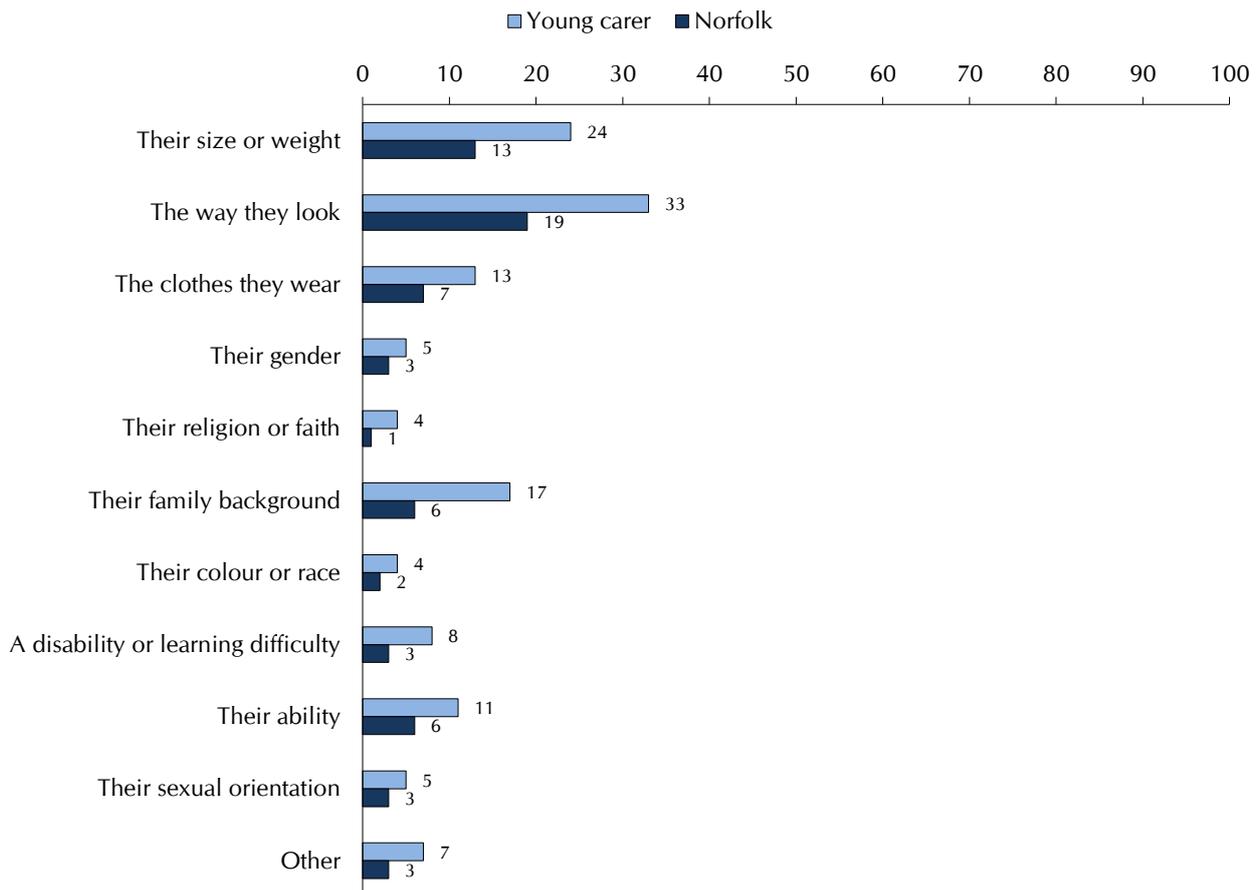


4% (2%) of pupils responded that they have been bullied in the last 12 months and think they have been picked on or bullied because of their colour or race, while 33% (19%) said that it was because of the way they look.

**Q30.** Percentage of pupils responding that they have been bullied in the last 12 months and think they have been picked on or bullied because of the following (top 5 – Norfolk data in brackets):

Boys			Girls		
1	The way they look	23 (15)	1	The way they look	40 (22)
2	Their size or weight	18 (11)	2	Their size or weight	29 (15)
3	Their family background	11 (4)	3	Their family background	22 (7)
4	Their ability	10 (6)	4	The clothes they wear	18 (8)
5	The clothes they wear	6 (5)	5	Their ability	12 (5)

**Q30.** Percentage of pupils responding that they have been bullied in the last 12 months and think they have been picked on or bullied because of the following:



26% (18%) of pupils responded that the bullying they experienced in the last 12 months usually happened in a playground or on the school/college field, while 10% (3%) experienced bullying at or near home.

**Q31.** Percentage of pupils responding that the bullying they experienced in the last 12 months usually happened at the following places (top 5 – Norfolk data in brackets):

Boys				Girls			
1	In a playground or on the school/college field	21	(19)	1	In a playground or on the school/college field	30	(17)
2	During lesson time	12	(9)	2	During lesson time	28	(13)
3	In a corridor	11	(10)	3	Through their mobile phone or computer	25	(11)
4	In a classroom (not in lesson time)	10	(6)	4	In a corridor	25	(11)
5	On the way to or from school/college	10	(5)	5	On the way to or from school/college	15	(7)

18% (14%) of pupils responded that they have done some of the things listed in Q31 to someone else in the month before the survey, while 22% (19%) said they 'don't know'.

**Q32** Percentage answering that they have done some of the things listed in Q31 to someone else in the month before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	18	16	15	16
Girls	19	16	13	12

8% (7%) of pupils described the things they have done to someone else as banter; 3% (1%) described it as bullying.

**Q33.** Percentage of pupils responding that when they think about the things they have done to someone else, they described them as the following (Norfolk data in brackets):

Boys				Girls			
1	Banter	10	(8)	1	Joke	9	(5)
2	Joke	10	(7)	2	Banter	7	(5)
3	Not sure	2	(3)	3	Not sure	4	(4)
4	Something else	2	(2)	4	Bullying	3	(1)
5	Bullying	2	(1)	5	Something else	2	(1)

19% (17%) of pupils responded that they have given their view on the school/college anti-bullying policy.

**Q34.** Percentage of pupils responding that they have done the following (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
Give their view on the school/college anti-bullying policy	15 (16)	21 (15)	19 (18)	20 (18)	19 (17)
Give their ideas about how to reduce bullying in school/college	17 (16)	19 (17)	15 (14)	17 (17)	17 (16)
Contributed to assemblies, drama or other activities during Anti-Bullying Week	13 (14)	15 (17)	7 (11)	14 (14)	13 (14)
Become a peer supporter/buddy/ befriender/mentor	20 (15)	23 (16)	16 (15)	20 (23)	20 (17)
None of these	55 (61)	54 (59)	62 (66)	57 (59)	55 (60)

# Alcohol, Smoking & Drugs

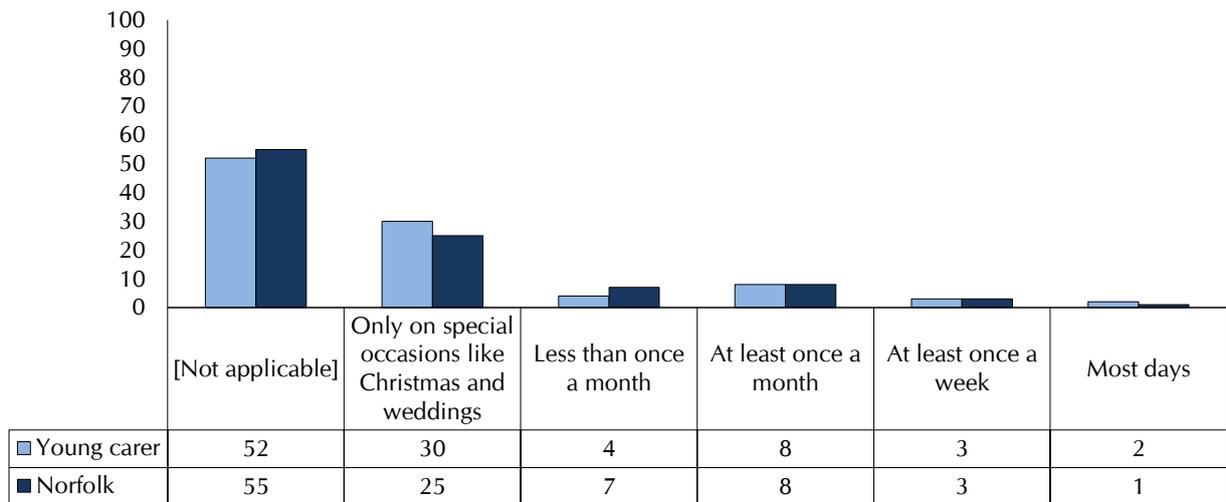
## Alcohol

47% (45%) of pupils responded that they have ever had an alcoholic drink (more than just a sip).

**Q35.** Percentage answering that they have ever had an alcoholic drink (more than just a sip).

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	33	66	32	70
Girls	39	72	26	74

**Q36.** If YES, how often do you drink?



14% (12%) of pupils responded that they drink alcohol at least once a month; 2% (1%) said they do so 'most days'.

**Q36.** Percentage answering that they drink alcohol at least once a month.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	5	21	5	23
Girls	10	28	3	26

14% (12%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.

**Q37.** Percentage answering that they had an alcoholic drink in the 7 days before the survey.

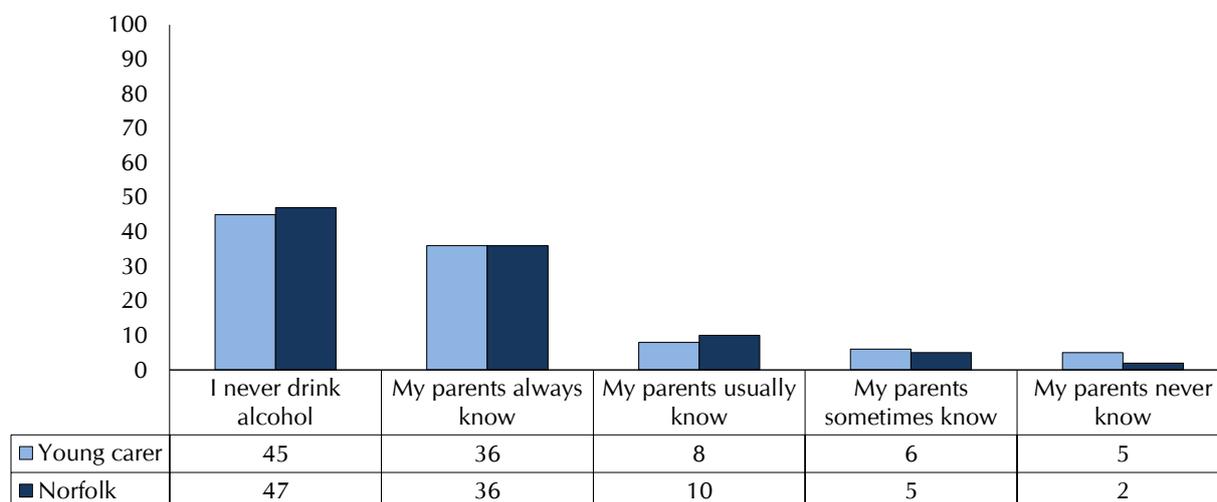
	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	8	21	6	24
Girls	9	23	4	25

5% (3%) of pupils responded that they have been drunk in the 7 days before the survey.

**Q38.** Percentage answering that they have been drunk in the 7 days before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	3	9	1	6
Girls	3	8	1	8

**Q39.** If you ever drink alcohol, do your parents/carers know?



45% (47%) of pupils responded that they do not drink alcohol.

Of the 282 (5085) pupils who drink alcohol, 65% (68%) said their parents 'always' know.

**Q39.** Percentage of pupils who drink alcohol answering that their parents 'always' know.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	72	64	80	59
Girls	78	52	77	59

11% (7%) of pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

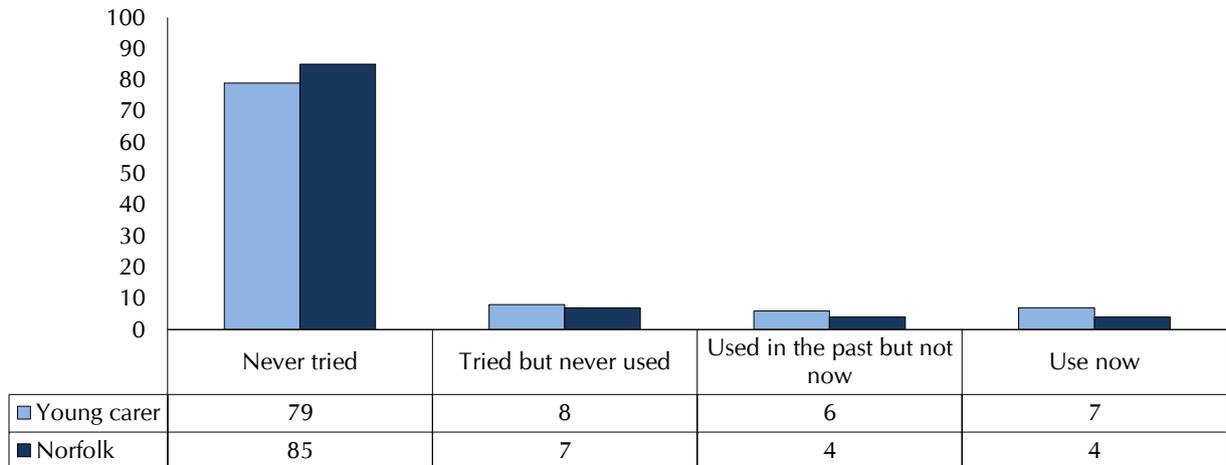
Of the 282 (5085) pupils who drink alcohol, 21% (14%) said their parents 'never' or only 'sometimes' know.

**Q39.** Percentage of pupils who drink alcohol answering that their parents 'never' or only 'sometimes' know.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	18	23	11	15
Girls	16	24	10	16

## Smoking

**Q41a.** Which statement describes you best for smoking tobacco cigarettes (from a packet or roll-up)?



14% (12%) of boys and 26% (17%) of girls responded that they have tried/used tobacco cigarettes in the past or use them now.

**Q41a.** Percentage answering that they have tried/used tobacco cigarettes in the past or use them now.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	10	23	6	23
Girls	14	43	5	35

5% (3%) of boys and 9% (5%) of girls responded that they use tobacco cigarettes now.

**Q41a.** Percentage answering that they use tobacco cigarettes now.

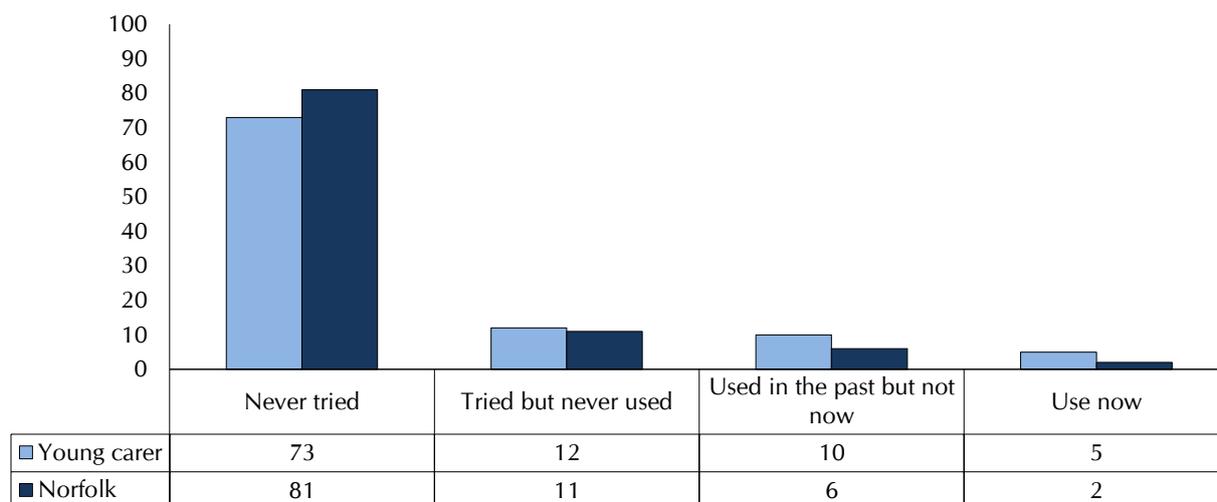
	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	2	11	1	6
Girls	4	16	1	10

8% (5%) of pupils responded that they smoked tobacco cigarettes in the 7 days before the survey.

**Q42.** Percentage answering that they smoked tobacco cigarettes in the 7 days before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	3	8	1	7
Girls	5	18	1	13

**Q41b.** Which statement describes you best for 'vaping' with e-cigarettes or shisha pens?



22% (19%) of boys and 31% (19%) of girls responded that they have tried/used e-cigarettes or shisha pens in the past or use them now.

**Q41b.** Percentage answering that they have tried/used e-cigarettes or shisha pens in the past or use them now.

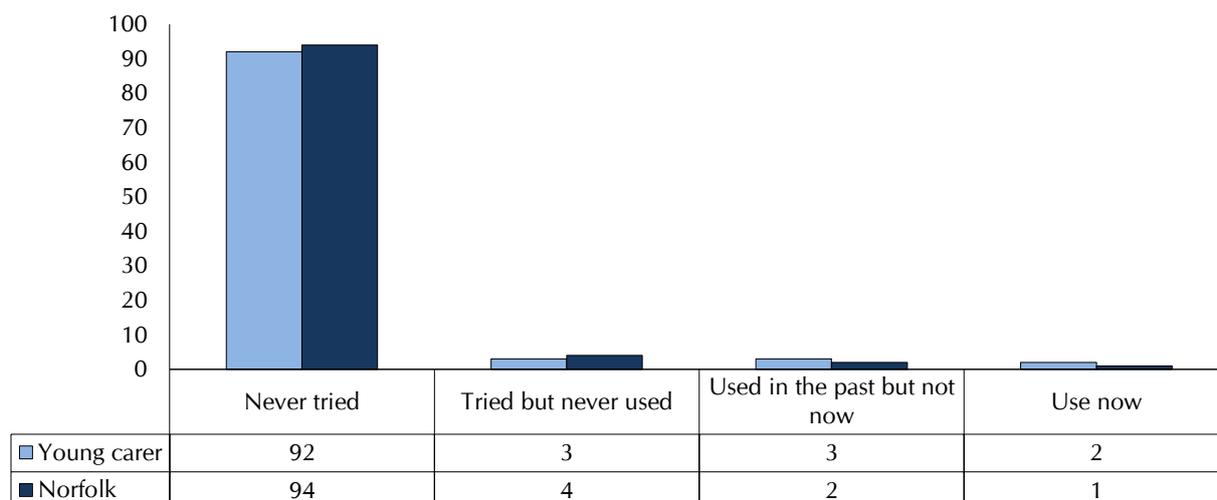
	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	17	32	13	32
Girls	21	45	8	36

5% (2%) of boys and 5% (1%) of girls responded that they use e-cigarettes or shisha pens now.

**Q41b.** Percentage answering that they use e-cigarettes or shisha pens now.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	3	9	1	4
Girls	5	7	1	3

**Q41c.** Which statement describes you best for smoking a shisha waterpipe (hookah)?



8% (6%) of boys and 8% (7%) of girls responded that they have tried/used a shisha waterpipe in the past or use one now.

**Q41c.** Percentage answering that they have tried/used a shisha waterpipe in the past or use one now.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	6	11	3	12
Girls	7	11	2	14

3% (1%) of boys and 2% (0%) of girls responded that they smoke a shisha waterpipe now.

**Q41c.** Percentage answering that they smoke a shisha waterpipe now.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	2	5	0	2
Girls	2	1	0	1

## Passive smoking

47% (31%) of pupils responded that their parents/carers smoke cigarettes.

**Q40a.** Percentage answering that their parents/carers smoke cigarettes.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	42	41	31	30
Girls	53	49	31	31

16% (8%) of pupils responded that someone smokes indoors at home in rooms that they use.

**Q40b.** Percentage answering that someone smokes indoors at home in rooms that they use.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	13	17	7	9
Girls	18	20	8	11

14% (9%) of pupils responded that someone smokes in a car when they are in it too.

**Q40c.** Percentage answering that someone smokes in a car when they are in it too.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	8	14	6	10
Girls	16	19	7	13

## Drugs

7% (6%) of pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).

**Q44.** Percentage answering that they have taken drugs to get high (not medicines, tobacco or alcohol).

	Young carer		Norfolk	
	KS3	KS4 +	KS3	KS4 +
Boys	3	11	2	11
Girls	3	16	1	15

7% (5%) of pupils responded that they have ever taken cannabis.

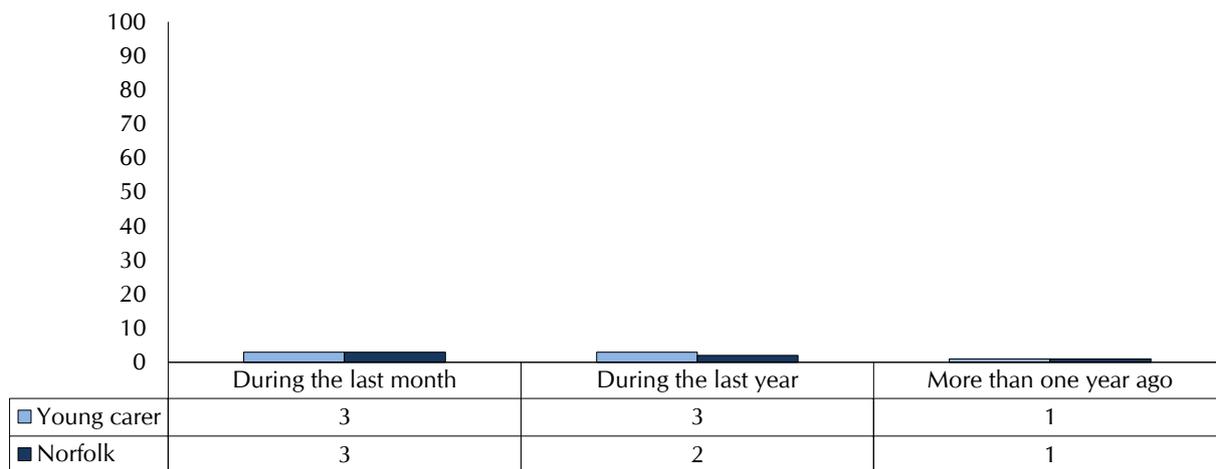
**Q46.** Summary of some common recreational drugs (Norfolk data in brackets):

KS3	Taken during the last month	Taken during the last year	Ever taken
Amphetamines	1 ( 0)	1 ( 0)	1 ( 0)
Cannabis	2 ( 1)	3 ( 1)	3 ( 1)
Ecstasy	1 ( 0)	1 ( 0)	1 ( 0)
Cocaine	1 ( 0)	1 ( 0)	1 ( 0)
Synthetic hallucinogens	1 ( 0)	1 ( 0)	1 ( 0)
Poppers	1 ( 0)	1 ( 0)	1 ( 0)
New Psychoactive Substances	1 ( 0)	1 ( 0)	1 ( 0)

KS4+	Taken during the last month	Taken during the last year	Ever taken
Amphetamines	2 ( 1)	3 ( 1)	3 ( 2)
Cannabis	4 ( 6)	11 (11)	13 (13)
Ecstasy	1 ( 1)	2 ( 3)	2 ( 3)
Cocaine	1 ( 1)	2 ( 1)	2 ( 2)
Synthetic hallucinogens	1 ( 0)	2 ( 1)	2 ( 1)
Poppers	1 ( 0)	2 ( 1)	2 ( 1)
New Psychoactive Substances	1 ( 0)	1 ( 1)	1 ( 1)

**Q46.** Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed:



3% (3%) of pupils responded that they have taken at least one of the drugs listed during the last month.

**Q46.** Percentage answering that they have taken one of the drugs listed during the last month.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	2	3	1	6
Girls	1	8	1	8

6% (5%) of pupils responded that they have taken at least one of the drugs listed during the last year.

**Q46.** Percentage answering that they have taken one of the drugs listed during the last year.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	3	8	1	9
Girls	2	15	1	13

51% (53%) of pupils responded that they have found school/college lessons on drugs, including alcohol and tobacco, to be 'quite' or 'very' useful; 15% (13%) said they were 'not at all useful' and 17% (14%) couldn't remember any.

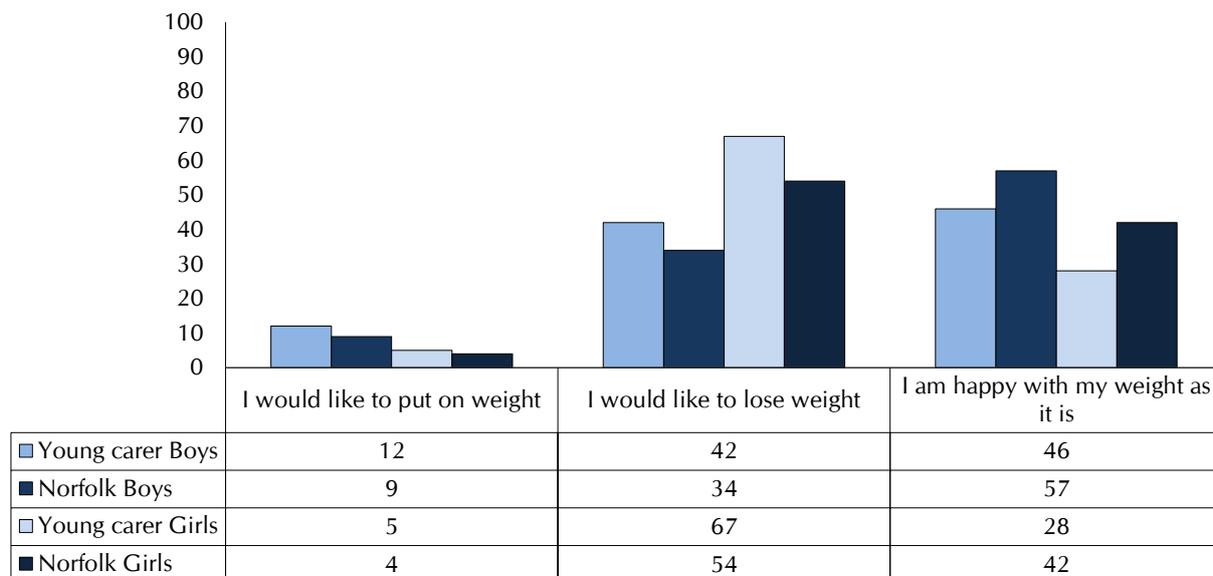
**Q19.** Percentage answering that they have found school/college lessons on drugs, including alcohol and tobacco, to be 'quite' or 'very' useful.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	51	41	55	48
Girls	59	49	58	48

# Healthy Weight

## Weight and appearance

**Q47.** Weight: Which statement describes you best?



9% (7%) of pupils responded that they would like to put on weight.

**Q47.** Percentage answering that they would like to put on weight.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	10	18	7	13
Girls	3	8	4	6

55% (44%) of pupils responded that they would like to lose weight.

**Q47.** Percentage answering that they would like to lose weight.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	45	35	35	33
Girls	61	75	48	63

36% (49%) of pupils responded that they are happy with their weight as it is.

**Q47.** Percentage answering that they are happy with their weight as it is.

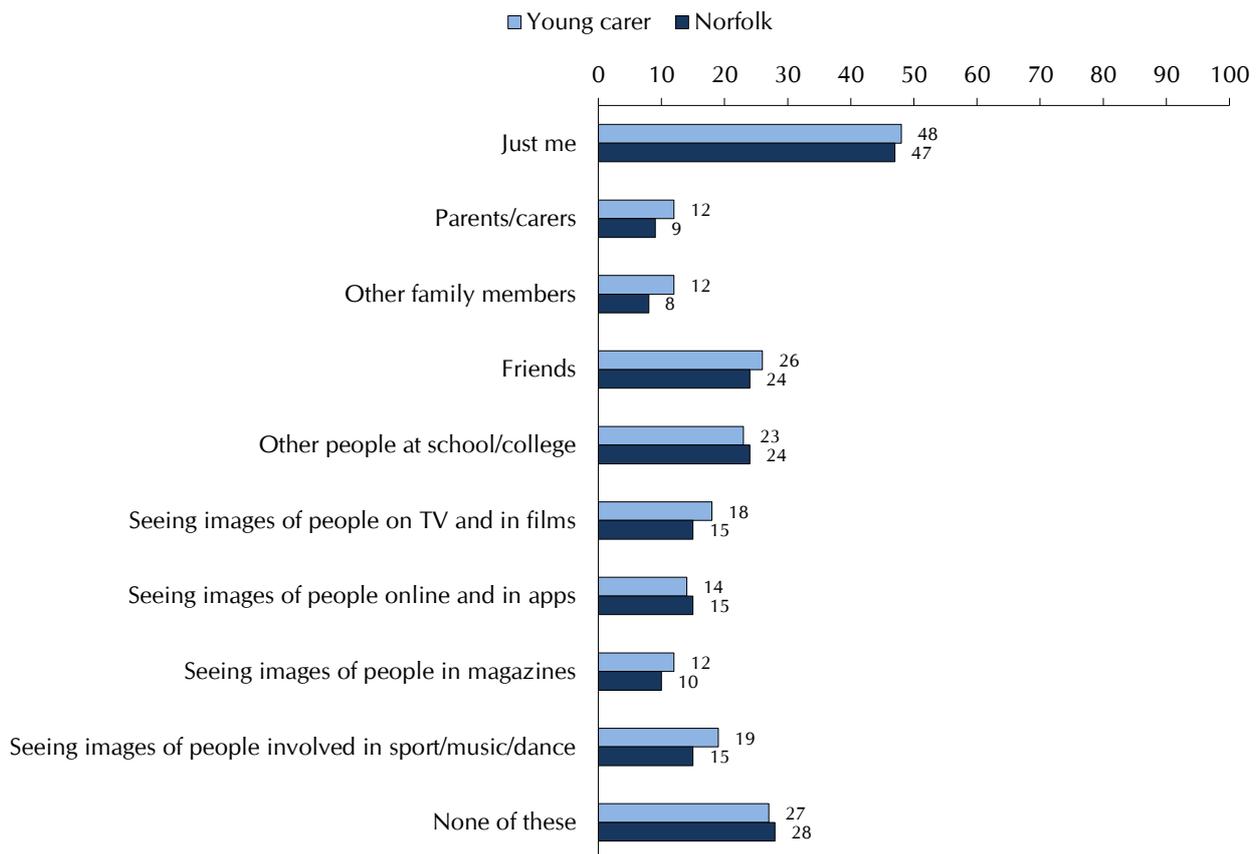
	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	45	47	58	54
Girls	36	17	48	32

48% (47%) of pupils responded that they are the main thing that affects the way they feel about their appearance, while 23% (24%) said that other people at school/college affect them.

**Q48.** Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance (top 5 – Norfolk data in brackets):

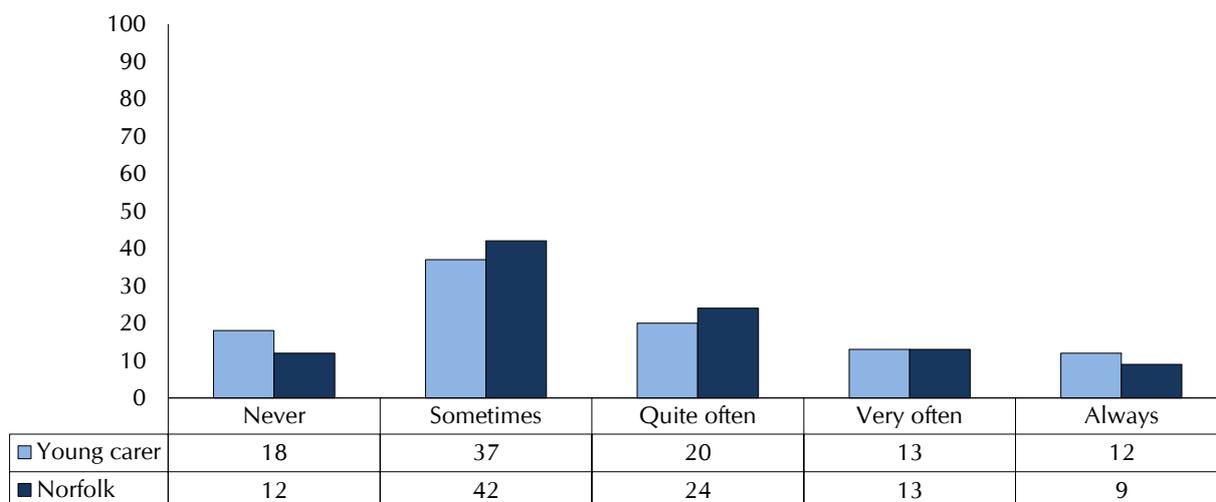
Boys				Girls			
1	Just me	37	(43)	1	Just me	55	(52)
2	Friends	21	(22)	2	Friends	31	(26)
3	Other people at school/college	19	(16)	3	Other people at school/college	28	(31)
4	Seeing images of people involved in sport/music/dance	15	(10)	4	Seeing images of people on TV and in films	24	(23)
5	Parents/carers	12	(10)	5	Seeing images of people online and in apps	23	(24)

**Q48.** Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance:



## Healthy choices

**Q49.** When choosing what to eat, do you consider your health?



55% (54%) of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.

**Q49.** Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	56	61	51	64
Girls	50	58	50	57

25% (22%) of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.

**Q49.** Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	23	23	24	17
Girls	31	19	25	20

52% (54%) of pupils responded that they have found school/college lessons on healthy eating to be 'quite' or 'very' useful; 15% (11%) said they were 'not at all useful' and 11% (9%) couldn't remember any.

**Q19.** Percentage answering that they have found school/college lessons on healthy eating to be 'quite' or 'very' useful.

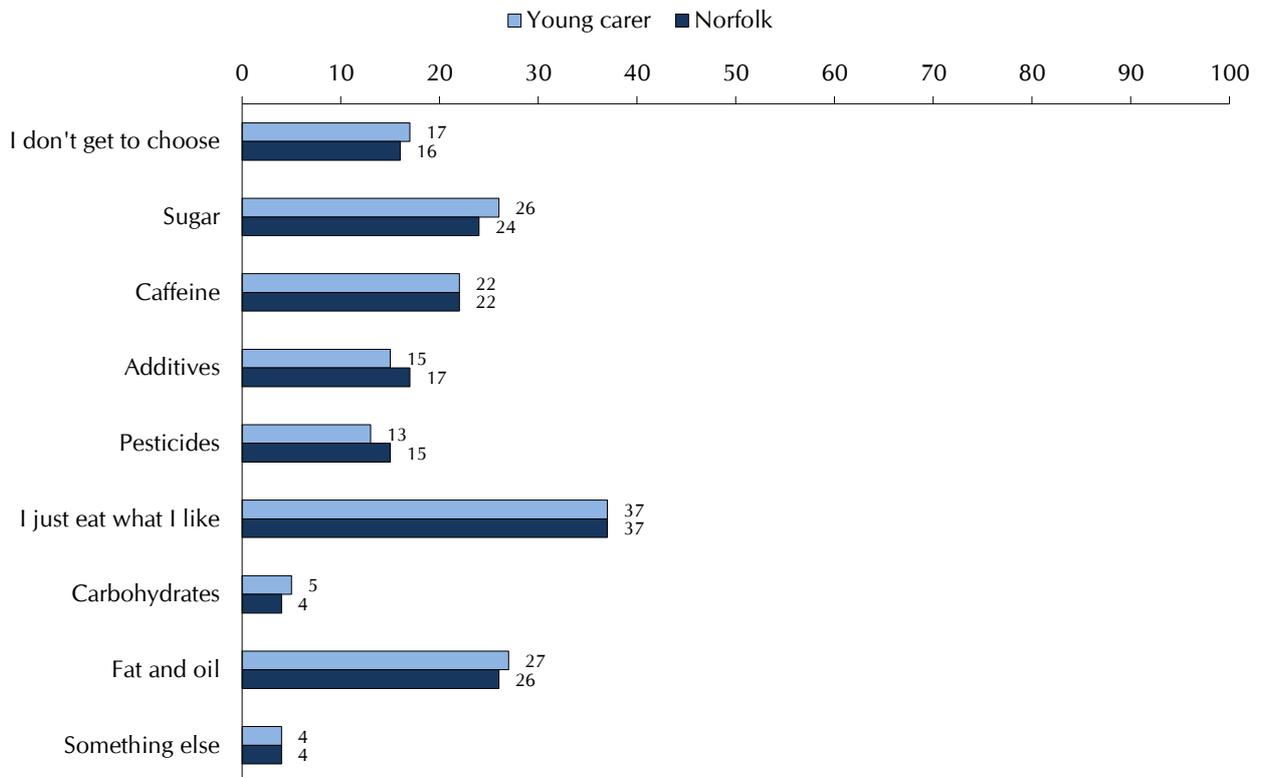
	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	60	38	65	40
Girls	70	33	64	36

26% (24%) of pupils responded that when they are choosing food and drink they try to avoid sugar.

**Q54.** Percentage of pupils responding that when they are choosing food they try to avoid the following (top 5 - Norfolk data in brackets):

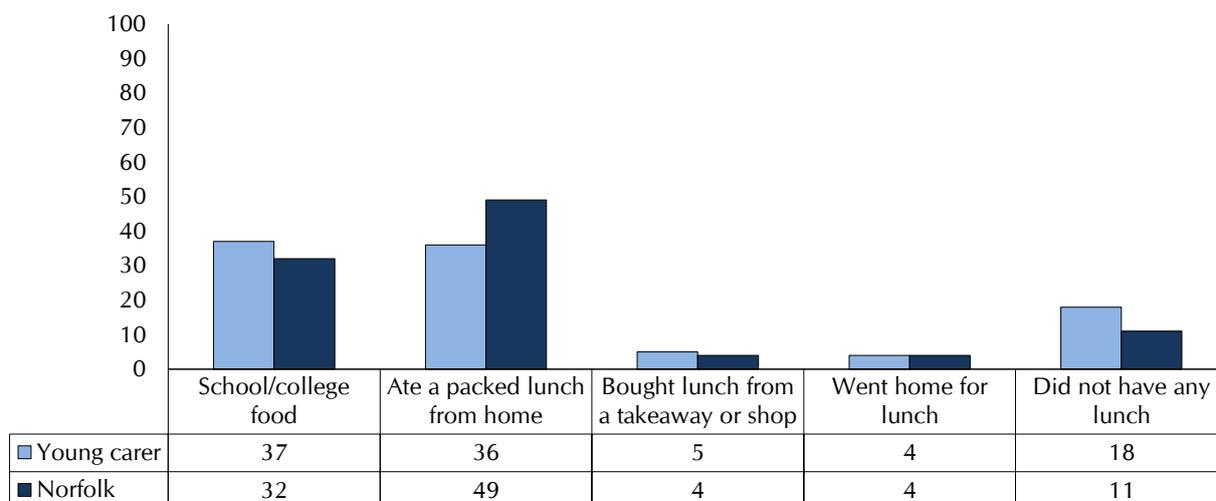
Boys				Girls			
1	I just eat what I like	37	(37)	1	I just eat what I like	37	(37)
2	Fat and oil	21	(25)	2	Fat and oil	30	(28)
3	Sugar	21	(23)	3	Sugar	29	(26)
4	Caffeine	18	(21)	4	Caffeine	25	(23)
5	I don't get to choose	17	(16)	5	I don't get to choose	18	(15)

**Q54.** Percentage of pupils responding that when they are choosing food they try to avoid the following:



## Lunch

**Q50.** What did you do for lunch yesterday?



9% (8%) of boys and 24% (14%) of girls responded that they did not have any lunch on the day before the survey.

**Q50** Percentage answering that they did not have any lunch on the day before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	5	18	6	11
Girls	23	26	11	19

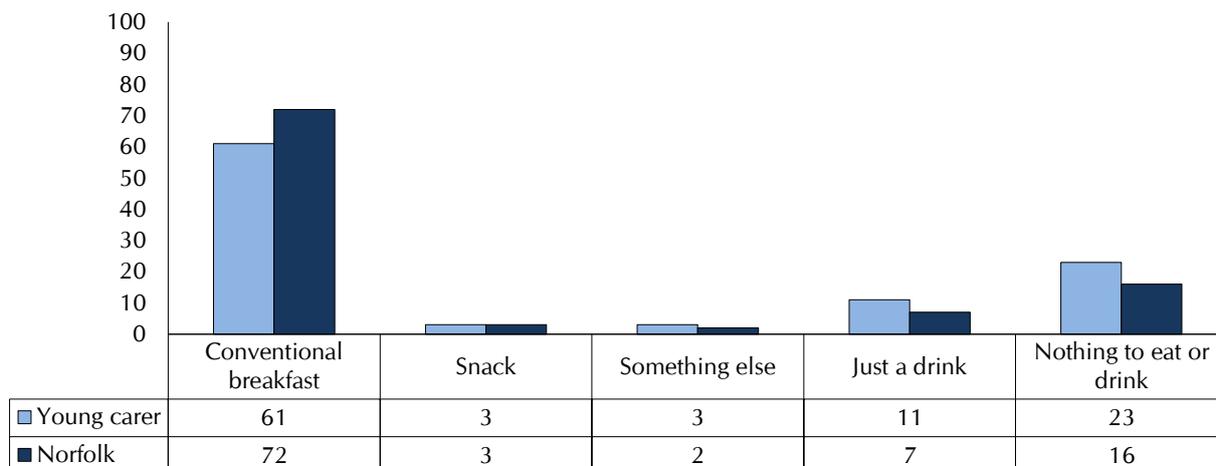
37% (32%) of pupils responded that they had school/college food for lunch on the day before the survey while 5% (4%) bought lunch from a takeaway or shop.

**Q50** Percentage answering that they had school/college food for lunch on the day before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	45	38	34	31
Girls	30	35	32	26

## Breakfast

**Q51.** Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; toast, bread or bagels; cooked breakfast; fruit; yoghurt or a breakfast bar. 'Snack' means: chocolate bar or sweets; biscuits or cakes or crisp-type snack but not conventional breakfast.

23% (16%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 11% (7%) only had a drink and 9% (8%) had a cooked breakfast.

**Q51.** Percentage answering that they had nothing to eat or drink before lessons on the day of the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	14	24	11	17
Girls	21	36	15	24

20% (23%) of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 15% (15%) had fruit.

**Q51.** Percentage of pupils responding that they had the following to eat or drink before lessons on the day of the survey (top 5 – Norfolk data in brackets):

Boys				Girls			
1	Other cereals	24	(29)	1	Other drink (not an energy drink)	28	(31)
2	Toast, bread or bagels	23	(23)	2	Other cereals	17	(23)
3	Other drink (not an energy drink)	21	(28)	3	Toast, bread or bagels	16	(22)
4	Fruit	19	(15)	4	Fruit	13	(15)
5	Cooked breakfast	11	(10)	5	Energy drink (e.g. Relentless, Monster etc.)	8	(3)

## Food & drink

50% (55%) of pupils responded that they eat fresh fruit 'on most days', while 26% (25%) said the same of sweets, chocolate, choc bars.

**Q52.** Percentage of pupils responding that they eat the following 'on most days' (top 10 – Norfolk data in brackets):

Boys				Girls			
1	Water (tap water or bottled water)	75	(81)	1	Water (tap water or bottled water)	80	(83)
2	Milk	62	(62)	2	Milk	51	(47)
3	Fresh fruit	49	(53)	3	Fresh fruit	50	(57)
4	Vegetables	45	(56)	4	Vegetables	49	(62)
5	Crisps	29	(32)	5	Crisps	32	(30)
6	Sweets, chocolate, choc bars	24	(25)	6	Salads	30	(26)
7	Salads	23	(22)	7	Sweets, chocolate, choc bars	27	(25)
8	Sugary fizzy drinks	18	(12)	8	'Diet' (low calorie) drinks (e.g. Coke zero)	16	(9)
9	'Diet' (low calorie) drinks (e.g. Coke zero)	14	(11)	9	Sugary fizzy drinks	15	(9)
10	Energy drinks (e.g. Relentless, Monster etc.)	11	(6)	10	Energy drinks (e.g. Relentless, Monster etc.)	12	(4)

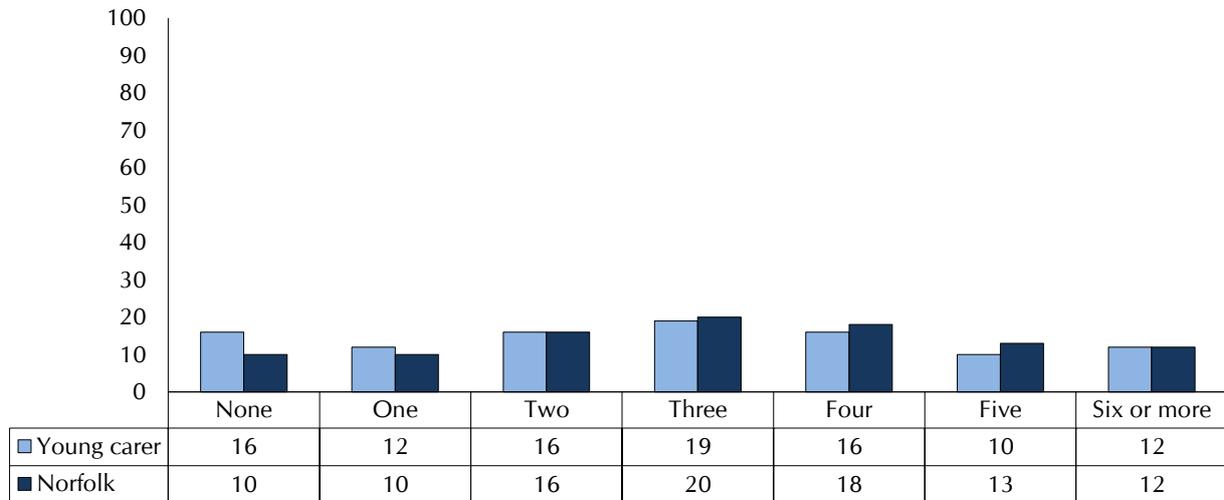
12% (6%) of pupils responded that they 'rarely or never' eat vegetables, while 53% (50%) said the same of fish/fish fingers.

**Q52.** Percentage of pupils responding that they eat the following 'rarely or never' (top 10 – Norfolk data in brackets):

Boys				Girls			
1	Energy drinks (e.g. Relentless, Monster etc.)	52	(60)	1	Energy drinks (e.g. Relentless, Monster etc.)	55	(72)
2	Any fish/fish fingers	51	(47)	2	Any fish/fish fingers	55	(53)
3	'Diet' (low calorie) drinks (e.g. Coke zero)	37	(38)	3	Takeaway food	36	(43)
4	Takeaway food	36	(40)	4	'Diet' (low calorie) drinks (e.g. Coke zero)	36	(43)
5	Salads	31	(27)	5	Sugary fizzy drinks	27	(37)
6	Sugary fizzy drinks	26	(26)	6	Milk	21	(19)
7	Crisps	16	(11)	7	Salads	21	(19)
8	Vegetables	13	(7)	8	Crisps	13	(11)
9	Milk	12	(11)	9	Sweets, chocolate, choc bars	10	(7)
10	Fresh fruit	12	(8)	10	Vegetables	10	(5)

## 5-a-day

**Q53.** How many portions of fruit and vegetables did you eat yesterday?



16% (10%) of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.

**Q53.** Percentage answering that they didn't have any portions of fruit or vegetables on the day before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	16	11	11	12
Girls	14	19	7	11

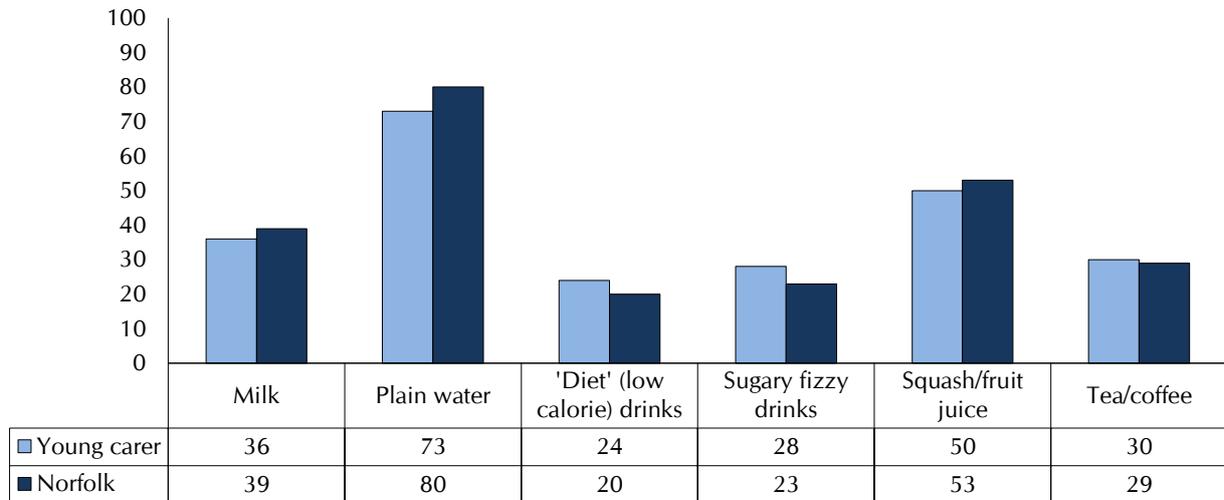
22% (25%) of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

**Q53.** Percentage answering that they had at least 5 portions of fruit and vegetables on the day before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	25	22	26	23
Girls	28	10	29	20

## Water

**Q55.** [Which of the following] did you have to drink yesterday?



36% (39%) of pupils responded that they drank milk on the day before the survey; while 50% (53%) said that they drank squash/fruit juice.

**Q55.** Percentage answering that they drank milk on the day before the survey.

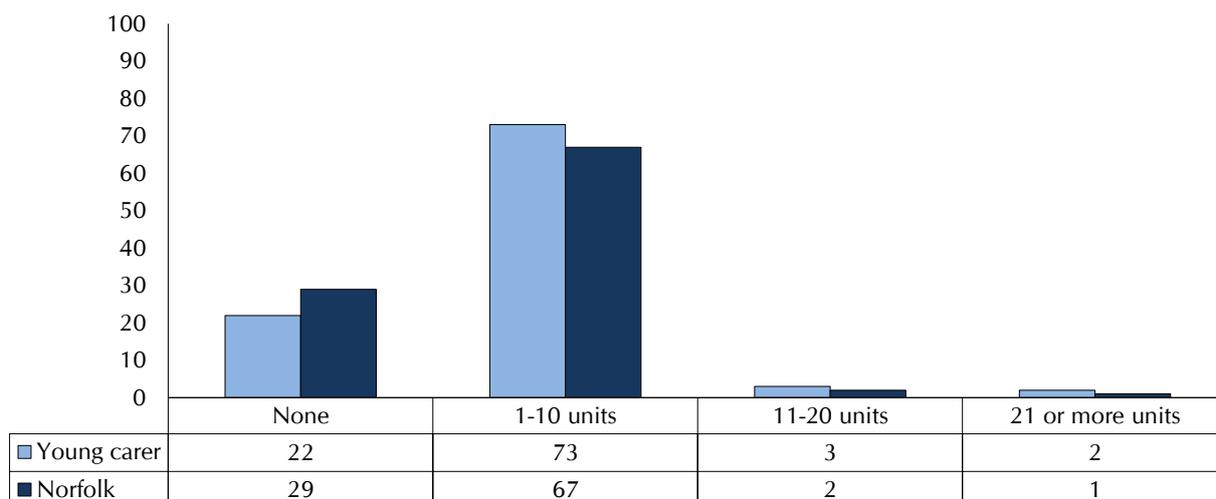
	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	43	43	47	47
Girls	29	33	34	30

73% (80%) of pupils responded that they drank plain water on the day before the survey; while 30% (29%) said they drank tea/coffee.

**Q55.** Percentage answering that they drank plain water on the day before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	71	70	79	77
Girls	76	78	83	80

**Q56.** How many glasses/cans of sugary drinks have you had in the last 7 days (e.g. Coke, energy drinks)?

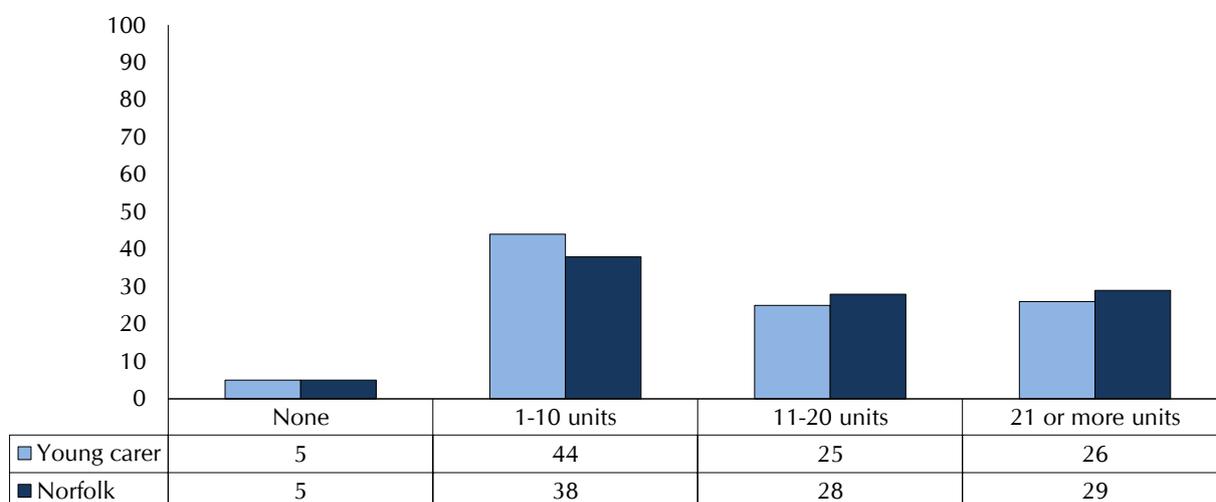


73% (67%) of pupils responded that they have had between 1 and 10 units of sugary drinks in the 7 days before the survey.

**Q56.** Percentage answering that they have had between 1 and 10 units of sugary drinks in the 7 days before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	73	64	70	68
Girls	77	75	66	64

**Q57.** How much water did you drink in the last 7 days (not including squash or flavoured water)?



26% (29%) of pupils responded that they drank 21 or more units of water in the 7 days before the survey.

**Q57.** Percentage answering that they drank 21 or more units of water in the 7 days before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	27	25	29	29
Girls	28	22	28	29

## Breastfeeding

49% (47%) of pupils agreed that breastfeeding is best for mother and baby.

**Q58.** Percentage of pupils responding that they 'agree' with the following statements (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
"Breastfeeding is best for mother and baby"	44 (40)	46 (46)	46 (46)	58 (59)	49 (47)
"Bottle-feeding is good enough for most babies"	36 (32)	44 (31)	33 (29)	35 (36)	38 (32)
"I want my babies to be breastfed"	26 (26)	29 (29)	25 (32)	35 (44)	30 (31)
"Bottle-feeding is easier than breastfeeding"	33 (32)	46 (34)	30 (29)	38 (35)	38 (33)
"Breastfeeding is good to start with but I would expect it to stop soon"	40 (32)	44 (35)	31 (28)	33 (34)	40 (32)

8% (5%) of pupils disagreed that breastfeeding is best for mother and baby.

**Q58.** Percentage of pupils responding that they 'disagree' with the following statements (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
"Breastfeeding is best for mother and baby"	13 ( 7)	8 ( 5)	8 ( 3)	4 ( 4)	8 ( 5)
"Bottle-feeding is good enough for most babies"	13 ( 9)	10 (10)	10 ( 9)	10 (10)	11 (10)
"I want my babies to be breastfed"	16 (10)	21 (12)	13 ( 5)	12 (10)	16 (10)
"Bottle-feeding is easier than breastfeeding"	15 (10)	11 ( 9)	8 ( 6)	11 ( 9)	12 ( 9)
"Breastfeeding is good to start with but I would expect it to stop soon"	16 ( 8)	13 ( 9)	10 ( 7)	10 ( 9)	13 ( 9)

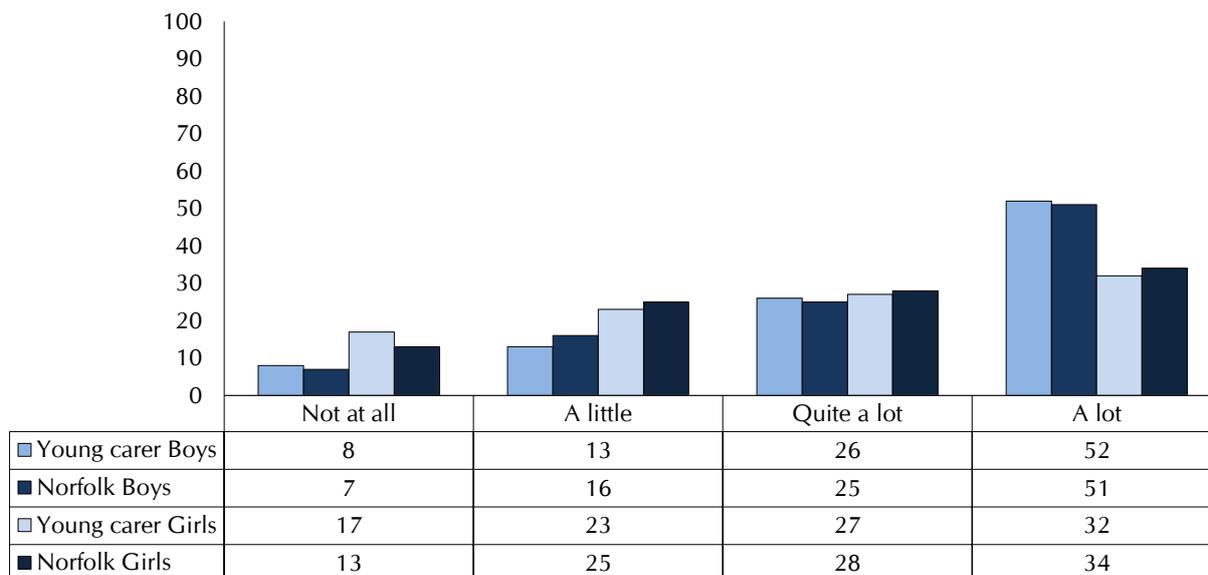
43% (48%) of pupils were 'not sure' that breastfeeding is best for mother and baby.

**Q58.** Percentage of pupils responding that they are 'not sure' about the following statements (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
"Breastfeeding is best for mother and baby"	43 (53)	46 (49)	46 (51)	38 (37)	43 (48)
"Bottle-feeding is good enough for most babies"	51 (58)	46 (59)	57 (62)	55 (55)	51 (58)
"I want my babies to be breastfed"	58 (64)	51 (58)	62 (64)	53 (47)	54 (59)
"Bottle-feeding is easier than breastfeeding"	52 (59)	43 (57)	62 (64)	51 (56)	50 (58)
"Breastfeeding is good to start with but I would expect it to stop soon"	44 (60)	43 (56)	59 (65)	57 (58)	48 (59)

## Physical Activity

**Q59a.** How much do you enjoy PE and Games in school/college?



13% (10%) of pupils responded that they don't enjoy PE and Games in school/college at all.

**Q59a.** Percentage answering that they don't enjoy PE and Games in school/college at all.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	5	17	4	11
Girls	8	31	6	24

67% (69%) of pupils responded that they enjoy PE and Games in school 'quite a lot' or 'a lot'.

**Q59a.** Percentage answering that they enjoy PE and Games in school 'quite a lot' or 'a lot'.

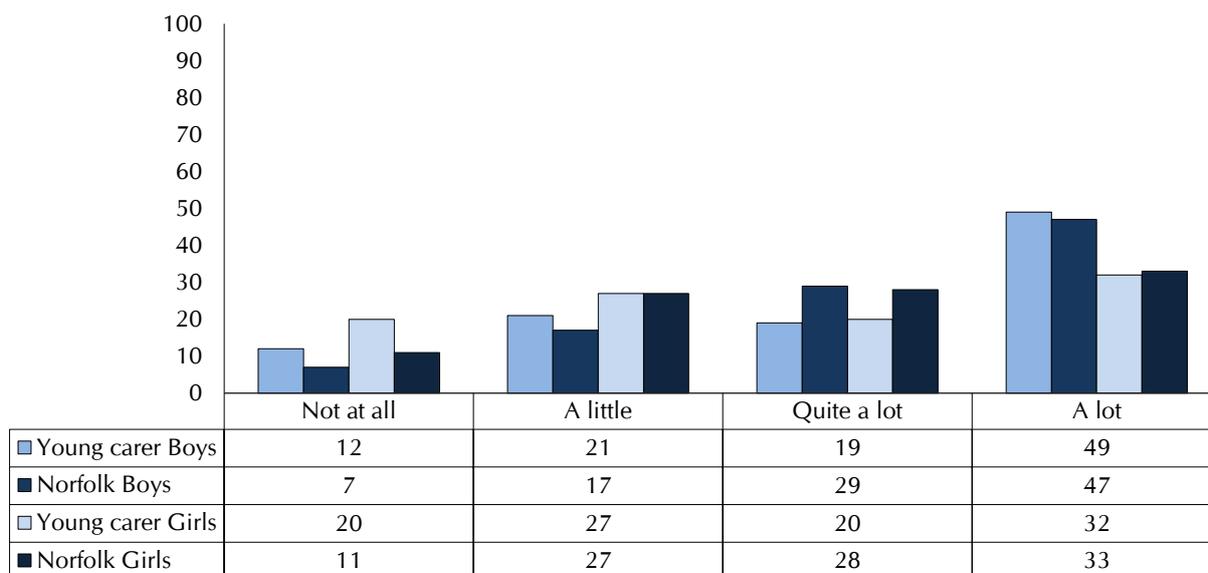
	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	81	72	82	68
Girls	71	43	73	46

62% (66%) of pupils responded that they have found school/college lessons on physical activity to be 'quite' or 'very' useful; 9% (7%) said they were 'not at all useful' and 9% (7%) couldn't remember any.

**Q19.** Percentage answering that they have found school/college lessons on physical activity to be 'quite' or 'very' useful.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	68	61	77	59
Girls	70	50	72	49

**Q59b.** How much do you enjoy other physical activity?



16% (9%) of pupils responded that they don't enjoy other physical activity (not PE/Games in school/college) at all.

**Q59b.** Percentage answering that they don't enjoy other physical activity at all.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	10	15	6	9
Girls	19	22	8	17

60% (68%) of pupils responded that they enjoy other physical activity (not PE/Games in school/college) 'quite a lot' or 'a lot'.

**Q59b.** Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	72	58	78	70
Girls	58	44	67	54

36% (40%) of pupils responded that they spent time doing physical activity after school/college on the day before the survey.

**Q95.** Percentage answering that they spent time doing physical activity after school/college on the day before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	37	43	48	45
Girls	41	23	39	29

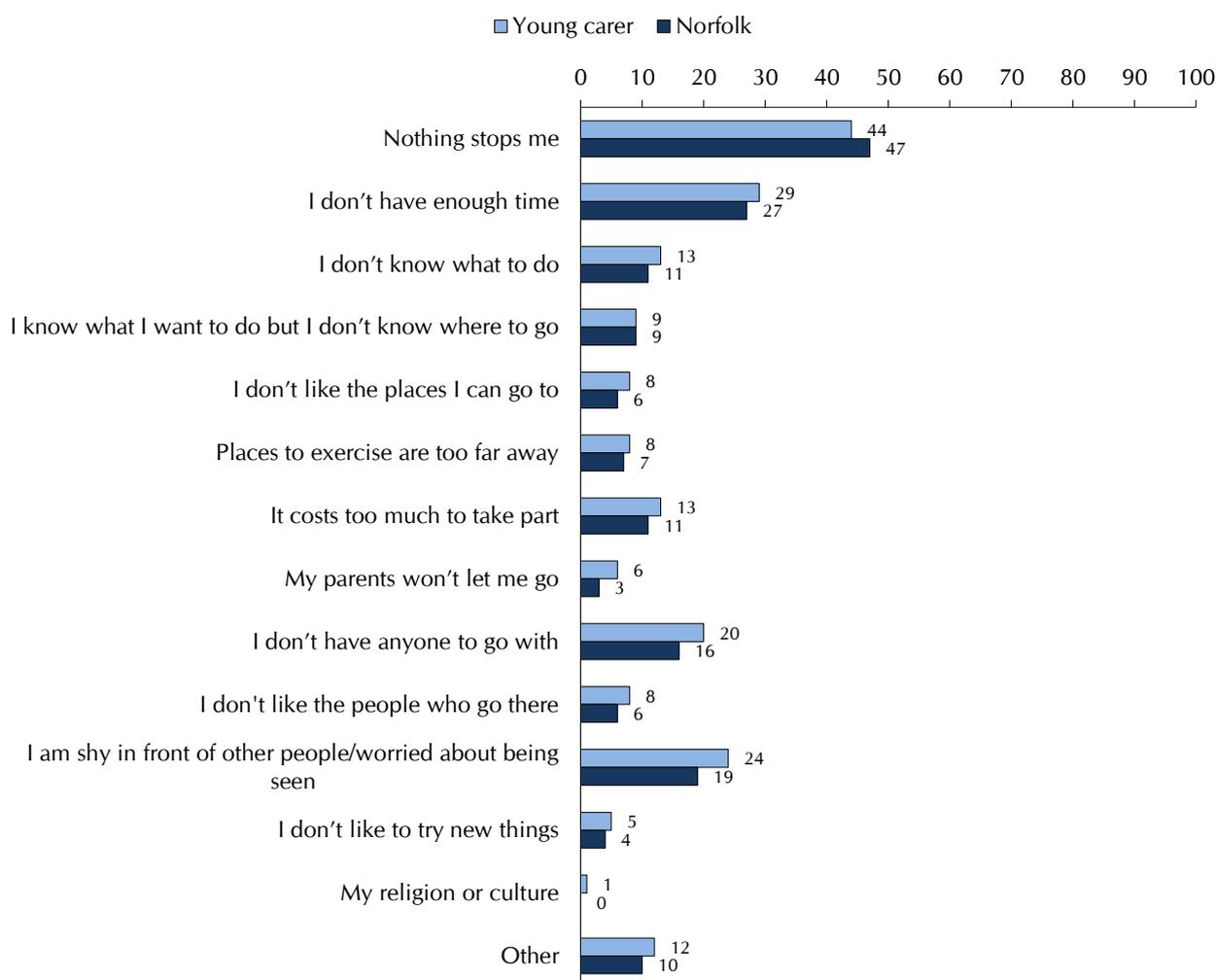
29% (27%) of pupils responded that they don't have enough time to do activities as much as they would like, while 13% (11%) said it costs too much to take part.

**Q60.** Percentage of pupils responding that the following stops them doing activities as much as they would like (top 10 – Norfolk data in brackets):

Boys				Girls			
1	I don't have enough time	20	(21)	1	I don't have enough time	37	(32)
2	I am shy in front of other people/worried about being seen	14	(11)	2	I am shy in front of other people/worried about being seen	31	(27)
3	I don't have anyone to go with	12	(10)	3	I don't have anyone to go with	25	(21)
4	I don't know what to do	11	(9)	4	I don't know what to do	15	(14)
5	It costs too much to take part	10	(6)	5	Other	15	(10)
6	Other	9	(9)	6	It costs too much to take part	14	(15)
7	I know what I want to do but I don't know where to go	8	(6)	7	I know what I want to do but I don't know where to go	10	(11)
8	My parents won't let me go	7	(3)	8	I don't like the places I can go to	10	(7)
9	Places to exercise are too far away	6	(6)	9	I don't like the people who go there	10	(6)
10	I don't like the people who go there	5	(4)	10	Places to exercise are too far away	8	(8)

44% (47%) of pupils responded that nothing stops them doing activities as much as they would like, while 13% (11%) said they don't know what to do.

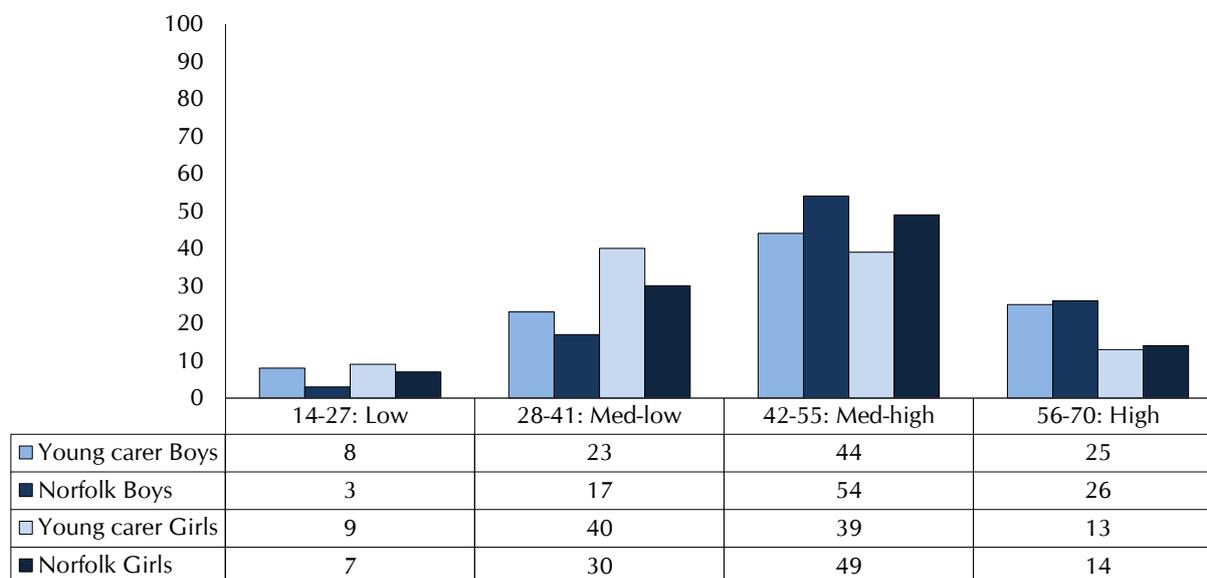
**Q60.** Percentage of pupils responding that the following stops them doing activities as much as they would like:



## Emotional Health & Wellbeing

### The Warwick-Edinburgh Mental Wellbeing Composite Score (WEMWBS)

**Q61.** The Warwick-Edinburgh Mental Wellbeing Composite Score (WEMWBS):



9% (5%) of pupils had a low score (14 – 27) on the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS).

**Q61.** Percentage of pupils with a low score (14 – 27) on the Warwick-Edinburgh Mental Wellbeing Scale:

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	8	7	3	4
Girls	9	9	5	9

19% (20%) of pupils had a high score (56 – 70) on the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS).

**Q61.** Percentage of pupils with a high score (56 – 70) on the Warwick-Edinburgh Mental Wellbeing Scale:

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	31	12	28	22
Girls	18	6	18	10

54% (64%) of pupils responded that they have been feeling loved 'often' or 'all of the time' over the last two weeks, while 39% (31%) said they have been feeling optimistic about the future 'rarely' or 'none of the time'.

**Q61.** The Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS): Percentage of pupils responding to the following statements about the last two weeks (Norfolk data in brackets):

Boys	None of the time	Rarely	Some of the time	Often	All of the time
I've been feeling optimistic about the future	22 (13)	20 (17)	27 (31)	17 (27)	14 (12)
I've been feeling useful	13 (7)	17 (13)	30 (36)	28 (31)	12 (12)
I've been feeling relaxed	11 (5)	14 (11)	27 (28)	29 (37)	18 (18)
I've been feeling interested in other people	21 (12)	17 (18)	25 (32)	21 (24)	15 (12)
I've had energy to spare	15 (6)	18 (15)	23 (31)	22 (28)	21 (18)
I've been dealing with problems well	17 (9)	12 (13)	30 (29)	24 (31)	17 (18)
I've been thinking clearly	13 (6)	13 (10)	26 (28)	28 (34)	20 (22)
I've been feeling good about myself	12 (5)	14 (11)	23 (27)	29 (35)	22 (22)
I've been feeling close to other people	11 (7)	16 (12)	24 (29)	30 (32)	18 (19)
I've been feeling confident	11 (6)	11 (10)	23 (27)	33 (34)	21 (23)
I've been able to make up my own mind about things	8 (3)	5 (5)	20 (22)	35 (37)	31 (32)
I've been feeling loved	10 (6)	11 (8)	19 (21)	28 (27)	32 (37)
I've been interested in new things	11 (5)	10 (9)	29 (29)	24 (32)	26 (24)
I've been feeling cheerful	11 (5)	11 (9)	25 (27)	24 (33)	27 (24)
<b>Girls</b>	<b>None of the time</b>	<b>Rarely</b>	<b>Some of the time</b>	<b>Often</b>	<b>All of the time</b>
I've been feeling optimistic about the future	12 (11)	24 (21)	34 (36)	20 (25)	9 (8)
I've been feeling useful	10 (8)	22 (20)	38 (39)	19 (26)	10 (7)
I've been feeling relaxed	13 (8)	26 (23)	33 (35)	17 (26)	11 (8)
I've been feeling interested in other people	13 (13)	21 (20)	36 (34)	19 (24)	10 (8)
I've had energy to spare	16 (11)	25 (24)	28 (34)	21 (21)	9 (9)
I've been dealing with problems well	12 (12)	21 (19)	37 (32)	20 (27)	9 (11)
I've been thinking clearly	11 (8)	26 (18)	32 (33)	21 (28)	10 (13)
I've been feeling good about myself	17 (11)	30 (22)	28 (33)	15 (24)	9 (10)
I've been feeling close to other people	9 (6)	18 (14)	33 (32)	23 (32)	15 (16)
I've been feeling confident	16 (11)	24 (21)	28 (32)	21 (24)	10 (12)
I've been able to make up my own mind about things	6 (5)	15 (11)	34 (29)	23 (32)	21 (22)
I've been feeling loved	10 (5)	14 (9)	26 (21)	21 (28)	29 (36)
I've been interested in new things	9 (7)	24 (17)	31 (34)	19 (27)	17 (15)
I've been feeling cheerful	12 (7)	18 (14)	35 (32)	16 (29)	17 (17)

## Positive relationships

80% (88%) of pupils responded that they 'usually' or 'always' get along well with their parents/carers, while 62% (67%) said they can 'usually' or 'always' really rely on their friends.

**Q62.** Percentage of pupils responding 'usually' or 'always' to the following statements about relationships (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
I get along well with my parents/carers	86 (91)	80 (89)	78 (88)	74 (82)	80 (88)
I find it hard to trust people	33 (24)	45 (29)	45 (31)	58 (44)	44 (31)
I feel my parents/carers are interested in what I say	68 (78)	64 (76)	63 (74)	60 (67)	64 (74)
I find it easy to make friends	63 (65)	42 (54)	47 (59)	28 (44)	46 (56)
I like to talk about my feelings	24 (23)	28 (25)	20 (23)	14 (24)	22 (24)
I can really rely on my parents/carers	78 (85)	72 (83)	68 (79)	60 (73)	71 (81)
I can really rely on my friends	63 (68)	61 (71)	53 (62)	62 (64)	62 (67)

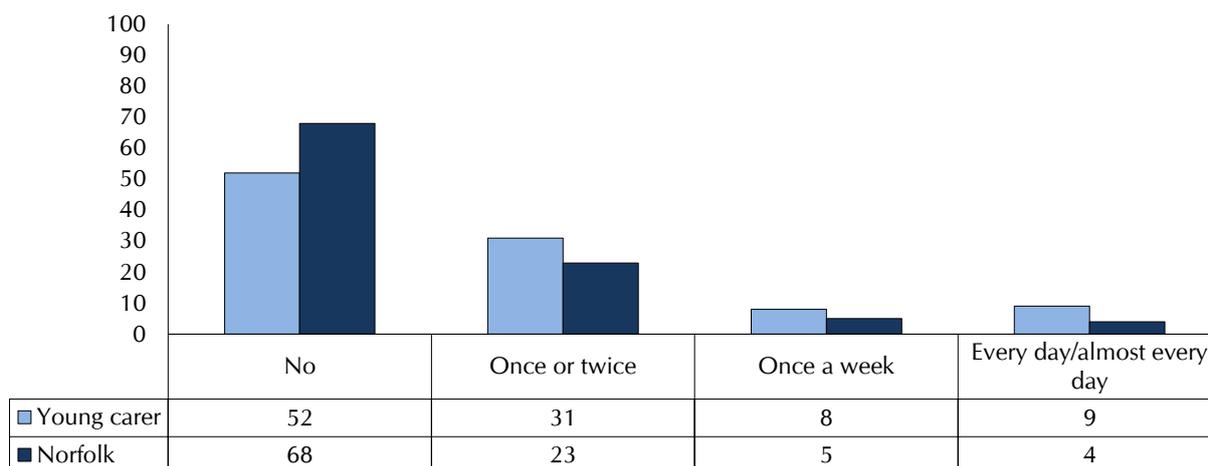
18% (12%) of pupils responded that they 'never' find it easy to make friends, while 10% (5%) said they 'never' feel that their parents/carers are interested in what they say.

**Q62.** Percentage of pupils responding 'never' to the following statements about relationships (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
I get along well with my parents/carers	4 ( 2)	5 ( 1)	5 ( 2)	2 ( 2)	4 ( 2)
I find it hard to trust people	14 (18)	5 (15)	8 (13)	3 ( 8)	8 (14)
I feel my parents/carers are interested in what I say	9 ( 5)	8 ( 4)	15 ( 4)	10 ( 6)	10 ( 5)
I find it easy to make friends	12 ( 8)	21 (13)	15 (11)	28 (17)	18 (12)
I like to talk about my feelings	38 (33)	39 (33)	42 (37)	47 (35)	41 (35)
I can really rely on my parents/carers	6 ( 4)	8 ( 3)	7 ( 4)	8 ( 6)	7 ( 4)
I can really rely on my friends	10 ( 6)	10 ( 4)	8 ( 6)	6 ( 6)	9 ( 6)

## Domestic violence

**Q69a.** Has there been any shouting and arguing between adults at home in the last month that upset you?

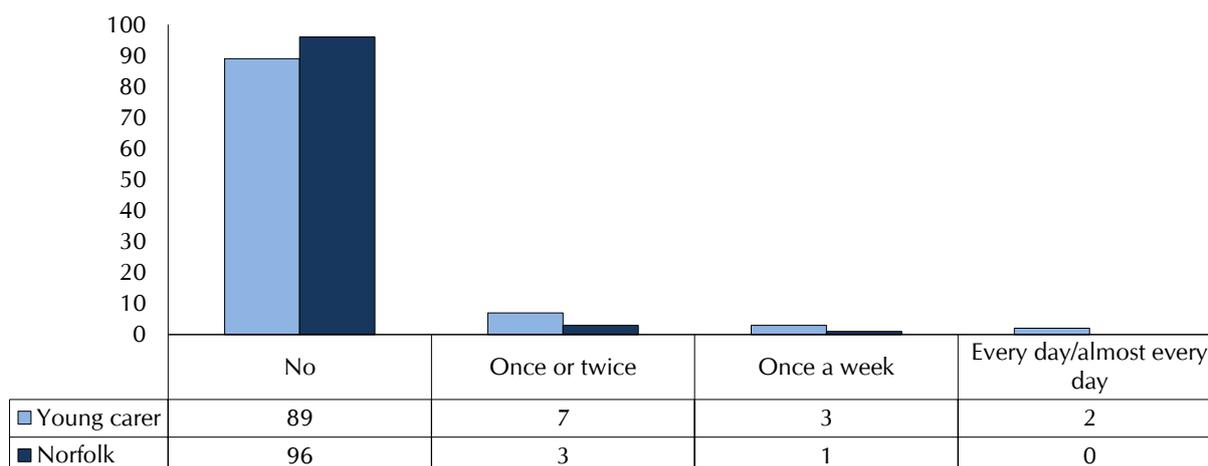


48% (32%) of pupils responded that there has been shouting and arguing between adults at home at least 'once or twice' in the last month that has upset them; 9% (4%) said this has happened 'every day/almost every day'.

**Q69a.** Percentage answering that there has been shouting and arguing between adults at home at least 'once or twice' in the last month that upset them.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	37	40	27	25
Girls	53	59	34	38

**Q69b.** Has there been any violence between adults (e.g. hitting, punching, slapping) at home in the last month?



11% (4%) of pupils responded that there has been violence between adults at home at least 'once or twice' in the last month; 2% (0%) said this has happened 'every day/almost every day'.

**Q69b.** Percentage answering that there has been violence between adults at home at least 'once or twice' in the last month.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	10	10	4	4
Girls	13	11	5	4

## Negative relationships

38% (31%) of boys and 47% (30%) of girls responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

**Q70.** Have any of these things happened to you in a relationship with a boyfriend/girlfriend? % responding 'yes, in the past' or 'yes, with my current boyfriend/girlfriend (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
Used hurtful or threatening language to me	13 (10)	18 (8)	21 (13)	36 (21)	22 (13)
Was angry or jealous when I wanted to spend time with friends	27 (19)	31 (16)	28 (24)	41 (31)	32 (21)
Kept checking my phone	13 (11)	19 (7)	14 (13)	23 (16)	17 (11)
Kept asking for my passwords	10 (7)	14 (5)	14 (11)	25 (14)	15 (9)
Put pressure on me to have sex or do other sexual things	4 (3)	8 (4)	9 (6)	27 (16)	12 (7)
Threatened to tell people things about me	13 (7)	12 (6)	7 (10)	28 (14)	17 (9)
Threatened to slap/hit me	9 (6)	7 (3)	7 (8)	16 (8)	10 (6)
Slapped/hit me	15 (7)	8 (3)	5 (8)	15 (9)	12 (7)

35% (30%) of pupils responded that if any of the things in Q70 happened to them, they would look after themselves without help; 28% (30%) said they would not look after themselves without help.

**Q71a.** Percentage answering that if any of the things in Q70 happened to them, they would look after themselves without help.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	31	45	29	43
Girls	32	38	21	32

56% (62%) of pupils responded that if any of the things in Q70 happened to them, they know where they could get help; 16% (10%) said they would not know where they could get help.

**Q71b.** Percentage answering that if any of the things in Q70 happened to them, they know where they could get help.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	58	59	62	56
Girls	55	52	67	62

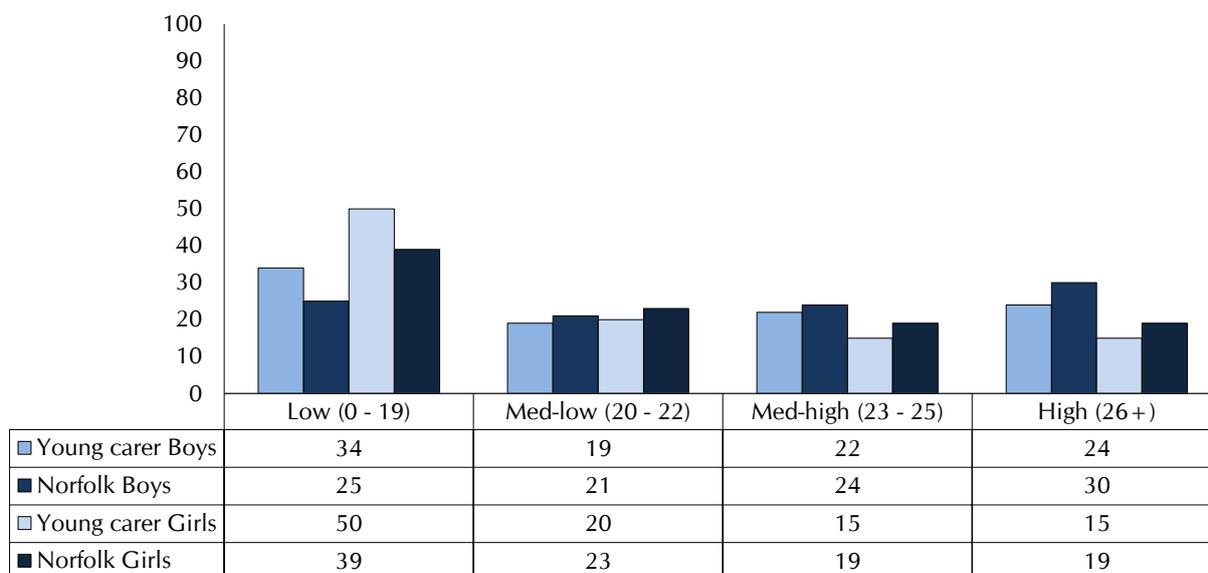
48% (51%) of pupils responded that if any of the things in Q70 happened to them, they would get some help; 22% (15%) said they would not get some help.

**Q71c.** Percentage answering that if any of the things in Q70 happened to them, they would get some help.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	43	34	48	35
Girls	60	47	65	50

## Resilience

**Q63/64.** Composite resilience score:



We have used these two questions (63 & 64) to form an overall measure of “resilience”. All the items are scored 0 – 3 if phrased positively, or 3 – 0 if they are phrased negatively.

43% (33%) of pupils had a low measure of resilience (0 – 19).

**Q63/64.** Percentage with a low measure of resilience (0 – 19).

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	31	42	23	31
Girls	48	51	32	50

19% (24%) of pupils had a high measure of resilience (26+).

**Q63/64.** Percentage with a high measure of resilience (26+).

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	28	14	33	23
Girls	18	10	24	12

49% (55%) of pupils responded that if something goes wrong, they 'usually' or 'always' learn from the experience for next time.

**Q63.** Percentage of pupils responding that they 'usually' or 'always' do the following if something goes wrong (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
I get upset and feel bad for ages	28 (16)	46 (32)	30 (19)	54 (44)	40 (28)
I might feel a bit bad but soon forgot it	48 (48)	33 (39)	40 (42)	29 (31)	37 (41)
I'm calm and can carry on	46 (48)	32 (33)	33 (47)	24 (24)	35 (38)
I learn from it for next time	57 (62)	47 (56)	42 (55)	47 (44)	49 (55)
I might feel something else	14 (10)	21 (10)	17 (11)	16 (10)	19 (11)

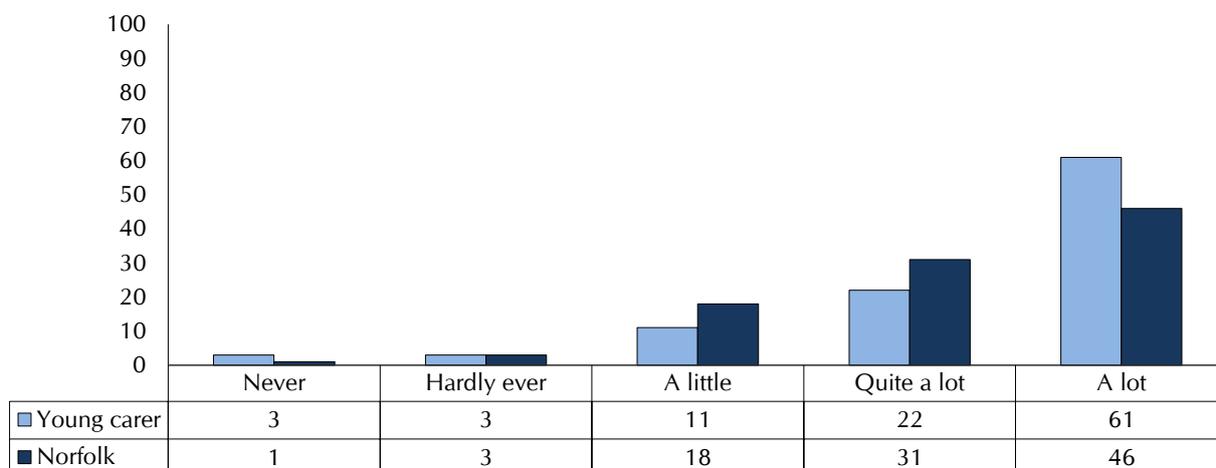
53% (60%) of pupils responded that if they don't succeed at something, they 'usually' or 'always' keep on trying until they do, while 45% (48%) said they ask for help.

**Q64.** Percentage of pupils responding that they 'usually' or 'always' do the following if they don't succeed at something (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
I blame someone else	14 ( 6)	6 ( 3)	12 ( 9)	4 ( 4)	10 ( 5)
I keep on trying until I do	62 (69)	49 (61)	57 (58)	42 (47)	53 (60)
I might have another go	65 (74)	56 (68)	67 (69)	52 (55)	59 (67)
I give up	17 (10)	25 (13)	17 (12)	30 (21)	23 (14)
I try a different way of doing it	59 (59)	50 (52)	42 (53)	39 (41)	50 (52)
I ask for help	51 (48)	51 (54)	35 (44)	38 (46)	45 (48)
I go and do something else	26 (20)	32 (20)	25 (23)	36 (27)	31 (22)
I just accept that I can't do it	25 (16)	33 (21)	28 (17)	30 (22)	29 (19)

## Worrying

**Q65.** Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...



83% (77%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

**Q65.** Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

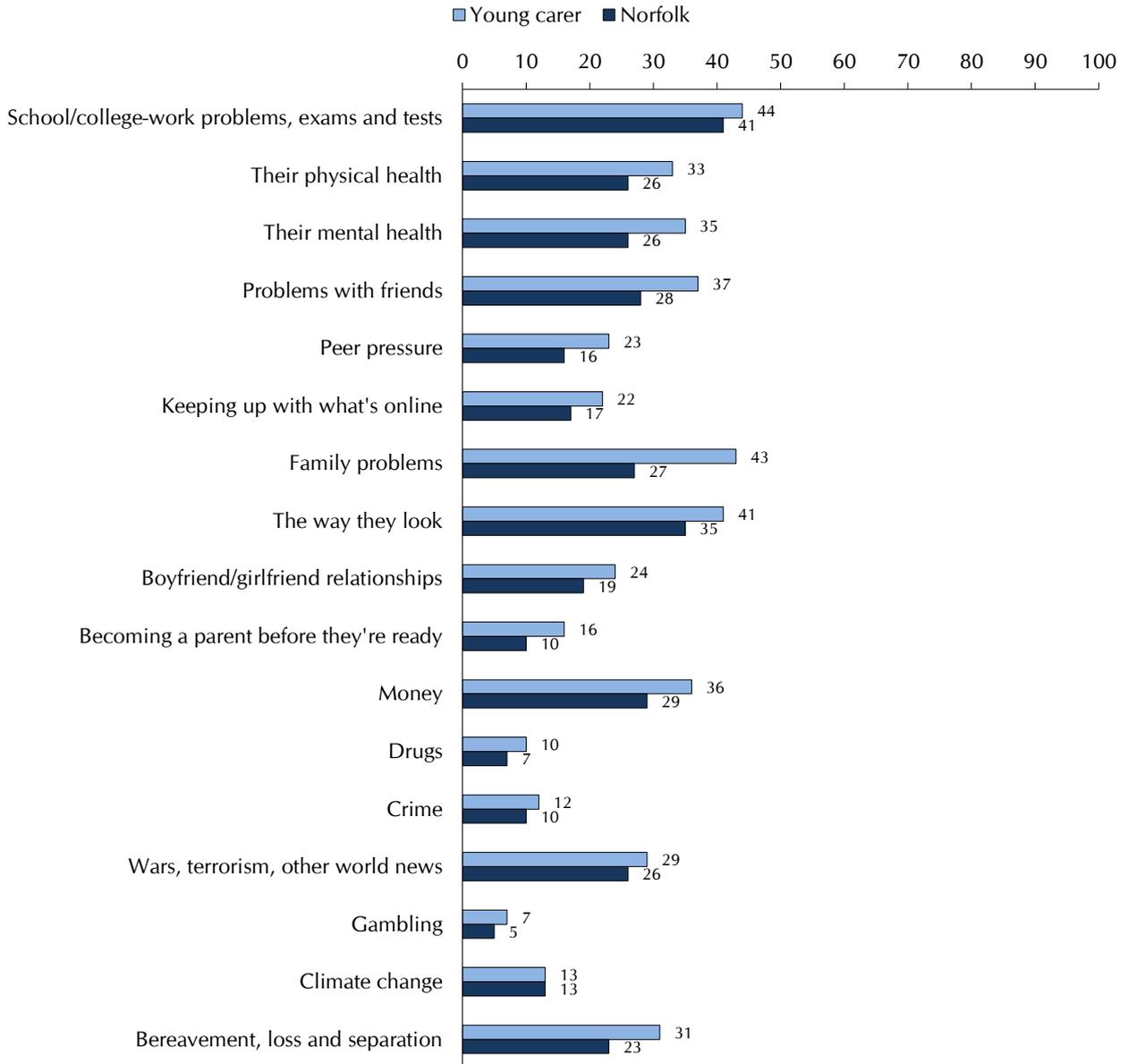
	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	75	79	70	72
Girls	89	91	80	88

44% (41%) of pupils responded that they worry about school/college-work problems, exams and tests 'quite a lot' or 'a lot', while 33% (26%) said they worry about their physical health and 41% (35%) worry about the way they look.

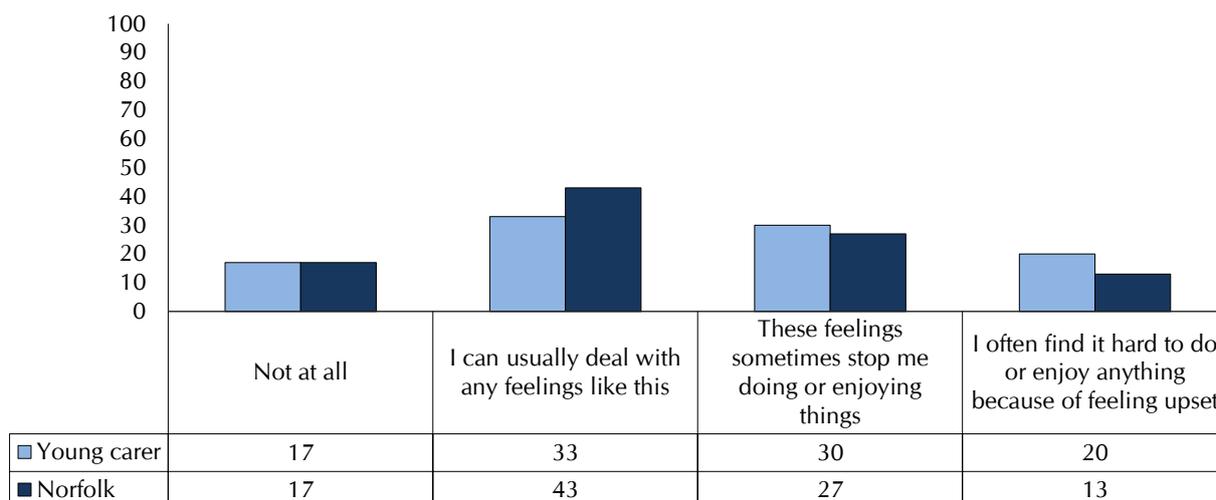
**Q65.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10 – Norfolk data in brackets):

Boys				Girls			
1	Money	35	(27)	1	Family problems	56	(31)
2	School/college-work problems, exams and tests	30	(30)	2	School/college-work problems, exams and tests	55	(51)
3	Wars, terrorism, other world news	30	(23)	3	The way they look	54	(48)
4	Family problems	29	(22)	4	Their mental health	47	(30)
5	Problems with friends	28	(20)	5	Problems with friends	45	(36)
6	Their physical health	27	(23)	6	Their physical health	39	(30)
7	The way they look	25	(21)	7	Bereavement, loss and separation	38	(28)
8	Bereavement, loss and separation	24	(17)	8	Money	37	(29)
9	Their mental health	22	(19)	9	Peer pressure	30	(20)
10	Keeping up with what's online	21	(17)	10	Wars, terrorism, other world news	29	(29)

**Q65.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



**Q66.** How much does feeling worried, sad or upset affect your life?



30% (27%) of pupils responded that feelings (like being worried, sad or upset) sometimes stop them doing or enjoying things.

**Q66.** Percentage answering that feelings (like being worried, sad or upset) sometimes stop them doing or enjoying things.

	Young carer		Norfolk	
	KS3	KS4 +	KS3	KS4 +
Boys	16	22	19	21
Girls	35	45	31	36

20% (13%) of pupils responded that feelings (like being worried, sad or upset) often make it hard to do or enjoy anything.

**Q66.** Percentage answering that feelings (like being worried, sad or upset) often make it hard to do or enjoy anything.

	Young carer		Norfolk	
	KS3	KS4 +	KS3	KS4 +
Boys	13	16	8	10
Girls	25	28	14	23

50% (63%) of pupils responded that if they were worried about something, they do know an adult they trust who they can talk to about it. 34% (26%) said 'maybe'.

**Q67.** Percentage answering that if they were worried about something, they do know an adult they trust who they can talk to about it.

	Young carer		Norfolk	
	KS3	KS4 +	KS3	KS4 +
Boys	51	43	68	59
Girls	56	47	67	57

51% (52%) of pupils responded that they have found school/college lessons on emotional health and well-being to be 'quite' or 'very' useful; 14% (12%) said they were 'not at all useful' and 14% (12%) couldn't remember any.

**Q19.** Percentage answering that they have found school/college lessons on emotional health and well-being to be 'quite' or 'very' useful.

	Young carer		Norfolk	
	KS3	KS4 +	KS3	KS4 +
Boys	53	35	58	41
Girls	63	50	59	43

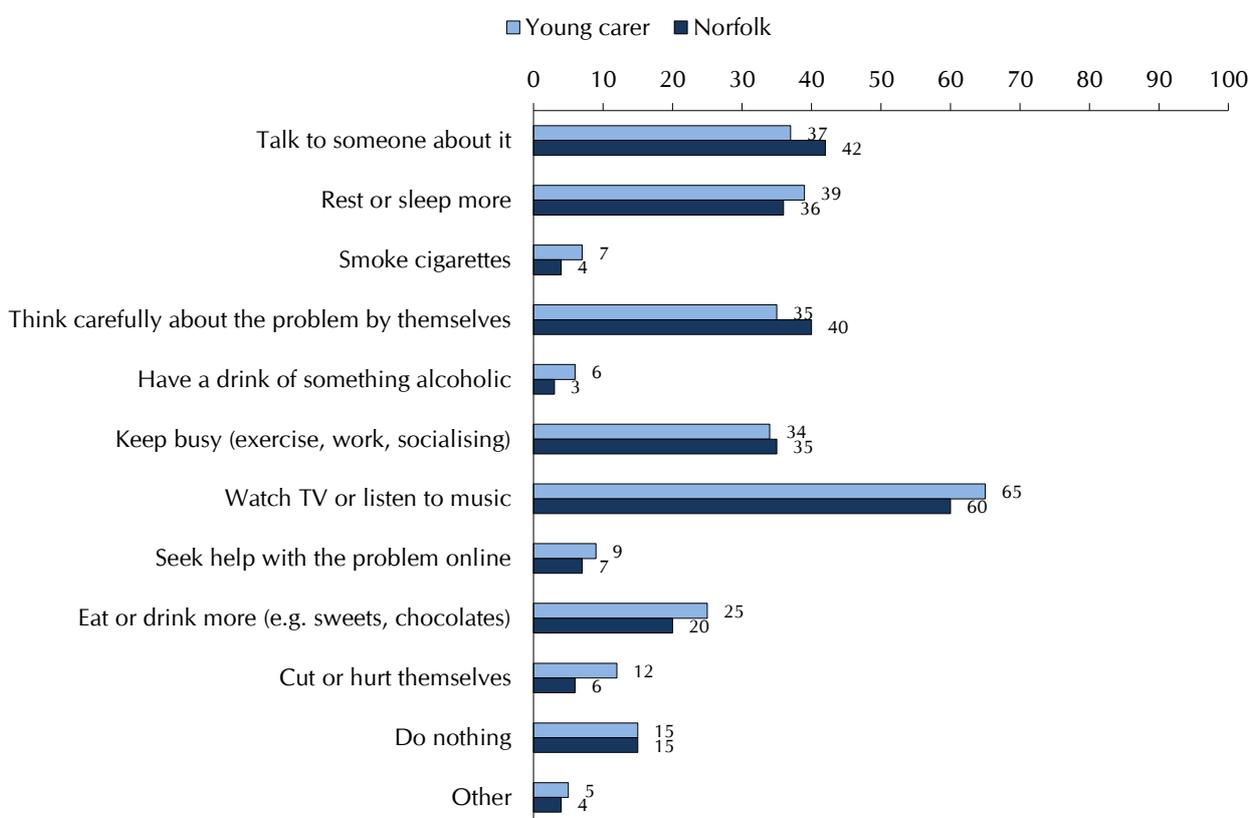
## Problem solving

65% (60%) of pupils responded that they 'usually' or 'always' watch TV or listen to music when they have a problem that worries them or when they are feeling stressed, while 37% (42%) said they talk to someone about it.

**Q68.** Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed (top 10 - Norfolk data in brackets):

Boys				Girls			
1	Watch TV or listen to music	60	(55)	1	Watch TV or listen to music	69	(65)
2	Keep busy (exercise, work, socialising)	41	(38)	2	Rest or sleep more	41	(37)
3	Think carefully about the problem by themselves	37	(41)	3	Talk to someone about it	39	(43)
4	Talk to someone about it	36	(42)	4	Think carefully about the problem by themselves	34	(38)
5	Rest or sleep more	36	(34)	5	Keep busy (exercise, work, socialising)	28	(32)
6	Eat or drink more (e.g. sweets, chocolates)	22	(16)	6	Eat or drink more (e.g. sweets, chocolates)	27	(23)
7	Do nothing	17	(16)	7	Cut or hurt themselves	14	(6)
8	Seek help with the problem online	11	(8)	8	Do nothing	13	(13)
9	Cut or hurt themselves	6	(4)	9	Smoke cigarettes	10	(5)
10	Other	6	(4)	10	Have a drink of something alcoholic	7	(3)

**Q68.** Percentage of pupils responding that they 'usually' or 'always' do the following when a problem worries them:



## Relationships & Sexual Health

47% (49%) of pupils responded that they have found school/college lessons on sex and relationships education to be 'quite' or 'very' useful; 15% (13%) said they were 'not at all useful' and 16% (14%) couldn't remember any.

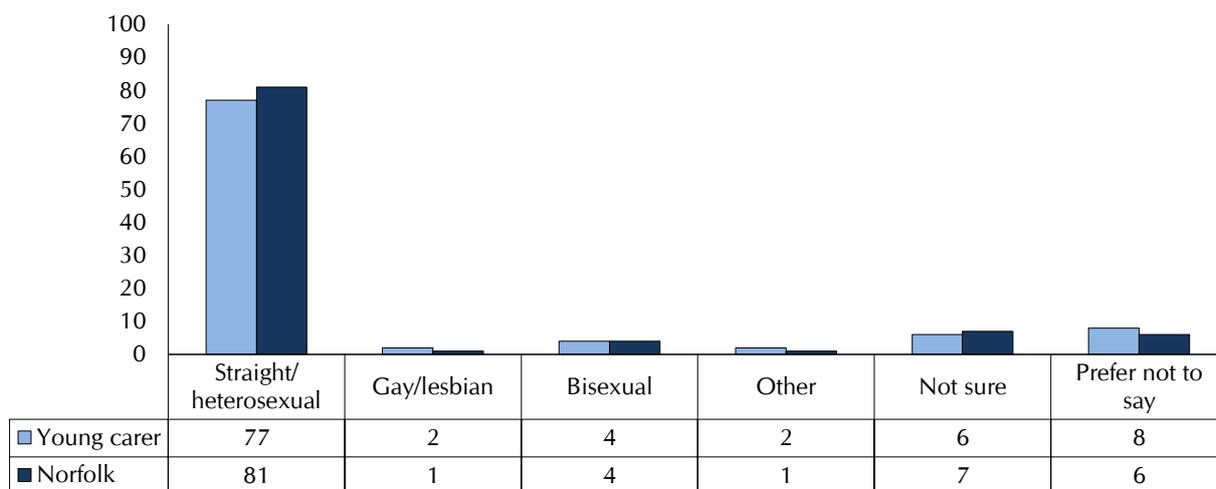
**Q19.** Percentage answering that they have found school/college lessons on sex and relationships education to be 'quite' or 'very' useful.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	47	39	53	47
Girls	53	46	50	46

### Sexual orientation

77% (81%) of pupils responded that they are straight/heterosexual, while 2% (1%) said they are gay/lesbian.

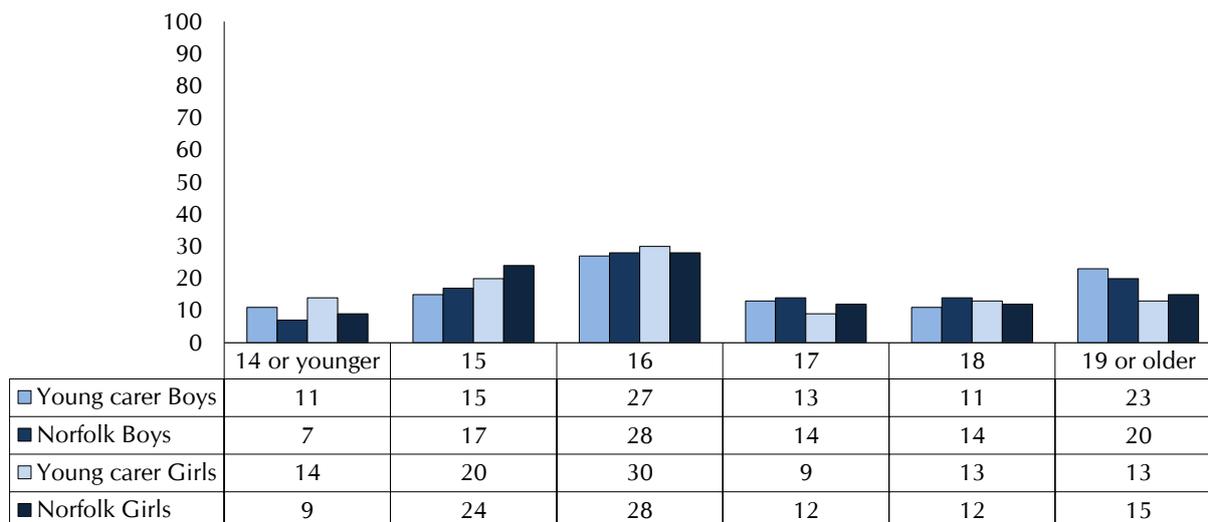
**Q12.** Which of the following best describes how you think about yourself?



### Sexual relationships

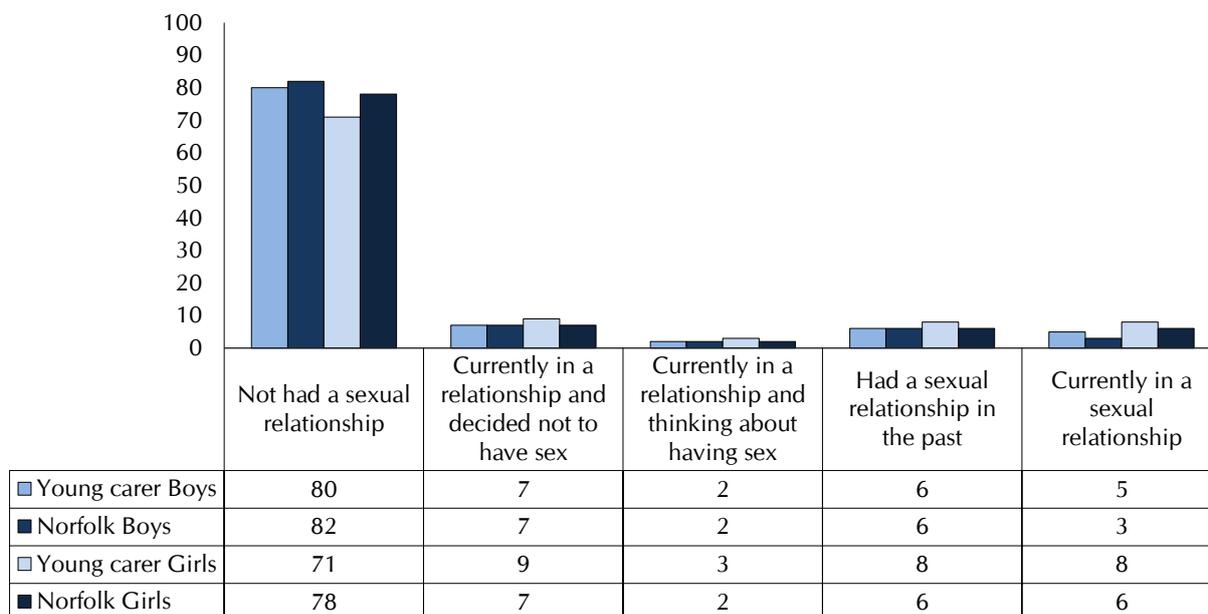
13% (8%) of pupils reported that they think most young people start having sex at age 14 or younger, while 69% (71%) said that they think most young people start having sex at age 16 or older.

**Q73.** At what age do you think most young people start having sex?



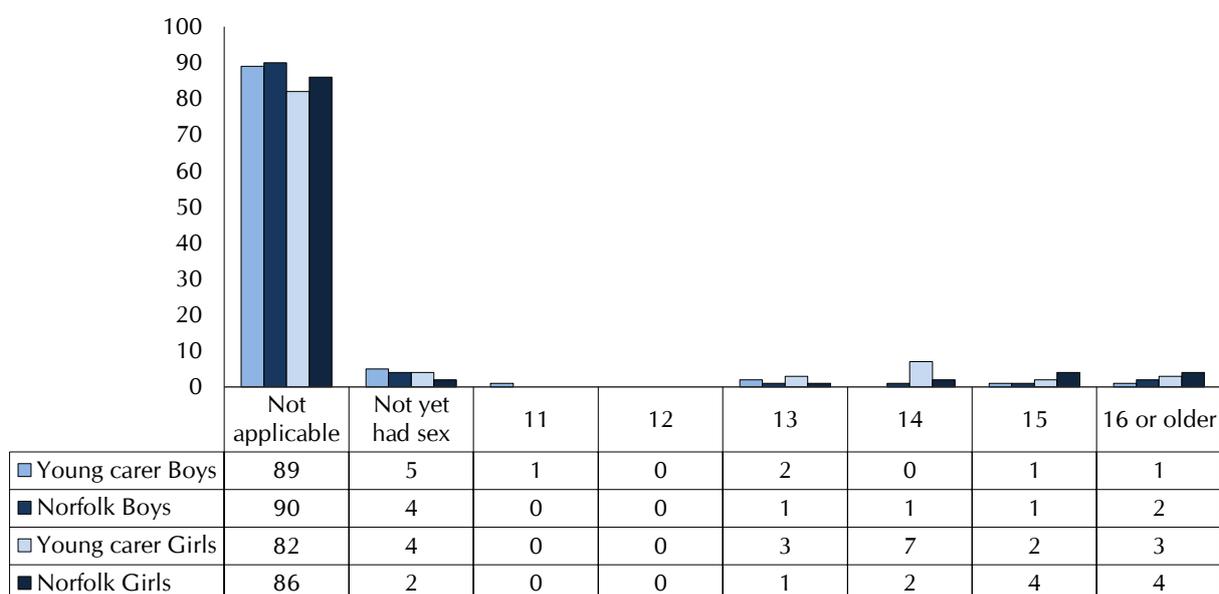
3% (2%) of pupils responded that they are currently in a relationship and thinking about having sex, while 14% (11%) said they are either in a sexual relationship or have had one in the past.

**Q74.** Which of the following best describes you?



0% (1%) of boys and 7% (2%) of girls reported that they first had sex aged 14.

**Q75.** When you first had sex, how old were you?



34% (31%) of boys and 34% (28%) of girls responded that they know where they can get condoms free of charge.

**Q80.** Percentage answering that they know where they can get condoms free of charge.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	27	50	21	50
Girls	25	46	13	49

## Public Services

We asked for a variety of problems, who or what would be the first source of help or information that the young people would turn to. 12% (12%) of pupils responded that their lecturers, teachers or lessons would be the first source of help or information about careers.

### Q78. Sources of support and information:

	Their family	Lecturers, teachers, lessons	Advisers or tutors	Friends	Young people's worker	Books and magazines	Local advice centre	Telephone helpline/text service	Internet	School/College nurse	Police/Community Support Officer/SSP	Nowhere/no-one
Careers	61 (65)	12 (12)	6 (6)	6 (4)	1 (1)	0 (0)	1 (1)	1 (0)	5 (6)	2 (0)	0 (0)	6 (5)
Sex and relationships	46 (47)	5 (4)	2 (1)	17 (22)	1 (1)	1 (0)	0 (0)	2 (1)	4 (5)	3 (2)	1 (1)	20 (16)
Smoking	48 (51)	4 (4)	1 (2)	13 (11)	1 (1)	1 (0)	1 (1)	1 (1)	3 (5)	3 (2)	3 (2)	23 (20)
Alcohol	50 (55)	3 (4)	1 (1)	14 (11)	1 (1)	0 (0)	1 (1)	1 (1)	3 (4)	3 (2)	3 (2)	21 (17)
Drugs	46 (49)	3 (5)	1 (1)	13 (11)	1 (1)	1 (0)	1 (1)	1 (1)	3 (5)	4 (2)	3 (3)	24 (20)
Healthy eating	57 (60)	7 (6)	1 (2)	6 (5)	1 (0)	3 (2)	1 (1)	1 (0)	7 (10)	5 (4)	0 (0)	12 (10)
Hygiene	63 (66)	6 (4)	1 (1)	3 (3)	0 (0)	3 (1)	0 (0)	1 (0)	5 (8)	5 (4)	1 (0)	12 (10)
Personal safety	65 (68)	7 (6)	1 (2)	5 (5)	1 (1)	1 (0)	1 (0)	1 (0)	3 (4)	2 (1)	4 (4)	10 (8)
Emotional wellbeing	57 (63)	4 (4)	2 (2)	10 (10)	3 (1)	1 (0)	1 (1)	2 (1)	3 (4)	2 (1)	1 (1)	14 (12)
Gambling	49 (53)	3 (3)	1 (2)	7 (6)	1 (1)	1 (1)	1 (1)	2 (1)	4 (5)	2 (1)	3 (2)	27 (24)
Physical activity	51 (57)	12 (9)	1 (2)	10 (11)	1 (0)	1 (1)	0 (1)	0 (0)	5 (6)	3 (1)	1 (0)	16 (11)
Bereavement, loss or separation	62 (68)	2 (2)	1 (1)	9 (8)	1 (1)	1 (0)	0 (0)	1 (1)	2 (3)	2 (1)	0 (0)	19 (14)

'Nowhere/no-one' is not necessarily negative. For some pupils it may mean that they feel they can cope without help.

38% (38%) of pupils responded that they know how to contact their School/College nurse, while 23% (28%) said that they are 'not sure'.

### Q76. Percentage answering that they know how to contact their School/College nurse.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	36	36	36	45
Girls	32	48	32	45

36% (32%) of pupils responded that they know who their Safer Schools/Colleges Officer is, while 24% (31%) said that they are 'not sure'.

### Q77. Percentage answering that they know who their Safer Schools/Colleges Officer is.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	33	38	35	31
Girls	38	35	31	30

## Sexual health services

14% (16%) of pupils responded that they know what the Condom Card is and how to get access but haven't used it, while 7% (5%) said they have used the service.

**Q79.** Percentage of pupils responding to: What do you know about the following services? (Norfolk data in brackets):

	Boys	Never heard of this before	Heard of it but know little or nothing	Know what it is but don't know where/how to get access	Know what it is and how to get access but haven't used	Have used this service
Condom Card		64 (60)	17 (12)	6 (8)	11 (15)	2 (4)
C&SH		82 (85)	12 (10)	1 (2)	3 (2)	1 (1)
THT Norfolk		87 (90)	9 (7)	2 (2)	1 (1)	1 (1)
Matthew Project		72 (71)	17 (17)	7 (5)	2 (5)	2 (1)
YOT		85 (90)	7 (5)	1 (1)	2 (1)	2 (1)
Norfolk Carers' Support		63 (62)	24 (24)	6 (8)	3 (5)	3 (1)
HCP		64 (62)	21 (24)	6 (7)	5 (5)	3 (1)
Benjamin Foundation		73 (76)	15 (15)	3 (4)	3 (3)	6 (2)
Chathealth		59 (51)	19 (27)	8 (9)	11 (11)	3 (2)

	Girls	Never heard of this before	Heard of it but know little or nothing	Know what it is but don't know where/how to get access	Know what it is and how to get access but haven't used	Have used this service
Condom Card		54 (60)	12 (12)	6 (7)	18 (16)	10 (5)
C&SH		80 (85)	12 (9)	1 (2)	3 (2)	3 (2)
THT Norfolk		85 (91)	9 (6)	1 (1)	2 (1)	0 (0)
Matthew Project		58 (64)	20 (21)	8 (6)	10 (7)	4 (1)
YOT		89 (91)	5 (4)	1 (1)	1 (1)	1 (1)
Norfolk Carers' Support		47 (56)	22 (30)	11 (7)	12 (5)	7 (1)
HCP		40 (46)	28 (35)	14 (10)	13 (7)	5 (2)
Benjamin Foundation		54 (66)	21 (21)	8 (5)	9 (5)	8 (2)
Chathealth		43 (44)	30 (31)	7 (10)	16 (13)	4 (2)

## Internet Safety

15% (14%) of pupils responded that they have seen sexually explicit images, videos or games (including 'pornography'), while 10% (8%) said they have sent personal information to someone, then wished they hadn't done or had thought more about it.

**Q72a.** Percentage of pupils responding that they have experienced the following online (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
They placed a bet	13 ( 7)	4 ( 2)	14 (16)	1 ( 3)	8 ( 6)
Someone writing or showing things to hurt or upset them (with text, pictures or video)	10 (10)	29 (19)	22 (15)	40 (32)	26 (18)
Someone published private information about them	6 ( 3)	11 ( 5)	5 ( 7)	14 (11)	10 ( 6)
Someone used their identity/password to upset or hurt them	3 ( 2)	6 ( 4)	3 ( 4)	13 ( 7)	7 ( 4)
They sent personal information to someone which they then wished they hadn't done or had thought more about	3 ( 4)	6 ( 6)	7 ( 8)	23 (17)	10 ( 8)
They saw pictures, videos or games they found upsetting	7 ( 5)	17 (10)	14 ( 8)	21 (20)	14 (10)
They chatted to people who they (and their friends) have only ever met online	12 (16)	19 (16)	26 (31)	39 (37)	23 (23)
Someone asking to meet them who they have only ever met online	5 ( 3)	11 ( 5)	9 ( 8)	30 (19)	14 ( 8)
Being approached by an adult online who wants a sexual encounter or relationship	1 ( 2)	5 ( 3)	3 ( 2)	13 ( 8)	6 ( 4)
Being bullied online or cyberbullying	6 ( 5)	26 (11)	14 ( 6)	26 (17)	18 (10)
Extremism online	1 ( 2)	4 ( 1)	3 ( 4)	3 ( 3)	3 ( 2)
They saw sexually explicit images, videos or games (including 'pornography')	9 ( 9)	11 ( 7)	17 (28)	24 (21)	15 (14)
They sent undressed/sexual images of themselves ('nudes', 'sexting')	1 ( 1)	3 ( 2)	0 ( 7)	16 (11)	5 ( 4)
Someone who knows them sent 'sexting' images of them	0 ( 1)	2 ( 1)	0 ( 4)	10 ( 5)	3 ( 2)
Received 'sexting' images	6 ( 4)	15 ( 7)	12 (16)	32 (26)	16 (12)
None of these	51 (60)	44 (56)	36 (40)	30 (36)	41 (50)

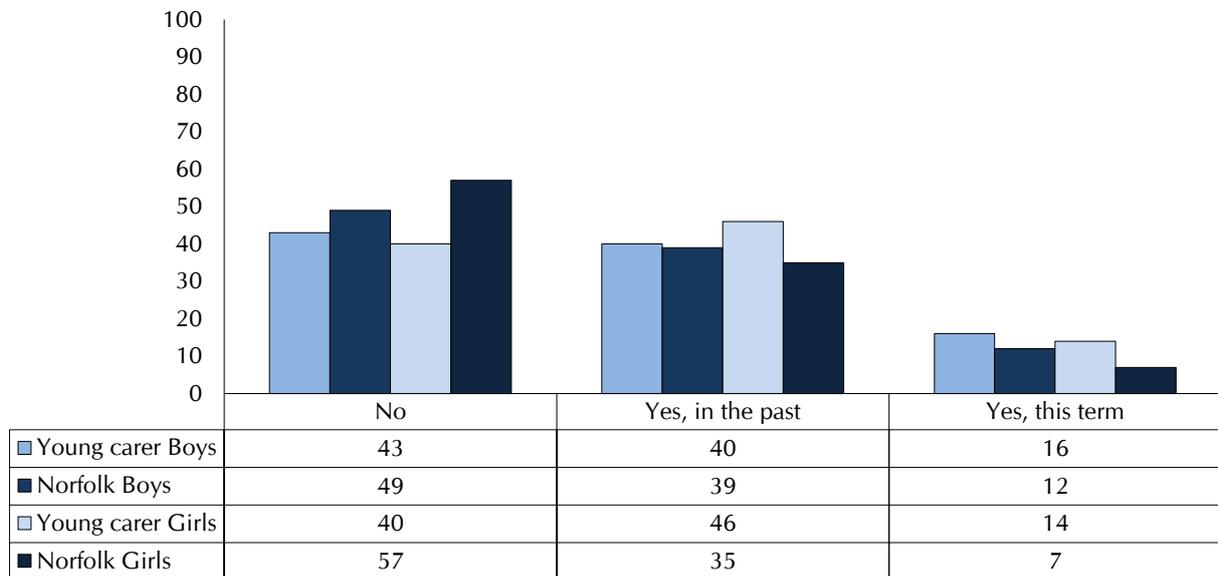
**Q72b.** Percentage of pupils responding that they have received a 'sexting' image and did the following (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
Did nothing	10 ( 9)	12 ( 7)	21 (22)	28 (26)	15 (14)
Sent it on to someone else	0 ( 0)	2 ( 1)	2 ( 1)	2 ( 2)	1 ( 1)
Sent one back	2 ( 1)	4 ( 1)	7 ( 8)	6 ( 7)	5 ( 3)
Deleted the images	9 ( 7)	10 ( 7)	7 ( 8)	13 (17)	11 ( 9)
Informed the person in the picture	2 ( 2)	1 ( 2)	3 ( 3)	3 ( 3)	2 ( 2)
Told a responsible adult	8 ( 8)	16 ( 9)	5 ( 2)	10 ( 6)	11 ( 7)
Informed police/CEOP	11 ( 8)	10 ( 7)	3 ( 3)	7 ( 4)	9 ( 6)

## Police & Crime

### Anti-social behaviour

**Q81.** Anti-social behaviour summary: Percentage of pupils responding that they have participated in at least one of the activities listed...:



N.B. Most recent activity recorded.

56% (51%) of boys and 59% (42%) of girls responded that they have participated in at least one of the anti-social behaviours listed at some point; 16% (12%) of boys and 14% (7%) of girls said they have done so this term.

**Q81.** Percentage answering that they have participated in at least one of the anti-social behaviours listed at some point.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	56	56	46	60
Girls	51	69	36	51

18% (19%) of boys and 22% (19%) of girls responded that they have ever taken part in 1 or 2 of the anti-social behaviours listed.

**Q81.** Percentage answering that they have ever taken part in 1 or 2 of the anti-social behaviours listed.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	20	15	19	18
Girls	18	28	19	20

17% (13%) of boys and 19% (8%) of girls responded that they have ever taken part in 3 or more of the anti-social behaviours listed.

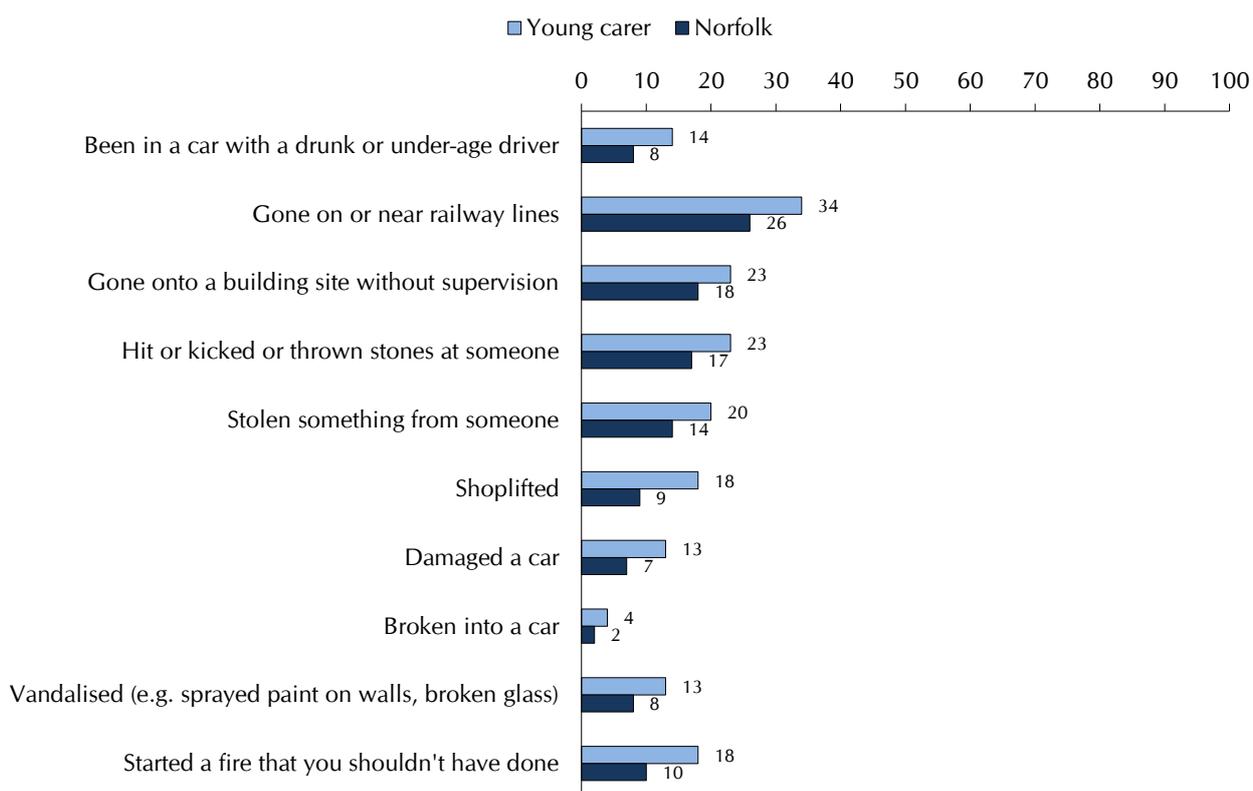
**Q81.** Percentage answering that they have ever taken part in 3 or more of the anti-social behaviours listed

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	14	22	9	19
Girls	17	21	6	11

**Q81.** Percentage of pupils responding that they have done the following (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
Been in a car with a drunk or under-age driver	8 ( 5)	11 ( 5)	15 (10)	19 (12)	14 ( 8)
Gone on or near railway lines	30 (24)	27 (19)	31 (35)	44 (29)	34 (26)
Gone onto a building site without supervision	19 (16)	19 (10)	29 (30)	27 (22)	23 (18)
Hit or kicked or thrown stones at someone	25 (21)	21 (13)	27 (24)	19 (11)	23 (17)
Stolen something from someone	19 (14)	19 (11)	22 (19)	21 (14)	20 (14)
Shoplifted	14 ( 8)	19 ( 6)	13 (12)	23 (12)	18 ( 9)
Damaged a car	14 ( 9)	10 ( 4)	18 (12)	7 ( 5)	13 ( 7)
Broken into a car	4 ( 2)	4 ( 1)	4 ( 3)	2 ( 1)	4 ( 2)
Vandalised (e.g. sprayed paint on walls, broken glass)	10 ( 7)	7 ( 4)	24 (13)	16 ( 8)	13 ( 8)
Started a fire that you shouldn't have done	16 ( 9)	12 ( 5)	25 (19)	23 (12)	18 (10)

**Q81.** Percentage of pupils responding that they have done the following:



51% (39%) of pupils responded that they saw or spoke to someone from the police in at least one of the situations listed in the last year. 16% (9%) said that they saw or spoke to someone from the police at a visit in a school lesson this term.

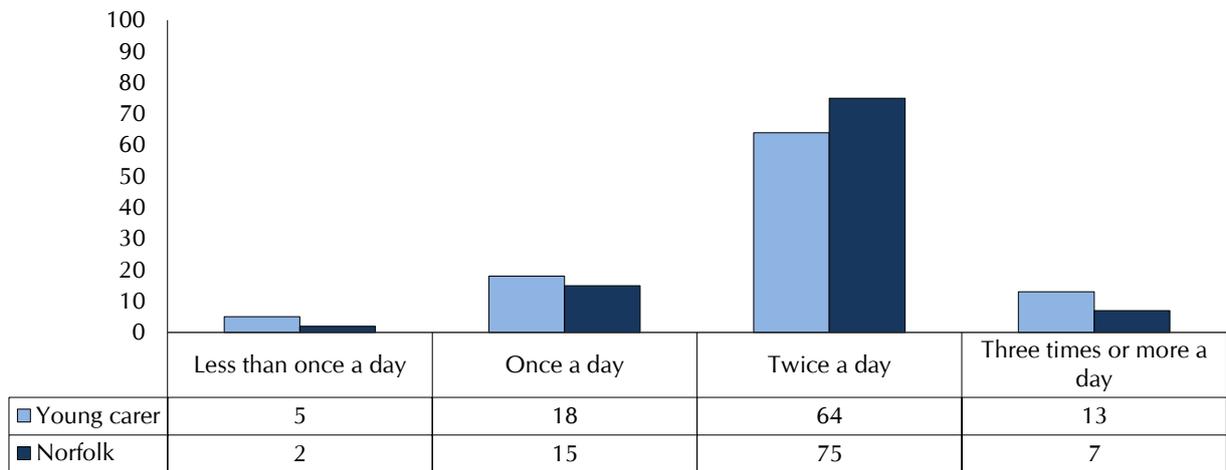
**Q82.** When did you last see or speak to someone from the police in these situations (Norfolk data in brackets)?

	This term	This year	Longer than a year	Never
Visit in lesson	16 ( 9)	14 (16)	25 (27)	45 (49)
Visit to youth club or group	13 ( 4)	6 ( 3)	11 (10)	70 (83)
In a street or park near my home	15 ( 8)	9 ( 9)	13 (11)	63 (72)
At my home	17 ( 6)	10 ( 6)	21 (14)	53 (74)

# Health & Hygiene

## Teeth

**Q83.** How many times do you usually clean your teeth each day?



5% (2%) of pupils responded that they usually clean their teeth 'less than once a day'.

**Q83.** Percentage answering that they usually clean their teeth 'less than once a day'.

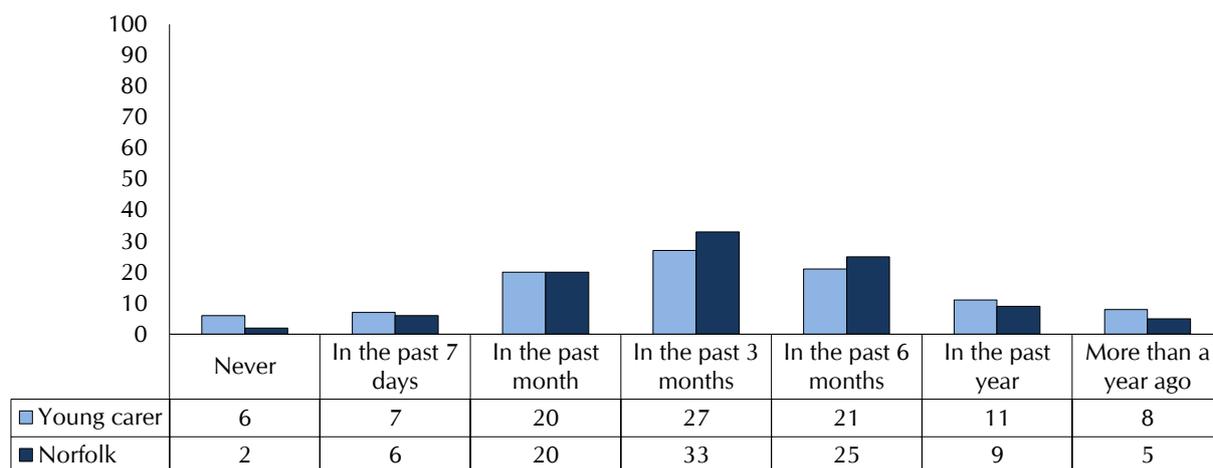
	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	9	6	3	3
Girls	3	3	2	2

77% (83%) of pupils responded that they usually clean their teeth at least 'twice a day'.

**Q83.** Percentage answering that they usually clean their teeth at least 'twice a day'.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	70	81	77	77
Girls	81	81	88	89

**Q84.** How long ago did you last visit the dentist?



76% (84%) of pupils responded that they last visited the dentist in the 6 months before the survey.

**Q84.** Percentage answering that they last visited the dentist in the 6 months before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	75	78	84	81
Girls	75	77	87	84

8% (5%) of pupils responded that they last visited the dentist 'more than a year ago', while 6% (2%) said that they have never been.

**Q84.** Percentage answering that they last visited the dentist 'more than a year ago'.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	7	9	5	8
Girls	8	8	5	5

70% (79%) of pupils responded that they last went to the dentist for a check-up.

**Q86.** Percentage of pupils responding that they last went to the dentist because of the following (Norfolk data in brackets):

Boys				Girls			
1	I went for a check-up	67	(80)	1	I went for a check-up	73	(80)
2	I was having trouble with my teeth	14	(7)	2	For some other reason	12	(11)
3	For some other reason	5	(6)	3	I was having trouble with my teeth	12	(7)
4	I had a reminder from my family/local dentist	3	(3)	4	I had a reminder from my family/local dentist	4	(3)

## Accidents

43% (32%) of pupils responded that they had an accident or injury in the last 12 months that needed attention from a doctor or nurse.

**Q87.** Percentage answering that they had an accident or injury in the last 12 months that needed attention from a doctor or nurse.

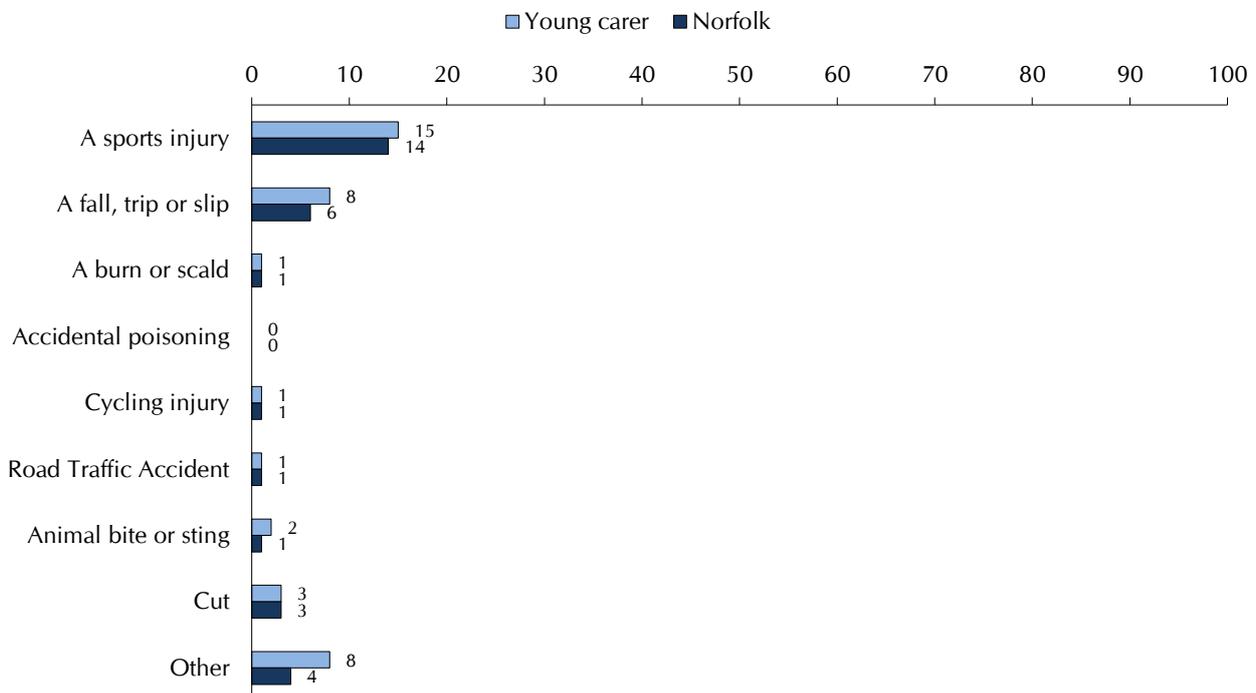
	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	42	44	36	36
Girls	47	37	28	28

15% (14%) of pupils responded that their most recent accident in the last 12 months was a sports injury, while 8% (6%) said it was a fall, trip or slip.

**Q88.** Percentage of pupils responding that their most recent accident or injury in the 12 months before the survey was the following (top 3 – Norfolk data in brackets):

Boys			Girls		
1	A sports injury	16 (18)	1	A sports injury	14 (10)
2	A fall, trip or slip	9 (5)	2	Other	9 (4)
3	Other	7 (4)	3	A fall, trip or slip	8 (7)

**Q88.** Percentage of pupils responding that their most recent accident or injury in the 12 months before the survey was the following:



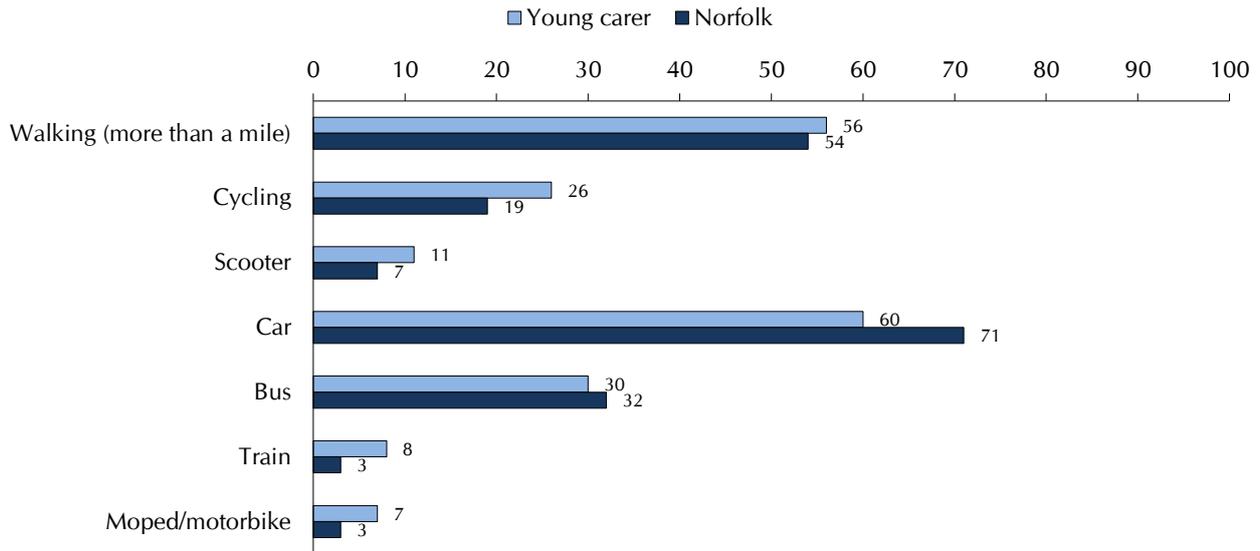
10% (8%) of pupils responded that their most recent accident in the last 12 months happened at school/college during school hours, while 11% (7%) said it happened at home.

**Q89.** Percentage of pupils responding that they were at the following place at the time of their most recent accident or injury (Norfolk data in brackets):

Boys			Girls		
1	At school/college during school hours	11 (8)	1	At home	12 (8)
2	Other	10 (10)	2	Other	10 (8)
3	At home	8 (6)	3	At school/college during school hours	9 (7)
4	On the street	5 (4)	4	In a park	5 (2)
5	In a park	4 (6)	5	On the street	5 (2)

## Transport & Access

**Q90.** Percentage of pupils responding that they usually get around by the following 'most days' or 'daily':



36% (30%) of pupils responded that they usually get around daily by walking (more than a mile), while 32% (35%) get around by car.

**Q90.** How do you usually get around? (Norfolk data in brackets)

	Daily	Most days	Weekly	Monthly	Rarely
<b>Boys</b>					
Walking (more than a mile)	41 (31)	16 (22)	8 (13)	7 (8)	26 (25)
Cycling	20 (15)	17 (15)	9 (16)	10 (14)	43 (39)
Scooter	11 (6)	7 (5)	5 (5)	6 (6)	70 (76)
Car	35 (32)	27 (37)	15 (17)	4 (4)	17 (9)
Bus	22 (17)	6 (13)	6 (7)	15 (14)	49 (48)
Train	9 (2)	2 (1)	6 (4)	14 (12)	69 (80)
Moped/motorbike	9 (3)	2 (1)	2 (2)	2 (2)	81 (92)
<b>Girls</b>					
Walking (more than a mile)	31 (30)	22 (24)	18 (17)	9 (9)	19 (20)
Cycling	9 (3)	7 (5)	10 (10)	16 (18)	58 (63)
Scooter	2 (1)	2 (1)	3 (2)	6 (4)	87 (91)
Car	33 (37)	31 (37)	22 (17)	6 (3)	9 (6)
Bus	18 (18)	15 (15)	16 (11)	16 (19)	35 (37)
Train	2 (1)	2 (1)	5 (3)	10 (16)	81 (78)
Moped/motorbike	2 (1)	1 (0)	4 (1)	5 (1)	88 (95)

70% (78%) of pupils responded that it is 'easy' or 'very easy' for them to get to school, while 54% (63%) said the same of somewhere to play sport or do exercise.

**Q91.** Percentage of pupils responding that it is 'easy' or 'very easy' for them to get to the following places (Norfolk data in brackets):

	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
School/college	73 (79)	71 (80)	65 (79)	72 (76)	70 (78)
Somewhere to meet friends	64 (67)	62 (64)	63 (68)	58 (62)	61 (65)
Shopping	62 (69)	57 (67)	71 (68)	53 (64)	58 (67)
Somewhere to play sport or do exercise	65 (70)	54 (62)	60 (67)	40 (52)	54 (63)
Doctors/dentist/opticians	56 (64)	59 (68)	62 (67)	57 (65)	57 (65)
Other local services	57 (59)	46 (58)	52 (58)	43 (53)	48 (57)
Clubs and other group activities	56 (61)	49 (59)	54 (54)	38 (46)	49 (56)
Helping/volunteering opportunities	36 (42)	36 (43)	40 (42)	36 (39)	37 (42)

20% (13%) of pupils responded that it is 'difficult' or 'very difficult' for them to get to clubs and other group activities, while 24% (19%) said the same of helping/volunteering opportunities.

**Q91.** Percentage of pupils responding that it is 'difficult' or 'very difficult' for them to get to the following places (Norfolk data in brackets):

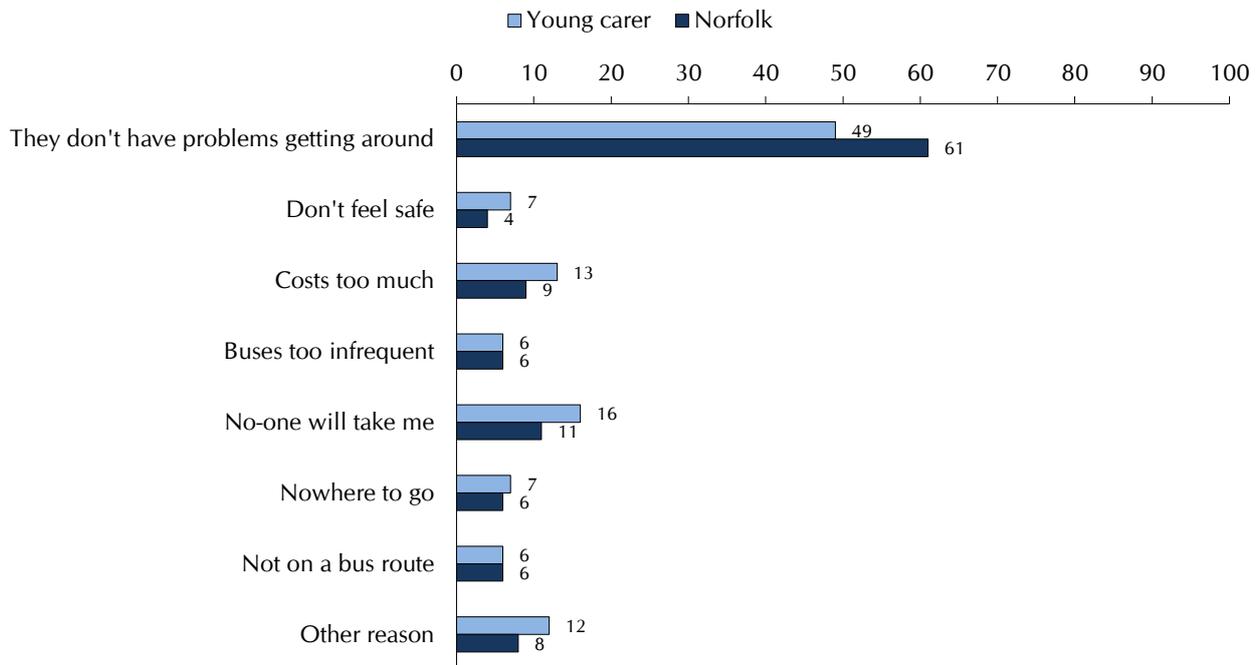
	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
School/college	13 ( 6)	9 ( 3)	13 ( 5)	9 ( 6)	11 ( 5)
Somewhere to meet friends	21 ( 9)	15 ( 9)	17 (11)	12 (10)	17 (10)
Shopping	16 ( 7)	12 ( 7)	15 ( 9)	13 ( 8)	15 ( 8)
Somewhere to play sport or do exercise	18 ( 9)	20 (11)	21 (11)	30 (16)	22 (12)
Doctors/dentist/opticians	21 (10)	18 ( 6)	15 ( 8)	12 ( 8)	17 ( 8)
Other local services	12 ( 9)	17 ( 7)	15 ( 9)	15 ( 8)	15 ( 9)
Clubs and other group activities	18 (12)	19 (10)	19 (14)	24 (16)	20 (13)
Helping/volunteering opportunities	28 (19)	22 (17)	25 (22)	24 (22)	24 (19)

49% (61%) of pupils responded that they don't have problems getting around.

**Q92.** Percentage of pupils responding that they have difficulty getting places because of the following (top 5 – Norfolk data in brackets):

Boys				Girls			
1	Other reason	12	(8)	1	No-one will take me	22	(14)
2	No-one will take me	8	(8)	2	Costs too much	15	(11)
3	Costs too much	7	(6)	3	Other reason	11	(8)
4	Nowhere to go	6	(6)	4	Don't feel safe	9	(5)
5	Not on a bus route	4	(4)	5	Not on a bus route	7	(8)

**Q92.** Percentage of pupils responding that they have difficulty getting places because of the following:



13% (9%) of pupils responded that they have problems getting around because it costs too much.

**Q92.** Percentage answering that they have problems getting around because it costs too much.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	7	6	4	11
Girls	11	20	7	18

16% (11%) of pupils responded that they have problems getting around because no-one will take them.

**Q92.** Percentage answering that have problems getting around because no-one will take them.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	8	8	6	11
Girls	17	28	11	19

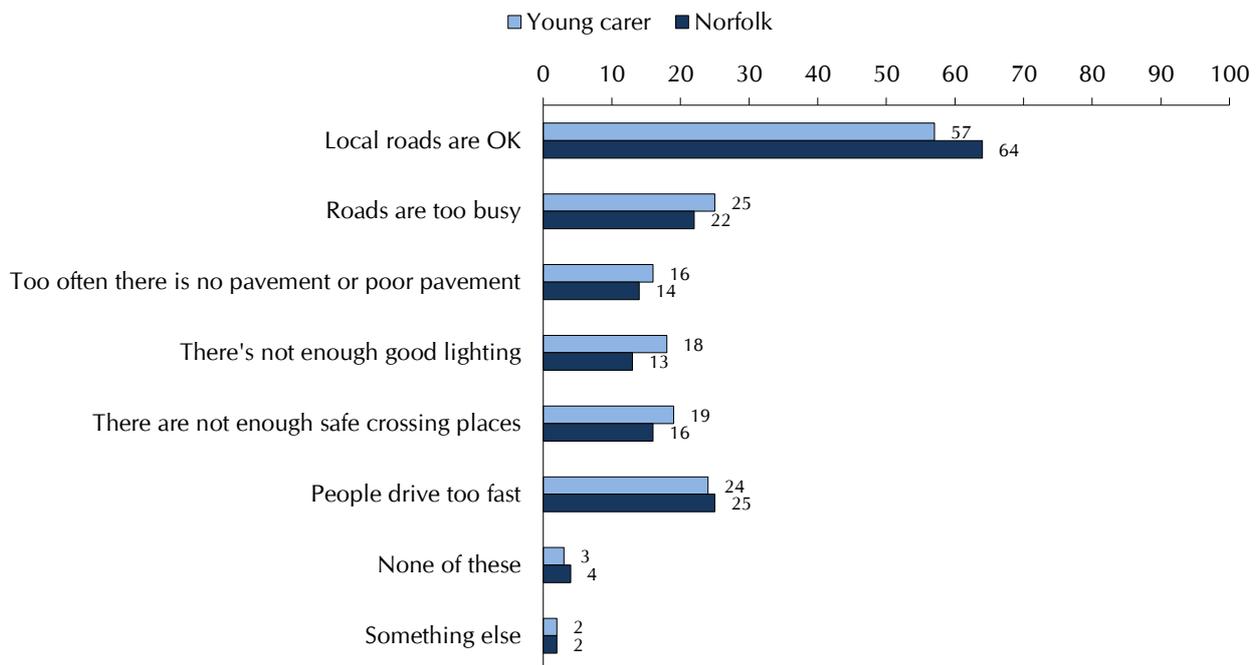
## Road Safety

25% (22%) of pupils responded that they think their roads are too busy.

**Q93.** Percentage of pupils responding to: What do you think of local road safety? (top 3 – Norfolk data in brackets):

Boys			Girls		
1	Local roads are OK	60 (66)	1	Local roads are OK	55 (63)
2	Roads are too busy	15 (18)	2	Roads are too busy	33 (25)
3	Too often there is no pavement or poor pavement	12 (11)	3	There are not enough safe crossing places	27 (20)

**Q93.** Percentage of pupils responding to: What do you think of local road safety?



18% (13%) of pupils think there's not enough good lighting on their local roads.

**Q93.** Percentage answering that they think there's not enough good lighting on their local roads.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	11	13	8	11
Girls	19	25	13	20

19% (16%) of pupils think there are not enough safe crossing places on their local roads.

**Q93.** Percentage answering that they think there are not enough safe crossing places on their local roads.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	9	6	11	11
Girls	25	30	18	24

## Leisure

21% (19%) of pupils responded that they help other people by fundraising, while 61% (46%) said they help a family member.

**Q94.** Percentage of pupils responding that they help other people by doing the following (Norfolk data in brackets):

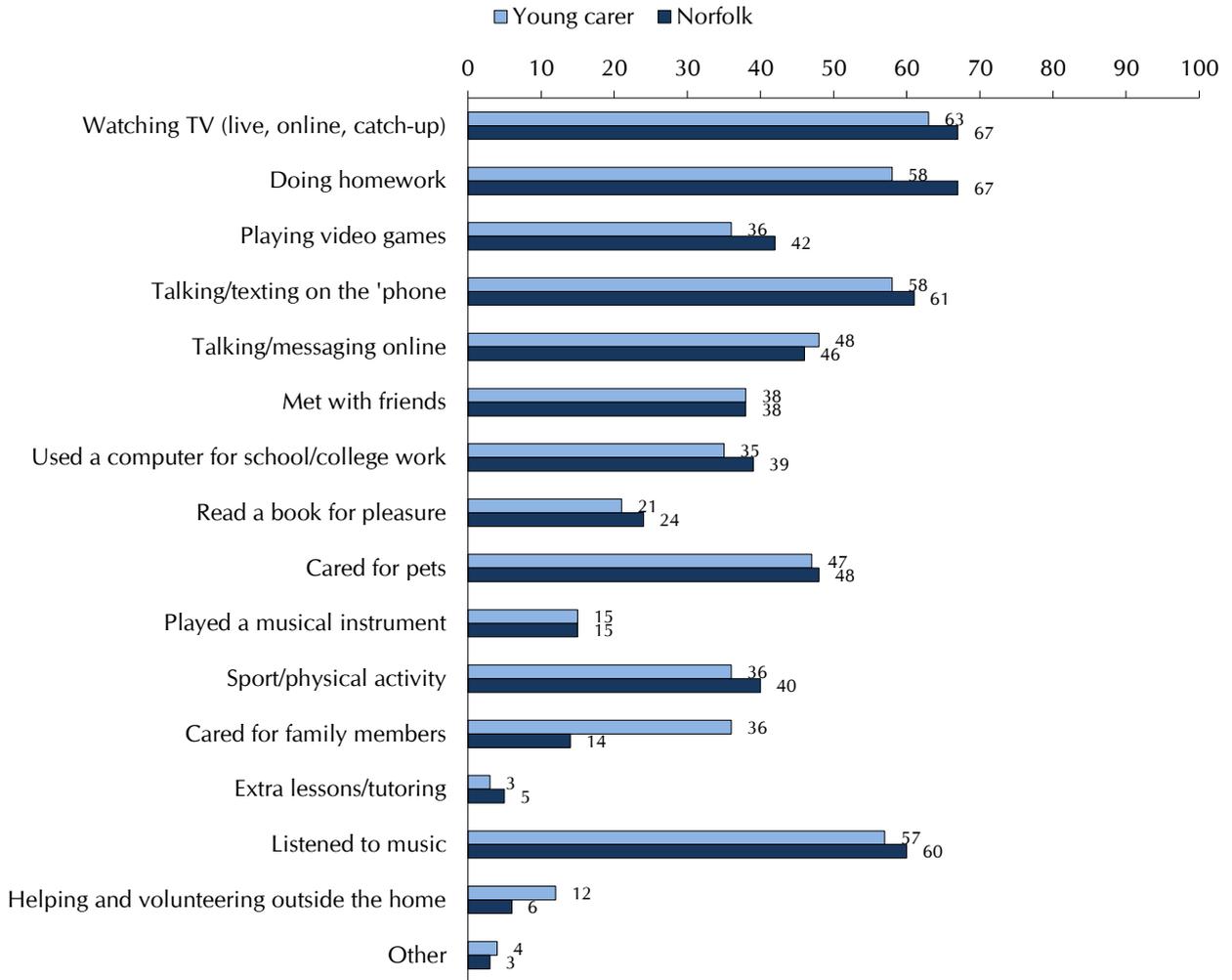
	KS3		KS4+		Total
	Boys	Girls	Boys	Girls	
Fundraising	18 (19)	25 (22)	15 (15)	19 (16)	21 (19)
Helping a family member	51 (43)	66 (48)	55 (43)	71 (49)	61 (46)
Other	2 (3)	1 (3)	4 (4)	4 (3)	3 (3)

63% (67%) of pupils responded that they watched TV after school on the day before the survey, while 48% (46%) spent time talking/messaging online and 36% (40%) did sport/physical activity.

**Q95.** Percentage of pupils responding that they did the following after school on the day before the survey (top 10 – Norfolk data in brackets):

Boys				Girls			
1	Watching TV (live, online, catch-up)	57	(64)	1	Watching TV (live, online, catch-up)	69	(70)
2	Playing video games	55	(69)	2	Talking/texting on the 'phone	67	(71)
3	Doing homework	52	(61)	3	Doing homework	64	(73)
4	Listened to music	46	(54)	4	Listened to music	64	(66)
5	Talking/texting on the 'phone	46	(52)	5	Talking/messaging online	60	(53)
6	Cared for pets	40	(44)	6	Cared for pets	51	(52)
7	Sport/physical activity	39	(47)	7	Cared for family members	47	(16)
8	Met with friends	37	(38)	8	Met with friends	39	(38)
9	Talking/messaging online	34	(39)	9	Used a computer for school/college work	36	(40)
10	Used a computer for school/college work	33	(39)	10	Sport/physical activity	33	(35)

**Q95.** Percentage of pupils responding that they did the following after school on the day before the survey:



21% (24%) of pupils responded that they spent time reading a book for pleasure after school on the day before the survey.

**Q95.** Percentage answering that they spent time reading a book for pleasure after school on the day before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	22	21	22	14
Girls	23	16	31	22

36% (42%) of pupils responded that they spent time playing video games after school on the day before the survey.

**Q95.** Percentage answering that they spent time playing video games after school on the day before the survey.

	Young carer		Norfolk	
	KS3	KS4+	KS3	KS4+
Boys	54	58	67	72
Girls	25	11	20	13

## List of Tables

Q2. Percentage describing themselves as White British.....	15
Q3. Which adults do you live with? .....	15
Q3. Percentage answering that they live with their Mum and Dad together.....	15
Q3. Percentage answering that they live 'mainly or only' with their Mum. ....	15
Q4. Percentage answering that they have their own bedroom.....	16
Q5. Percentage answering that they have their own bed.....	16
Q7. Percentage answering that they have disability, a special educational need or a learning difficulty. ....	16
Q8. Percentage answering that they have a long-standing illness.....	16
Q9. Percentage answering that their school gives them enough extra help. ....	16
Q10a. Percentage answering that they are a 'young carer' or a young adult carer.....	17
Q10c. Percentage of pupils responding that they are a 'young carer' or a young adult carer and it takes up the following amount of time each day (Norfolk data in brackets): .....	17
Q11. In the last 6 years, have you ever had free school meals at school?.....	17
Q11. Percentage answering that they currently have free school meals at school. ....	17
Q13a. Percentage of pupils agreeing that they are asked for their ideas and opinions... (Norfolk data in brackets): .....	18
Q13a. Percentage of pupils agreeing that they are asked for their ideas and opinions...: .....	18
Q13b. Percentage of pupils agreeing that the opinions of young people make a difference to decisions ... (Norfolk data in brackets): .....	18
Q13b. Percentage of pupils agreeing that the opinions of young people make a difference to decisions...: .....	18
Q15. Percentage of pupils responding 'yes' to the following statements (Norfolk data in brackets):.....	19
Q15. Percentage of pupils responding 'yes' to the following statements: .....	19
Q16. How many lessons do you enjoy at school/college?.....	20
Q16. Percentage answering that they enjoy 'most' or 'all' of their lessons at school/college.....	20
Q16. Percentage answering that they enjoy 'hardly any' of their lessons at school/college.....	20
Q95. Percentage answering that they spent time doing homework after school/college on the day before the survey.....	20
Q19. Percentage of pupils responding that they have found school/college information about the following 'quite' or 'very' useful (Norfolk data in brackets): .....	21
Q19. Percentage of pupils responding that they have found school/college information about the following 'not at all useful' (Norfolk data in brackets): .....	21
Q17. Percentage answering that they think it is important to go to school/college regularly.....	22
Q17. Percentage answering that they don't think it is important to go to school/college regularly.....	22
Q18. Percentage of pupils responding that the following stopped them from going to school/college in the last 12 months (top 5 – Norfolk data in brackets): .....	22
Q18. Percentage of pupils responding that the following stopped them from going to school/college in the last 12 months: .....	22
Q20. At the end of school/college, do you want to...? .....	23
Q20. Percentage answering that they want to continue in full-time education at the end of school/college.....	23
Q20. Percentage answering that they want to find a job as soon as they can at the end of school/college. ....	23
Q20. Percentage answering that they want to get an apprenticeship or other training for a skilled job at the end of school/college.....	23
Q24. Do you feel safe at school/college? .....	24
Q24. Percentage answering that they 'usually' feel safe at school/college.....	24
Q25. Do you feel safe at home? .....	24
Q25. Percentage answering that they 'usually' feel safe at home. ....	24
Q26. Percentage of pupils responding 'true' to the following statements about mobile phones (Norfolk data in brackets): ..	25
Q26. Percentage of pupils responding 'true' to the following statements about mobile phones:.....	25
Q27. How well does your school/college deal with bullying?.....	26
Q27. Percentage answering that their school/college deals with bullying 'quite' or 'very' well. ....	26
Q27. Percentage answering that their school/college deals with bullying 'not very well' or 'very badly'. ....	26
Q28. Percentage answering that they have been bullied in the last 12 months. ....	26
Q19. Percentage answering that they have found school/college lessons on bullying to be 'quite' or 'very' useful. ....	26
Q29. Percentage of pupils responding that they have been bullied in the last 12 months and experienced the following negative behaviours in the last month (top 5 – Norfolk data in brackets): .....	27
Q29 Percentage of pupils responding that they have been bullied in the last 12 months and experienced the following negative behaviours in the last month:.....	27

Q30. Percentage of pupils responding that they have been bullied in the last 12 months and think they have been picked on or bullied because of the following (top 5 – Norfolk data in brackets): .....	28
Q30. Percentage of pupils responding that they have been bullied in the last 12 months and think they have been picked on or bullied because of the following: .....	28
Q31. Percentage of pupils responding that the bullying they experienced in the last 12 months usually happened at the following places (top 5 – Norfolk data in brackets): .....	29
Q32 Percentage answering that they have done some of the things listed in Q31 to someone else in the month before the survey.....	29
Q33. Percentage of pupils responding that when they think about the things they have done to someone else, they described them as the following (Norfolk data in brackets):.....	29
Q34. Percentage of pupils responding that they have done the following (Norfolk data in brackets): .....	29
Q35. Percentage answering that they have ever had an alcoholic drink (more than just a sip).....	30
Q36. If YES, how often do you drink?.....	30
Q36. Percentage answering that they drink alcohol at least once a month.....	30
Q37. Percentage answering that they had an alcoholic drink in the 7 days before the survey. ....	30
Q38. Percentage answering that they have been drunk in the 7 days before the survey. ....	31
Q39. If you ever drink alcohol, do your parents/carers know? .....	31
Q39. Percentage of pupils who drink alcohol answering that their parents 'always' know. ....	31
Q39. Percentage of pupils who drink alcohol answering that their parents 'never' or only 'sometimes' know. ....	31
Q41a. Which statement describes you best for smoking tobacco cigarettes (from a packet or roll-up)?.....	32
Q41a. Percentage answering that they have tried/used tobacco cigarettes in the past or use them now. ....	32
Q41a. Percentage answering that they use tobacco cigarettes now.....	32
Q42. Percentage answering that they smoked tobacco cigarettes in the 7 days before the survey.....	32
Q41b. Which statement describes you best for 'vaping' with e-cigarettes or shisha pens? .....	33
Q41b. Percentage answering that they have tried/used e-cigarettes or shisha pens in the past or use them now. ....	33
Q41b. Percentage answering that they use e-cigarettes or shisha pens now. ....	33
Q41c. Which statement describes you best for smoking a shisha waterpipe (hookah)? .....	34
Q41c. Percentage answering that they have tried/used a shisha waterpipe in the past or use one now. ....	34
Q41c. Percentage answering that they smoke a shisha waterpipe now. ....	34
Q40a. Percentage answering that their parents/carers smoke cigarettes. ....	34
Q40b. Percentage answering that someone smokes indoors at home in rooms that they use. ....	34
Q40c. Percentage answering that someone smokes in a car when they are in it too. ....	34
Q44. Percentage answering that they have taken drugs to get high (not medicines, tobacco or alcohol).....	35
Q46. Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed: ...	36
Q46. Percentage answering that they have taken one of the drugs listed during the last month.....	36
Q46. Percentage answering that they have taken one of the drugs listed during the last year. ....	36
Q19. Percentage answering that they have found school/college lessons on drugs, including alcohol and tobacco, to be 'quite' or 'very' useful. ....	36
Q47. Weight: Which statement describes you best?.....	37
Q47. Percentage answering that they would like to put on weight. ....	37
Q47. Percentage answering that they would like to lose weight. ....	37
Q47. Percentage answering that they are happy with their weight as it is. ....	37
Q48. Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance (top 5 – Norfolk data in brackets):.....	38
Q48. Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance: .....	38
Q49. When choosing what to eat, do you consider your health?.....	39
Q49. Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat. ....	39
Q49. Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.....	39
Q19. Percentage answering that they have found school/college lessons on healthy eating to be 'quite' or 'very' useful. ....	39
Q54. Percentage of pupils responding that when they are choosing food they try to avoid the following (top 5 - Norfolk data in brackets): .....	40
Q54. Percentage of pupils responding that when they are choosing food they try to avoid the following: .....	40
Q50. What did you do for lunch yesterday? .....	41
Q50 Percentage answering that they did not have any lunch on the day before the survey.....	41
Q50 Percentage answering that they had school/college food for lunch on the day before the survey. ....	41
Q51. Percentage of pupils responding that they had the following types of breakfast on the day of the survey: .....	42

Q51. Percentage answering that they had nothing to eat or drink before lessons on the day of the survey.....	42
Q51. Percentage of pupils responding that they had the following to eat or drink before lessons on the day of the survey (top 5 – Norfolk data in brackets): .....	42
Q52. Percentage of pupils responding that they eat the following 'on most days' (top 10 – Norfolk data in brackets):.....	43
Q52. Percentage of pupils responding that they eat the following 'rarely or never' (top 10 – Norfolk data in brackets):.....	43
Q53. How many portions of fruit and vegetables did you eat yesterday? .....	44
Q53. Percentage answering that they didn't have any portions of fruit or vegetables on the day before the survey. ....	44
Q53. Percentage answering that they had at least 5 portions of fruit and vegetables on the day before the survey. ....	44
Q55. [Which of the following] did you have to drink yesterday? .....	45
Q55. Percentage answering that they drank milk on the day before the survey. ....	45
Q55. Percentage answering that they drank plain water on the day before the survey. ....	45
Q56. How many glasses/cans of sugary drinks have you had in the last 7 days (e.g. Coke, energy drinks)? .....	46
Q56. Percentage answering that they have had between 1 and 10 units of sugary drinks in the 7 days before the survey. ....	46
Q57. How much water did you drink in the last 7 days (not including squash or flavoured water)? .....	46
Q57. Percentage answering that they drank 21 or more units of water in the 7 days before the survey. ....	46
Q58. Percentage of pupils responding that they 'agree' with the following statements (Norfolk data in brackets): .....	47
Q58. Percentage of pupils responding that they 'disagree' with the following statements (Norfolk data in brackets): .....	47
Q58. Percentage of pupils responding that they are 'not sure' about the following statements (Norfolk data in brackets):....	47
Q59a. How much do you enjoy PE and Games in school/college? .....	48
Q59a. Percentage answering that they don't enjoy PE and Games in school/college at all. ....	48
Q59a. Percentage answering that they enjoy PE and Games in school 'quite a lot' or 'a lot'. ....	48
Q19. Percentage answering that they have found school/college lessons on physical activity to be 'quite' or 'very' useful. ....	48
Q59b. How much do you enjoy other physical activity?.....	49
Q59b. Percentage answering that they don't enjoy other physical activity at all. ....	49
Q59b. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'. ....	49
Q95. Percentage answering that they spent time doing physical activity after school/college on the day before the survey. ....	49
Q60. Percentage of pupils responding that the following stops them doing activities as much as they would like (top 10 – Norfolk data in brackets): .....	50
Q60. Percentage of pupils responding that the following stops them doing activities as much as they would like: .....	50
Q61. The Warwick-Edinburgh Mental Wellbeing Composite Score (WEMWBS):.....	51
Q61. Percentage of pupils with a low score (14 – 27) on the Warwick-Edinburgh Mental Wellbeing Scale:.....	51
Q61. Percentage of pupils with a high score (56 – 70) on the Warwick-Edinburgh Mental Wellbeing Scale:.....	51
Q61. The Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS): Percentage of pupils responding to the following statements about the last two weeks (Norfolk data in brackets):.....	52
Q62. Percentage of pupils responding 'usually' or 'always' to the following statements about relationships (Norfolk data in brackets): .....	53
Q62. Percentage of pupils responding 'never' to the following statements about relationships (Norfolk data in brackets): ...	53
Q69a. Has there been any shouting and arguing between adults at home in the last month that upset you?.....	54
Q69a. Percentage answering that there has been shouting and arguing between adults at home at least 'once or twice' in the last month that upset them. ....	54
Q69b. Has there been any violence between adults (e.g. hitting, punching, slapping) at home in the last month?.....	54
Q69b. Percentage answering that there has been violence between adults at home at least 'once or twice' in the last month. ....	54
Q70. Have any of these things happened to you in a relationship with a boyfriend/girlfriend? % responding 'yes, in the past' or 'yes, with my current boyfriend/girlfriend (Norfolk data in brackets):.....	55
Q71a. Percentage answering that if any of the things in Q70 happened to them, they would look after themselves without help.....	55
Q71b. Percentage answering that if any of the things in Q70 happened to them, they know where they could get help. ....	55
Q71c. Percentage answering that if any of the things in Q70 happened to them, they would get some help. ....	55
Q63/64. Composite resilience score: .....	56
Q63/64. Percentage with a low measure of resilience (0 – 19). ....	56
Q63/64. Percentage with a high measure of resilience (26+). ....	56
Q63. Percentage of pupils responding that they 'usually' or 'always' do the following if something goes wrong (Norfolk data in brackets): .....	57
Q64. Percentage of pupils responding that they 'usually' or 'always' do the following if they don't succeed at something (Norfolk data in brackets): .....	57
Q65. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...: .....	58

Q65. Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.	58
Q65. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10 – Norfolk data in brackets):	58
Q65. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':	59
Q66. How much does feeling worried, sad or upset affect your life?	60
Q66. Percentage answering that feelings (like being worried, sad or upset) sometimes stop them doing or enjoying things.	60
Q66. Percentage answering that feelings (like being worried, sad or upset) often make it hard to do or enjoy anything.	60
Q67. Percentage answering that if they were worried about something, they do know an adult they trust who they can talk to about it.	60
Q19. Percentage answering that they have found school/college lessons on emotional health and well-being to be 'quite' or 'very' useful.	60
Q68. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed (top 10 - Norfolk data in brackets):	61
Q68. Percentage of pupils responding that they 'usually' or 'always' do the following when a problem worries them:	61
Q19. Percentage answering that they have found school/college lessons on sex and relationships education to be 'quite' or 'very' useful.	62
Q12. Which of the following best describes how you think about yourself?	62
Q73. At what age do you think most young people start having sex?	62
Q74. Which of the following best describes you?	63
Q75. When you first had sex, how old were you?	63
Q80. Percentage answering that they know where they can get condoms free of charge.	63
Q78. Sources of support and information:	64
Q76. Percentage answering that they know how to contact their School/College nurse.	64
Q77. Percentage answering that they know who their Safer Schools/Colleges Officer is.	64
Q79. Percentage of pupils responding to: What do you know about the following services? (Norfolk data in brackets):	65
Q72a. Percentage of pupils responding that they have experienced the following online (Norfolk data in brackets):	66
Q72b. Percentage of pupils responding that they have received a 'sexting' image and did the following (Norfolk data in brackets):	66
Q81. Anti-social behaviour summary: Percentage of pupils responding that they have participated in at least one of the activities listed...:	67
Q81. Percentage answering that they have participated in at least one of the anti-social behaviours listed at some point....	67
Q81. Percentage answering that they have ever taken part in 1 or 2 of the anti-social behaviours listed.....	67
Q81. Percentage answering that they have ever taken part in 3 or more of the anti-social behaviours listed.....	67
Q81. Percentage of pupils responding that they have done the following (Norfolk data in brackets):	68
Q81. Percentage of pupils responding that they have done the following:	68
Q82. When did you last see or speak to someone from the police in these situations (Norfolk data in brackets)?	68
Q83. How many times do you usually clean your teeth each day?	69
Q83. Percentage answering that they usually clean their teeth 'less than once a day'.	69
Q83. Percentage answering that they usually clean their teeth at least 'twice a day'.	69
Q84. How long ago did you last visit the dentist?	70
Q84. Percentage answering that they last visited the dentist in the 6 months before the survey.....	70
Q84. Percentage answering that they last visited the dentist 'more than a year ago'.....	70
Q86. Percentage of pupils responding that they last went to the dentist because of the following (Norfolk data in brackets):	70
Q87. Percentage answering that they had an accident or injury in the last 12 months that needed attention from a doctor or nurse.	71
Q88. Percentage of pupils responding that their most recent accident or injury in the 12 months before the survey was the following (top 3 – Norfolk data in brackets):	71
Q88. Percentage of pupils responding that their most recent accident or injury in the 12 months before the survey was the following:	71
Q89. Percentage of pupils responding that they were at the following place at the time of their most recent accident or injury (Norfolk data in brackets):	71
Q90. Percentage of pupils responding that they usually get around by the following 'most days' or 'daily':	72
Q90. How do you usually get around? (Norfolk data in brackets).....	72
Q91. Percentage of pupils responding that it is 'easy' or 'very easy' for them to get to the following places (Norfolk data in brackets):	73
Q91. Percentage of pupils responding that it is 'difficult' or 'very difficult' for them to get to the following places (Norfolk data in brackets):	73

Q92. Percentage of pupils responding that they have difficulty getting places because of the following (top 5 – Norfolk data in brackets): .....	74
Q92. Percentage of pupils responding that they have difficulty getting places because of the following: .....	74
Q92. Percentage answering that they have problems getting around because it costs too much.....	74
Q92. Percentage answering that have problems getting around because no-one will take them.....	74
Q93. Percentage of pupils responding to: What do you think of local road safety? (top 3 – Norfolk data in brackets): .....	75
Q93. Percentage of pupils responding to: What do you think of local road safety? .....	75
Q93. Percentage answering that they think there's not enough good lighting on their local roads. ....	75
Q93. Percentage answering that they think there are not enough safe crossing places on their local roads. ....	75
Q94. Percentage of pupils responding that they help other people by doing the following (Norfolk data in brackets):.....	76
Q95. Percentage of pupils responding that they did the following after school on the day before the survey (top 10 – Norfolk data in brackets):.....	76
Q95. Percentage of pupils responding that they did the following after school on the day before the survey:.....	77
Q95. Percentage answering that they spent time reading a book for pleasure after school on the day before the survey. ....	77
Q95. Percentage answering that they spent time playing video games after school on the day before the survey. ....	77





**This is not the end of your  
Health Related Behaviour Survey!**

**Ask us about...**

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Free resources about young people's health-related behaviour: [www.sheu.org.uk/node/366](http://www.sheu.org.uk/node/366)**

***We may also be able to introduce you to health and education contacts, with money and resources, within your local community***